

## 2024 Capital City Conference Championship - 1/30/2024

## Meet Program - Meet

#1 Women 200 Yard Medley Relay				#4 Men 200 Yard Freestyle				Heat 3 of 3 Finals			
Lane	Team	Relay	Seed Time	Lane	Name	Yr School	Seed Time	Lane	Name	Yr School	Seed Time
<b>Heat 1 of 1 Finals</b>				<b>Heat 1 of 1 Finals</b>				<b>Heat 1 of 3 Finals</b>			
1				1				1			
2	CARYX	B	3:01.62	2	Carreker, Henry	DAVID	2:11.56	2	Robinson, Elle	SR GCRAL	28.70
	Holmes, Esther 7	Barnes, Evie 07		3	Will, Sam	SR GCRAL	2:00.75	3	Holladay, Caroline	GCRAL	26.70
	Ayers, Charlotte JR	Levake, Joy 7		4	Ju, Joshua E	FR CARYX	1:42.76	4	Chandler, Vera	JR WAKCA	24.47
3	DAVID	A	2:25.73	5	Luebke, Alex	DAVID	1:48.08	5	MacKay, Neve E	SR CARYX	26.56
	Tsikentzoglou, Dora	Hueman, Reagan		6	Chapman, James	JR GCRAL	2:04.07	6	Van Cleef, Lucie M	JR CARYX	28.46
	Tsikentzoglou, Chrissy	Bailey, Elizabeth		7	Levake, Sam	SO CARYX	2:17.43	7	Cassell, Caroline	GCRAL	30.01
4	GCRAL	A	2:07.15	8				8	Murray, Caroline	SR GCRAL	31.33
	Holladay, Caroline	Garrett, Anna SO		<b>#5 Women 200 Yard IM</b>				<b>#8 Men 50 Yard Freestyle</b>			
	Garrett, Maggie	Peterson, Amelia		<b>Heat 1 of 1 Finals</b>				<b>Heat 1 of 3 Finals</b>			
5	CARYX	A	2:19.73	1				1			
	Atti, Francesca M JR	Johnson, Logan 8		2	Hueman, Reagan	DAVID	2:46.34	2			
	Reeves, Lyla 7	Van Cleef, Lucie M JR		3	Lee, Angela	FR CARYX	2:37.22	3	Gainey, Marcus	SR GCRAL	1:21.61
6	WAKCA	A	2:33.74	4	West, Stella	SR TRNRA	2:18.81	4	Levake, Charlie	8 CARYX	32.60
	Kraft, Ellie FR	Cook, Carley FR		5	Peterson, Amelia	GCRAL	2:19.50	5	Jones, Waverly	DAVID	38.34
	Chandler, Vera JR	Lynette, Mayken SO		6	Atti, Francesca M	JR CARYX	2:41.32	6			
7	TRNRA	A	3:23.83	7	Sheridan, Kyleigh	SR GCRAL	3:08.65	7			
	Stone, Channing SR	Lancaster, Kaleigh		8				8			
	West, Stella SR	Bitner, Isabel JR		<b>#6 Men 200 Yard IM</b>				<b>Heat 2 of 3 Finals</b>			
8				<b>Heat 1 of 1 Finals</b>				<b>Heat 1 of 3 Finals</b>			
<b>#2 Men 200 Yard Medley Relay</b>				<b>Heat 1 of 1 Finals</b>				<b>Heat 1 of 3 Finals</b>			
<b>Heat 1 of 1 Finals</b>				<b>Heat 1 of 1 Finals</b>				<b>Heat 1 of 3 Finals</b>			
<b>Heat 1 of 1 Finals</b>				<b>Heat 1 of 1 Finals</b>				<b>Heat 1 of 3 Finals</b>			
1				1	Hallberg, Jake	FR CARYX	2:53.19	1	Crossland, Sam	07 CARYX	32.40
2	DAVID	B	2:20.07	2	Cooper, Elijah	WAKCA	2:35.66	2	Chapman, Jacob	GCRAL	30.31
	Slawinski, Jack	Carreker, Henry		3	Slawinski, Jack	DAVID	2:15.23	3	Ray, Jake	JR GCRAL	28.82
	Bostic, Elias	Jones, Waverly		4	Elder, Bobby	SO CARYX	2:05.12	4	Dearolf, Luke	08 CARYX	27.88
3	CARYX	A	2:05.42	5	Banko, Landon	GCRAL	2:13.77	5	Goetten, Ben	07 CARYX	28.52
	Young, Isaac IR	Stewart, Jacob SO		6	Selzer, Kyle	GCRAL	2:29.05	6	Stansberry, Ben	SR GCRAL	29.91
	Hanna, Manny 8	Nguyen, Kevin SR		7	Bostic, Elias	DAVID	2:48.82	7	Jacobsen, Asher	8 CARYX	32.33
4	DAVID	A	1:51.38	8				8			
	Murrav, Spencer	Luebke, Alex		<b>#7 Women 50 Yard Freestyle</b>				<b>Heat 3 of 3 Finals</b>			
	Murray, Grant	Fallas Retana, Fabian		<b>Heat 1 of 3 Finals</b>				<b>Heat 1 of 3 Finals</b>			
5	GCRAL	A	1:52.59	1	Hopewell, Isabella	GCRAL	X30.46	1	Nguyen, Kevin	SR CARYX	26.62
	Banko, Landon	Mann, Bryan JR		2	Engelbrecht, Mady	07 CARYX	43.50	2	Fallas Retana, Fabian	DAVID	24.70
	Kyrtsis, Ryan SR	Will, Sam SR		3	Latchford, Lizzie	DAVID	37.96	3	Kyrtsis, Ryan	SR GCRAL	23.08
6	CARYX	B	2:19.89	4	Bailey, Elizabeth	DAVID	35.97	4	Holloway, Ethan	SO WAKCA	22.06
	Levake, Charlie 8	Jacobsen, Asher 8		5	Young, Hannah	8 CARYX	36.45	5	Lee, Justin	SR CARYX	23.00
	Crossland, Sam 07	Goetten, Ben 07		6	Cook, Carley	FR WAKCA	38.94	6	Mann, Bryan	JR GCRAL	24.42
7				7	Crosby, Joi	WAKCA	43.62	7	Ciancarelli, James	SR GCRAL	26.34
8				8				8	Mercer, Caleb	JR WAKCA	26.85
<b>#3 Women 200 Yard Freestyle</b>				<b>Heat 2 of 3 Finals</b>				<b>#9 Women 100 Yard Butterfly</b>			
<b>Heat 1 of 1 Finals</b>				<b>Heat 1 of 3 Finals</b>				<b>Heat 1 of 1 Finals</b>			
<b>Heat 1 of 1 Finals</b>				<b>Heat 1 of 3 Finals</b>				<b>Heat 1 of 1 Finals</b>			
<b>Heat 1 of 1 Finals</b>				<b>Heat 1 of 3 Finals</b>				<b>Heat 1 of 1 Finals</b>			
1				1	Barnes, Reagan	08 CARYX	35.48	1			
2	Raughley, Meredith	SR CARYX	2:38.09	2	Holmes, Esther	7 CARYX	33.63	2	Garrett, Maggie	GCRAL	1:16.35
3	Reeves, Lyla	7 CARYX	2:23.62	3	Bitner, Isabel	JR TRNRA	33.03	3	Holladay, Caroline	GCRAL	1:06.38
4	Johnson, Mallory L	SO CARYX	2:00.48	4	Lancaster, Kaleigh	TRNRA	31.34	4	Chandler, Vera	JR WAKCA	1:01.54
5	Kraft, Ellie	FR WAKCA	2:14.69	5	Levake, Joy	7 CARYX	32.51	5	Osborn, Lucy E	SO CARYX	1:04.60
6	Garrett, Anna	SO GCRAL	2:33.31	6	Moore, Paige	SR CARYX	33.52	6	Reeves, Lyla	7 CARYX	1:15.08
7	Tsikentzoglou, Chrissy	DAVID	2:43.22	7	Lynette, Mayken	SO WAKCA	35.35	7	Tsikentzoglou, Chrissy	DAVID	1:23.20
8				8	Barnes, Evie	07 CARYX	35.61	8			

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Meet Program - Meet

#10 Men 100 Yard Butterfly

Lane	Name	Yr School	Seed Time
<b>Heat 1 of 1 Finals</b>			
1			
2	Hanna, Manny	8 CARYX	1:12.02
3	Murray, Grant	DAVID	1:02.72
4	Kyritsis, Ryan	SR GCRAL	55.31
5	Lee, Justin	SR CARYX	57.98
6	Bostic, Elias	DAVID	1:10.59
7	Broadwell, Michael	GCRAL	1:17.60
8			

#11 Women 100 Yard Freestyle

Lane	Name	Yr School	Seed Time
<b>Heat 1 of 3 Finals</b>			
1			
2			
3	Hopewell, Isabella	GCRAL	X1:11.66
4	Engelbrecht, Mady	07 CARYX	1:38.01
5	Crosby, Joi	WAKCA	1:44.78
6			
7			
8			

Heat 2 of 3 Finals

1			
2	Cook, Carley	FR WAKCA	1:26.63
3	Bitner, Isabel	JR TRNRA	1:18.52
4	Lancaster, Kaleigh	TRNRA	1:16.74
5	Lynette, Mayken	SO WAKCA	1:17.92
6	Barnes, Reagan	08 CARYX	1:21.22
7	Latchford, Lizzie	DAVID	1:26.66
8			

Heat 3 of 3 Finals

1	Gerolemon, Mikayla	SR CARYX	1:12.28
2	Cassell, Caroline	GCRAL	1:09.00
3	Van Cleef, Lucie M	JR CARYX	1:04.38
4	MacKay, Neve E	SR CARYX	58.91
5	Stone, Channing	SR TRNRA	1:03.13
6	Garrett, Anna	SO GCRAL	1:07.31
7	Tsikentzoglou, Dora	DAVID	1:09.77
8	Levake, Joy	7 CARYX	1:14.58

#12 Men 100 Yard Freestyle

Lane	Name	Yr School	Seed Time
<b>Heat 1 of 2 Finals</b>			
1			
2			
3	Chapman, Jacob	GCRAL	1:08.95
4	Mercer, Caleb	JR WAKCA	1:01.34
5	Young, Isaac	JR CARYX	1:01.54
6	Jones, Waverly	DAVID	1:33.86
7			
8			

Heat 2 of 2 Finals

1	Stewart, Jacob	SO CARYX	1:00.44
2	Fallas Retana, Fabian	DAVID	57.48
3	Cooper, Elijah	WAKCA	56.51
4	Kratz, Gunnar	SR TRNRA	51.83
5	Will, Sam	SR GCRAL	55.01
6	Chapman, James	JR GCRAL	56.69
7	Murray, Grant	DAVID	58.29
8	Ciancarelli, James	SR GCRAL	1:01.28

#13 Women 500 Yard Freestyle

Lane	Name	Yr School	Seed Time
<b>Heat 1 of 1 Finals</b>			
1			
2	Ayers, Charlotte	JR CARYX	7:15.45
3	Johnson, Logan	8 CARYX	6:52.68
4	Johnson, Mallory L	SO CARYX	5:36.07
5	Peterson, Amelia	GCRAL	5:44.78
6	Robinson, Elle	SR GCRAL	7:06.54
7			
8			

#14 Men 500 Yard Freestyle

Lane	Name	Yr School	Seed Time
<b>Heat 1 of 1 Finals</b>			
1	Broadwell, Michael	GCRAL	7:38.47
2	Goetten, Ben	07 CARYX	6:25.69
3	Murray, Spencer	DAVID	5:20.33
4	Luebke, Alex	DAVID	4:56.24
5	Elder, Bobby	SO CARYX	4:56.92
6	Selzer, Kyle	GCRAL	5:59.19
7	Levake, Charlie	8 CARYX	7:27.73
8			

#15 Women 200 Yard Freestyle Relay

Lane	Team	Relay	Seed Time
<b>Heat 1 of 1 Finals</b>			
1			
2	DAVID	A	2:12.17
	Tsikentzoglou, Chrissy	Tsikentzoglou, Dora	
	Latchford, Lizzie	Hueman, Reagan	
3	TRNRA	A	2:05.98
	Stone, Channing SR	Lancaster, Kaleigh	
	Bitner, Isabel JR	West, Stella SR	
4	CARYX	A	1:49.15
	Johnson, Mallory L SO	Lee, Angela FR	
	MacKay, Neve E SR	Osborn, Lucy E SO	
5	GCRAL	A	1:59.10
	Garrett, Maggie	Cassell, Caroline	
	Murray, Caroline SR	Robinson, Elle SR	
6	CARYX	B	2:08.75
	Ferrell, Sarah SR	Moore, Paige SR	
	Raughley, Meredith SR	Gerolemon, Mikayla SR	
7	WAKCA	A	2:12.48
	Kraft, Ellie FR	Lynette, Mayken SO	
	Cook, Carley FR	Chandler, Vera JR	
8			

#16 Men 200 Yard Freestyle Relay

Lane	Team	Relay	Seed Time
<b>Heat 1 of 1 Finals</b>			
1			
2	GCRAL	B	NT
	Chapman, James IR	Chapman, Jacob	
	Ray, Jake JR	Selzer, Kyle	
3	DAVID	A	1:47.43
	Slawinski, Jack	Carreker, Henry	
	Bostic, Elias	Jones, Waverly	
4	CARYX	A	1:36.18
	Lee, Justin SR	Nguyen, Kevin SR	
	Elder, Bobby SO	Ju, Joshua E FR	
5	GCRAL	A	1:38.25
	Mann, Brvan IR	Banko, Landon	
	Ciancarelli, James SR	Kyritsis, Ryan SR	
6	CARYX	B	2:03.18
	Goetten, Ben 07	Crossland, Sam 07	
	Levake, Charlie 8	Hallberg, Jake FR	
7			
8			

#17 Women 100 Yard Backstroke

Lane	Name	Yr School	Seed Time
<b>Heat 1 of 2 Finals</b>			
1			
2			
3	Bailey, Elizabeth	DAVID	2:13.69
4	Barnes, Evie	07 CARYX	1:35.13
5	Murray, Caroline	SR GCRAL	1:35.17
6			
7			
8			

Heat 2 of 2 Finals

1	Holmes, Esther	7 CARYX	1:29.75
2	Moore, Paige	SR CARYX	1:28.35
3	Atti, Francesca M	JR CARYX	1:12.53
4	Osborn, Lucy E	SO CARYX	1:02.15
5	Stone, Channing	SR TRNRA	1:10.20
6	Tsikentzoglou, Dora	DAVID	1:18.86
7	Ayers, Charlotte	JR CARYX	1:28.63
8			

#18 Men 100 Yard Backstroke

Lane	Name	Yr School	Seed Time
<b>Heat 1 of 2 Finals</b>			
1			
2			
3	Crossland, Sam	07 CARYX	1:31.41
4	Ray, Jake	JR GCRAL	1:18.31
5	Dearolf, Luke	08 CARYX	1:18.64
6			
7			
8			

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## Meet Program - Meet

**Heat 2 (#18 Men 100 Yard Backstroke)**

1	Levake, Sam	SO CARYX	1:17.64
2	Murray, Spencer	DAVID	1:00.53
3	Kratz, Gunnar	SR TRNRA	57.87
4	Holloway, Ethan	SO WAKCA	52.89
5	Ju, Joshua E	FR CARYX	53.72
6	Banko, Landon	GCRAL	1:00.19
7	Hanna, Manny	8 CARYX	1:14.28
8			

**#19 Women 100 Yard Breaststroke**

Lane	Name	Yr School	Seed Time
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**Heat 1 of 2 Finals**

1			
2			
3	Young, Hannah	8 CARYX	1:50.02
4	Raughley, Meredith	SR CARYX	1:35.98
5	Gerolemon, Mikayla	SR CARYX	1:37.30
6			
7			
8			

**Heat 2 of 2 Finals**

1	Ferrell, Sarah	SR CARYX	1:33.88
2	Johnson, Logan	8 CARYX	1:31.29
3	Kraft, Ellie	FR WAKCA	1:18.25
4	West, Stella	SR TRNRA	1:10.67
5	Hueman, Reagan	DAVID	1:16.84
6	Lee, Angela	FR CARYX	1:22.02
7	Sheridan, Kyleigh	SR GCRAL	1:33.82
8			

**#20 Men 100 Yard Breaststroke**

Lane	Name	Yr School	Seed Time
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**Heat 1 of 2 Finals**

1			
2			
3	Stansberry, Ben	SR GCRAL	1:33.47
4	Hallberg, Jake	FR CARYX	1:22.17
5	Jacobsen, Asher	8 CARYX	1:24.73
6			
7			
8			

**Heat 2 of 2 Finals**

1			
2	Young, Isaac	JR CARYX	1:20.38
3	Mann, Bryan	JR GCRAL	1:15.10
4	Stewart, Jacob	SO CARYX	1:10.42
5	Slawinski, Jack	DAVID	1:14.65
6	Carreker, Henry	DAVID	1:19.86
7	Nguyen, Kevin	SR CARYX	1:20.49
8			

**#21 Women 400 Yard Freestyle Relay**

Lane	Team	Relay	Seed Time
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**Heat 1 of 1 Finals**

1			
2			
3	CARYX	B	4:25.58
	Johnson, Logan 8	Reeves, Lyla 7	
	Van Cleef, Lucie M JR	Atti, Francesca M JR	
4	CARYX	A	3:58.56
	Osborn, Lucy E SO	Lee, Angela FR	
	MacKay, Neve E SR	Johnson, Mallory L SO	
5	GCRAL	A	4:20.96
	Holladay, Caroline	Garrett, Anna SO	
	Garrett, Maggie	Peterson, Amelia	
6	GCRAL	B	NT
	Robinson, Elle SR	Sheridan, Kyleigh SR	
	Murray, Caroline SR	Cassell, Caroline	
7			
8			

**#22 Men 400 Yard Freestyle Relay**

Lane	Team	Relay	Seed Time
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**Heat 1 of 1 Finals**

1			
2	GCRAL	B	NT
	Rav, Iake IR	Chapman, Jacob	
	Broadwell, Michael	Stansberry, Ben SR	
3	GCRAL	A	3:47.15
	Chapman, James JR	Ciancarelli, James SR	
	Selzer, Kyle	Will, Sam SR	
4	CARYX	A	3:20.92
	Lee, Justin SR	Stewart, Jacob SO	
	Elder, Bobby SO	Ju, Joshua E FR	
5	DAVID	A	3:34.35
	Murray, Spencer	Fallas Retana, Fabian	
	Murray, Grant	Luebke, Alex	
6	CARYX	B	4:16.40
	Hanna, Manny 8	Levake, Sam SO	
	Dearolf, Luke 08	Young, Isaac JR	
7			
8			