

Triangle Aquatic Center

Morning Classes: SUMMER 2010

		Par-Child A	Par-Child B	Pres 1	Pres 2	Pres 3	Pres 4	Youth 1	Youth 2	Youth 3	Youth 4	Youth 5
JUNE	Mon-Thur 6/14-6/24 (8 classes)	9:00-9:30		9:10-9:40	9:50-10:20	10:30-11:00	9:40-10:10 10:20-10:50	9:40-10:10	10:20-10:50	9:00-9:30	9:00-9:40 9:30-10:10	10:20-11:00
	Mon-Thur 7/5-7/15 (8 classes)		9:00-9:30	10:30-11:00	9:10-9:40	9:50-10:20	9:00-9:30	10:20-10:50	9:40-10:10 10:20-10:50	9:40-10:10 10:20-10:50	10:20-11:00	9:00-9:40 9:40-10:20
JULY	Mon-Thur 7/19-7/29 (8 classes)	9:00-9:30		9:50-10:20	10:30-11:00	9:10-9:40	9:40-10:10 10:20-10:50	9:40-10:10	10:20-10:50	9:00-9:30	9:00-9:40 10:20-11:00	9:40-10:20
	Mon-Thur 8/2-8/12 (8 classes)		9:00-9:30	9:10-9:40	9:50-10:20	10:30-11:00		10:20-10:50	9:40-10:10 10:20-10:50	9:40-10:10	10:20-11:00	9:00-9:40
AUGUST	Mon-Thur 8/16-8/26 (8 classes)	9:00-9:30		10:30-11:00	9:10-9:40	9:50-10:20	9:50-10:20	9:40-10:10	10:20-10:50		9:00-9:40	10:20-11:00
	Mon-Thur 8/2-8/12 (8 classes)		9:00-9:30	9:10-9:40	9:50-10:20	10:30-11:00		10:20-10:50	9:40-10:10 10:20-10:50	9:40-10:10	10:20-11:00	9:00-9:40

Maximum enrollment: 5 students in Levels Pres 1-3 & Youth 1-2, 6 students in Levels Pres 4 and Youth 3-5.
 Cost: 6 classes = \$65; 8 classes = \$85. Registration Fee: \$5 at front/season, varies online.

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Youth Learn-to-Swim and Parent-Child Afternoon & Evening Classes: SUMMER 2010

		Par-Child A	Par-Child B	Pres 1	Pres 2	Pres 3	Pres 4	Youth 1	Youth 2	Youth 3	Youth 4	Youth 5	Youth 6
June	Mon/Wed 5/31-6/23 (8 classes)	6:40-7:10		4:00-4:30	5:20-5:50 6:20-6:50	4:40-5:10 5:40-6:10	4:00-4:30 6:00-6:30	5:00-5:30	4:20-4:50 6:00-6:30	4:30-5:00 5:50-6:20	4:10-4:50 5:10-5:50	4:40-5:20 5:30-6:10	5:00-5:40
	Tues/Thurs 6/1-6/24 (8 classes)	6:00-6:30	5:30-6:00	4:10-4:40	4:00-4:30	4:50-5:20 6:10-6:40	4:00-4:30 6:00-6:30	5:20-5:50	4:40-5:10 6:40-7:10	4:40-5:10 6:00-6:30	4:10-4:50 5:10-5:50	5:00-5:40 5:50-6:30	4:20-5:00
July	Mon/Wed 7/5-7/28 (8 classes)	6:00-6:30	5:30-6:00	4:50-5:20	4:10-4:40	4:00-4:30 6:10-6:40	4:30-5:00 6:00-6:30	4:40-5:10	5:20-5:50 6:40-7:10	6:00-6:30	4:10-4:50 5:50-6:30	4:00-4:40 Angelfish 5:00-6:00	5:00-5:40
	Tues/Thurs 7/6-6/29 (8 classes)	6:40-7:10		4:40-5:10	4:00-4:30 5:40-6:10	5:20-5:50 6:20-6:50	4:30-5:00 5:50-6:20	4:20-4:50	5:00-5:30 6:00-6:30	4:00-4:30 6:00-6:30	5:00-5:40 5:30-6:10	4:10-4:50 5:10-5:50	4:40-5:20
	Sat (June/July) 6/5-7/17 (6 classes)	9-9:30	11:40-12:10	9:10-9:40	9:40-10:10	9:50-10:20 11-11:30 11:20-11:50*	9:40-10:10 10:50-11:20	10:30-11	10:20-10:50 11:10-11:40	9-9:30 9:50-10:20	9-9:40 10:30-11:10	9:10-9:50 10:20-11	10-10:40 11:10-11:50
	Sun (June/July) 6/6-7/18 (6 classes)	1:30-2:00		3:00-3:30	4:00-4:30		2:10-2:40	2:00-2:30	2:30-3:00 3:30-4:00	2:40-3:10	1:30-2:10 3:50-4:30	3:10-3:50	
August	Mon/Wed 8/2-8/25 (8 classes)	6:00-6:30	5:30-6:00	4:10-4:40	4:00-4:30	4:50-5:20 6:10-6:40	6:00-6:30	5:20-5:50	4:40-5:10 6:40-7:10	4:30-5:00 6:00-6:30	4:00-4:40 5:50-6:30	5:00-5:40 Angelfish 5:00-6:00 Torpedoes (W) 6:30-7:30	4:10-4:50
	Tues/Thurs 8/3-8/26 (8 classes)	6:40-7:10		4:00-4:30	5:20-5:50 6:20-6:50	4:40-5:10 5:40-6:10	4:00-4:30 6:00-6:30	5:00-5:30	4:20-4:50 6:00-6:30	4:30-5:00 5:50-6:20	5:10-5:50 5:30-6:10	4:10-4:50 4:40-5:20 Torpedoes (B) 6:30-7:30	5:00-5:40
	Sat (July/Aug) 7/24-8/28 (6 classes)	11:40-12:10	9:00-9:30	9:50-10:20	9:10-9:40	9:40-10:10 11:00-11:30	9:50-10:20 11:20-11:50	10:20-10:50	10:30-11:00 11:10-11:40	9:40-10:10 10:50-11:20	10:00-10:40 11:10-11:50	9:00-9:40 10:30-11:10	9:10-9:50 10:20-11:00
	Sun (July/Aug) 7/25-8/29 (6 classes)		1:30-2:00	2:30-3:00	2:00-2:30	3:30-4:00	2:10-2:40	3:00-3:30	4:00-4:30	3:20-3:50	2:40-3:20	1:30-2:10 3:50-4:30	

Maximum enrollment: 5 students in Levels Pres 1-3 & Youth 1-2, 6 students in Levels Pres 4 and Youth 3-5.

Cost: 6 classes = \$65; 8 classes = \$85. Registration Fee: \$5 at front/season, varies online.

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ADULT & AQUA Classes: SUMMER 2010

		Aqua Fit	Senior Aqua	Aqua Pilates	Adult Beginner	Adult Stroke Development	Adult Stroke Improvement
JUNE	Mon/Wed 5/31-6/23 (8 classes)				7:30-8:30pm		
	Tues/Thurs 6/1-6/24 (8 classes)	8-9am	9:15-10am	7:10-8:10pm		7:30-8:30pm	7:30-8:30pm
	Sat 6/5-7/17 (6 classes)				8:00-9:00am	8:00-9:00am	
JULY	Mon/Wed 7/5-7/28 (8 classes)					7:30-8:30pm	7:30-8:30pm
	Tues/Thurs 7/6-7/29 (8 classes)	8-9am	9:15-10am	7:10-8:10pm	7:30-8:30pm		
	Sat 7/24-8/28 (6 classes)				8:00-9:00am		8:00-9:00am
AUGUST	Mon/Wed 8/2-8/25 (8 classes)				7:30-8:30pm		
	Tues/Thurs 8/3-8/26 (8 classes)	8-9am	9:15-10am	7:10-8:10pm		7:30-8:30pm	7:30-8:30pm

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