



— LEARN TO SWIM —

JANUARY/FEBRUARY 2024

Triangle Aquatic Center

275 Convention Drive, Cary NC 27511

programs@triangleaquatics.org

919-459-4045

	CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Ages 3-6	TITANS 1A		5:40PM	5:00PM	5:40PM 6:20PM	5:00PM 5:40PM	12:20PM 1:00PM	12:20PM 1:00PM
	TITANS 1B	5:40PM	5:00PM	5:40PM	6:20PM	5:00PM 5:40PM	1:00PM 1:40PM	11:40AM 1:40PM 2:20PM
	TITANS 1C		5:00PM	5:00PM	5:40PM	5:00PM	12:20PM 1:40PM	1:00PM
Ages 7-12	TITANS 2A			5:40PM 6:20PM	5:00PM 5:40PM	6:20PM	1:40PM	12:20PM 1:40PM
	TITANS 2B	5:00PM	5:40PM	4:20PM	5:00PM 7:00PM	4:20PM 5:40PM 6:20PM	11:40AM 1:00PM	11:40AM 1:00PM 3:00PM
	TITANS 2C	6:20PM	4:20PM 6:20PM 7:00PM	4:20PM 6:20PM	4:20PM 5:00PM 6:20PM	4:20PM 6:20PM 7:00PM	11:00AM 11:40AM 2:20PM	11:40AM 12:20PM 3:00PM
Ages 6-12	STROKE SCHOOL	5:00PM 5:40PM 6:20PM	4:20PM 6:20PM 7:00PM 7:40PM	6:20PM	4:20PM 7:00PM	4:20PM 7:00PM	11:00AM 11:40AM 12:20PM 2:20PM	1:40PM 2:20PM 3:00PM
Ages 13 & O	AMATEUR TITANS			7:00PM (BEG) 7:15PM(FIT)	7:15PM INTERMEDIATE			2:20PM INTERMEDIATE

RED– denotes classes that are held in the Program Pool

Program Pool class cancellations– 2/18,2/25

Holiday/All Classes canceled– 1/1



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MARCH 2024

	CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Ages 3-6	TITANS 1A		5:40PM	5:00PM	5:40PM 6:20PM	5:00PM 5:40PM	12:20PM 1:00PM	12:20PM 1:00PM
	TITANS 1B	5:40PM	5:00PM	5:40PM	6:20PM	5:00PM 5:40PM	1:00PM 1:40PM	11:40AM 1:40PM 2:20PM
	TITANS 1C		5:00PM	5:00PM	5:40PM	5:00PM	12:20PM 1:40PM	1:00PM
Ages 7-12	TITANS 2A			5:40PM 6:20PM	5:00PM 5:40PM	6:20PM	1:40PM	12:20PM 1:40PM
	TITANS 2B	5:00PM	5:40PM	4:20PM	5:00PM 7:00PM	4:20PM 5:40PM 6:20PM	11:40AM 1:00PM	11:40AM 1:00PM 3:00PM
	TITANS 2C	6:20PM	4:20PM 6:20PM 7:00PM	4:20PM 6:20PM	4:20PM 5:00PM 6:20PM	4:20PM 6:20PM 7:00PM	11:00AM 11:40AM 2:20PM	11:40AM 12:20PM 3:00PM
Ages 6-12	STROKE SCHOOL	5:00PM 5:40PM 6:20PM	4:20PM 6:20PM 7:00PM 7:40PM	6:20PM	4:20PM 7:00PM	4:20PM 7:00PM	11:00AM 11:40AM 12:20PM 2:20PM	1:40PM 2:20PM 3:00PM
Ages 13 & O	AMATEUR TITANS			7:00PM (BEG) 7:15PM(FIT)	7:15PM INTERMEDIATE			2:20PM INTERMEDIATE

RED– denotes classes that are held in the Program Pool

Program Pool class cancellations– 3/17, 3/24

Holiday/All Classes canceled– 3/31(Easter)