

Triangle Aquatic Center

Triangle Distance Series



The Triangle Distance Series (TDS) is a 3-meet series of distance freestyle events. Meets will be sanctioned by both US Masters Swimming and USA / NCS Swimming. All events will be consolidated with males and females together, seeded by entry times.

ALL AGES WELCOME! Must be a registered swimmer with USMS or USAS. (1-day USMS available for \$18.) Meet management reserves the right to limit entries to the first 100 swimmers, so get your entries in soon!

- TDS #1 Short Course Meters (25m)
- TDS #2 Short Course Yards (25y)
- TDS #3 Long Course Meters (50m)

TDS #1	TDS #2	TDS #3
Sep 11, 1:00 pm warmup	Nov 20, 1:00 pm warmup	Feb 26, 1:00 pm warmup
800m freestyle 1500m freestyle	1000y freestyle 1650y freestyle	800m 1500m
*** SCM RECORDS ARE READY TO BREAK! WWW.NCMASTERS.ORG/ RECORDS.HTM	DETAILS TBD	DETAILS TBD

TAC, c/o Randy Roberts
275 Convention Dr.
Cary, NC 27511
www.triangleaquatics.org

Entry forms are available online or at the front desk at TAC. Please sign and return the completed entry form, along with proper payment to TAC, c/o Randy Roberts, 275 Convention Drive Cary, NC 27511.

Phone: 919-459-4045

E-mail: meets@triangleaquatics.org