

2024 NAC Conference Championships - 1/20/2024

Meet Program - Meet

#1 Women 200 Yard Medley Relay			
1:54.99 REGA 4A Region Auto			
3:30.99 REGC 4A Region Consider			
Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals			
1			
2			
3	ROLES	B	2:36.61
	Genty-Felipe, Jannet SO	Mountain, Erin JR	
	Polanco, Aryana	McClaren, Lucy JR	
4	WFRST	B	2:17.85
	Skelly, Markela FR	Stewart, Lola SR	
	Houston, Mallory JR	Golden, Madison SO	
5	ROLES	A	2:29.87
	Bailev, Kyra IR	Phung, Anna SO	
	Schmitz, Madison FR	Smith, Sofia SR	
6			
7			
8			
Heat 2 of 2 Finals			
1	HERTG	B	2:12.58
	Paige, Marrissa IR	Mitchell, Lily JR	
	Lehman, Annabelle SR	Ellis, Sophie FR	
2	WFRST	A	2:06.99
	Blatz, Maddie SO	Kemp, Zara SO	
	Skelly, Marilyn JR	Bowman, Kennedy JR	
3	MILLB	A	2:00.71
	Buff, Isabella JR	Tanner, Emily SR	
	Womble, Peyton SO	Manners, Ava SO	
4	WKFLD	A	1:56.10
	Cronin, Iaclyn IR	Wright, Ava SR	
	Organ, Macy JR	Wainio, Skylar FR	
5	HERTG	A	1:58.11
	Gvure, Grevson SR	Wrenn, Emily SO	
	Monville, Kathryn JR	Ray, Lauren JR	
6	MILLB	B	2:03.34
	Stoner, Kennedy JR	Dellasega, Emma SO	
	Rigot, Ella FR	Cox, Maddy SO	
7	WKFLD	B	2:08.00
	Scott, Bentlev SO	Russell, Caitlyn FR	
	Regan, Jackie JR	Wallace, Taylor FR	
8			

#2 Men 200 Yard Medley Relay			
1:41.99 REGA 4A Region Auto			
2:59.99 REGC 4A Region Consider			
Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals			
1			
2			
3	ROLES	B	2:19.03
	Moore, Brody FR	Phung, Henderson JR	
	Crouse, Gavin SO	Hughes, Jacob SR	
4	HERTG	B	2:10.92
	Derwin, Nate SR	Calvi, Giorgio JR	
	La, Danny JR	Catalano, Gabriel SR	
5	WFRST	B	2:16.55
	Abebe, Yaphet IR	Haines, Jameson SR	
	Emery, Gabriel FR	Kirby, Aden SO	
6			
7			
8			

Heat 2 of 2 Finals			
1			
2	MILLB	B	1:49.64
	White, Jack IR	Blalock, Skyler SR	
	Waechter, Mason FR	Jones, Tyler SO	
3	ROLES	A	1:43.93
	Young, Greyson JR	Clayton, William SR	
	Clayton, Thomas SO	Delos Santos, Joshua FR	
4	MILLB	A	1:40.76
	Worsham, Nathan SR	Cockman, Addison JR	
	Smith, Zack SR	Smith, Ben SO	
5	HERTG	A	1:43.74
	Bennison, James SR	Mozzo, Aidan SR	
	Choi, Aaron FR	Day, Joshua SR	
6	WFRST	A	1:46.60
	Neudecker, Jack JR	Eickhoff, C.J JR	
	Caporaso, Nicholas SR	Schermer, Brady FR	
7	WKFLD	A	1:55.00
	Langheim, Henry SO	Dawson, Drew SO	
	Harrison, Joey JR	Auerbach, Cole JR	
8			

#3 Women 200 Yard Freestyle			
1:58.49 REGA 4A Region Auto			
2:20.99 REGC 4A Region Consider			
Lane	Name	Yr	School
Heat 1 of 2 Finals			
1	Garlington, Ella I	SO	WFRST
2	McClaren, Lucy	JR	ROLES
3	Dellasega, Caroli	SR	MILLB
4	Hynes, Isabelle	SO	MILLB
5	Miller, Jessica	SO	MILLB
6	Wenger, Sara	SO	WKFLD
7	Carew, Rayleigh	SO	WFRST
8			
Heat 2 of 2 Finals			
1	Brown, Scotia	JR	WKFLD
2	Monville, Kathry	JR	HERTG
3	Sciaudone, Gaby	JR	WKFLD
4	Schmitz, Madison	FR	ROLES
5	Organ, Macy	JR	WKFLD
6	Buffum, Victoria	FR	MILLB
7	Mitchell, Lily	JR	HERTG
8	Aplin, Emma	SR	HERTG

#4 Men 200 Yard Freestyle			
1:49.99 REGA 4A Region Auto			
2:09.99 REGC 4A Region Consider			
Lane	Name	Yr	School
Heat 1 of 2 Finals			
1			
2			
3	La, David	JR	HERTG
4	Sellick, Stephen	JR	WKFLD
5	Phung, Hendersc	JR	ROLES
6			
7			
8			

Heat 2 of 2 Finals			
1	Brown, Gabe	SO	WKFLD
2	Pittenger, Charle	SO	MILLB
3	Dellasega, Sam	SO	MILLB
4	Bennison, James	SR	HERTG
5	Smith, Ben	SO	MILLB
6	Young, Greyson	JR	ROLES
7	Davis, James	SO	MILLB
8	Massey, Dylan	FR	MILLB

#5 Women 200 Yard IM			
2:13.49 REGA 4A Region Auto			
2:39.99 REGC 4A Region Consider			
Lane	Name	Yr	School
Heat 1 of 2 Finals			
1			
2	Pai, Sania	FR	WKFLD
3	Russell, Caitlyn	FR	WKFLD
4	Winkle, Gracie	FR	WKFLD
5	Blatz, Maddie	SO	WFRST
6	Skelly, Markela	FR	WFRST
7	Bosch, Phoebe	FR	WFRST
8			

Heat 2 of 2 Finals			
1	Regan, Jackie	JR	WKFLD
2	Gyure, Greyson	SR	HERTG
3	Buff, Isabella	JR	MILLB
4	Wright, Ava	SR	WKFLD
5	Wrenn, Emily	SO	HERTG
6	Rigot, Ella	FR	MILLB
7	Skelly, Marilyn	JR	WFRST
8	Allen, Scarlett	JR	MILLB

#6 Men 200 Yard IM			
2:02.99 REGA 4A Region Auto			
2:32.99 REGC 4A Region Consider			
Lane	Name	Yr	School
Heat 1 of 2 Finals			
1			
2			
3	Auerbach, Cole	JR	WKFLD
4	Meintel, Calvin	FR	MILLB
5	Blalock, Skyler	SR	MILLB
6			
7			
8			

Heat 2 of 2 Finals			
1			
2	Harclerode, Cole	FR	MILLB
3	Clayton, William	SR	ROLES
4	Worsham, Natha	SR	MILLB
5	Choi, Aaron	FR	HERTG
6	White, Jack	JR	MILLB
7	Delos Santos, Jos	FR	ROLES
8			

2024 NAC Conference Championships - 1/20/2024

Meet Program - Meet

#7 Women 50 Yard Freestyle				#8 Men 50 Yard Freestyle				#11 Women 100 Yard Butterfly									
25.49 REGA 4A Region Auto				22.49 REGA 4A Region Auto				1:00.49 REGA 4A Region Auto									
27.99 REGC 4A Region Consider				24.99 REGC 4A Region Consider				1:12.99 REGC 4A Region Consider									
Lane	Name	Yr	School	Seed	Time	Lane	Name	Yr	School	Seed	Time	Lane	Name	Yr	School	Seed	Time
Heat 1 of 7 Finals				Heat 1 of 5 Finals				Heat 1 of 2 Finals									
1						1	Guptill, Mira	JR	MILLB			1					
2						2						2					
3	Beute, Allison	JR	MILLB		X43.51	3	Poteat, Isaac	JR	MILLB		X32.20	3	Ramos, Aliehsa	JR	WFRST		1:17.54
4	Tutino, Juliet	SO	MILLB		X36.14	4	Kovacs, Daniel	FR	MILLB		X29.08	4	Bowman, Kenne	JR	WFRST		1:14.51
5	Frankel, Cloey	JR	MILLB		X39.66	5	Daigle, Neil	FR	MILLB		X30.77	5	Houston, Mallory	JR	WFRST		1:16.25
6						6						6					
7						7						7					
8						8						8					
Heat 2 of 7 Finals				Heat 2 of 5 Finals				Heat 2 of 2 Finals									
1	O'Connor, Camp	SO	MILLB		X35.77	1	Stotsky, Tyler	JR	MILLB		X27.69	1	Guptill, Mira	JR	MILLB		1:08.95
2	O'Connor, Erin	SO	MILLB		X34.36	2	Sparacia, Gabriel	SR	ROLES		39.34	2	Skelly, Marilyn	JR	WFRST		1:04.18
3	Forconi, Martina	JR	MILLB		X33.53	3	Kiernan, Tim	SO	WKFLD		32.66	3	Womble, Peyton	SO	MILLB		1:02.80
4	Warren, Summe	FR	MILLB		X31.34	4	Tardy, Martin	FR	HERTG		30.48	4	Organ, Macy	JR	WKFLD		59.54
5	Poteat, Olivia	JR	MILLB		X32.02	5	Stelman, Carter	JR	ROLES		32.22	5	Monville, Kathry	JR	HERTG		1:01.71
6	Brooks, Charlott	SO	MILLB		X34.10	6	Jorgensen, Jake	FR	HERTG		33.86	6	Buffum, Victoria	FR	MILLB		1:03.54
7	Hariguruprasad,	SR	MILLB		X35.67	7	Hartley, Connor	FR	MILLB		X27.17	7	Regan, Jackie	JR	WKFLD		1:06.84
8						8						8	Lehman, Annabe	SR	HERTG		1:11.39
Heat 3 of 7 Finals				Heat 3 of 5 Finals				#12 Men 100 Yard Butterfly									
1	Butts, Audrey	SO	MILLB		X31.20	1	Sweeney, Max	SO	ROLES		29.06	53.99 REGA 4A Region Auto					
2	Evans, Teagan	SO	MILLB		X30.82	2	Stuart, Mason	SR	WFRST		28.40	1:04.99 REGC 4A Region Consider					
3	Iannelli, Poppy	SR	MILLB		X29.07	3	Hughes, Jacob	SR	ROLES		27.71						
4	Hopper, Reagan	JR	WKFLD		35.50	4	Floyd, Foster	SO	MILLB		26.53						
5	Iannelli, Drew	SO	MILLB		X28.95	5	Catalano, Gabriel	SR	HERTG		27.13						
6	Klein, Allaire	FR	MILLB		X30.67	6	La, Danny	JR	HERTG		28.30						
7	Coats, Kelly	JR	MILLB		X31.12	7	Schwier, Brady	SR	WFRST		28.99						
8	Furnas, Ursula	SO	MILLB		X31.33	8	Calvi, Giorgio	JR	HERTG		29.22						
Heat 4 of 7 Finals				Heat 4 of 5 Finals				Heat 1 of 2 Finals									
1	Jones, Erin	FR	WFRST		34.77	1	Mew, Jack	SO	MILLB		25.21	1					
2	Carew, Rayleigh	SO	WFRST		34.33	2	Williams, Jackson	JR	MILLB		24.85	2	La, Danny	JR	HERTG		1:12.23
3	Genty-Felipe, Jan	SO	ROLES		33.07	3	Jones, Tyler	SO	MILLB		24.67	3	Guptill, Alex	SO	MILLB		1:06.26
4	Glossip, Victoria	SO	HERTG		32.60	4	Caporaso, Nichol	SR	WFRST		24.12	4	Langheim, Henry	SO	WKFLD		1:09.25
5	Day, Nyomi	SO	HERTG		33.05	5	Derwin, Nate	SR	HERTG		24.48	5					
6	Wright, Jane	SR	ROLES		33.83	6	Bennett, CJ	SR	MILLB		24.82	6					
7	Emery, Liz	JR	WFRST		34.47	7	Emery, Gabriel	FR	WFRST		25.12	7					
8	O'Keefe, Emerso	JR	WFRST		35.18	8	Haines, Jameson	SR	WFRST		25.86	8					
Heat 5 of 7 Finals				Heat 5 of 5 Finals				Heat 2 of 2 Finals									
1	Chupik, Sydney	SR	HERTG		30.99	1	Lytle, Dave	SR	KDALE		23.90	1	White, Logan	FR	MILLB		1:01.58
2	Elms, Nora	SR	WKFLD		30.97	2	Cockman, Addisc	JR	MILLB		23.59	2	Waechter, Masor	FR	MILLB		59.38
3	Miglucchi, Emma	SO	WFRST		30.83	3	Schermer, Brady	FR	WFRST		23.09	3	Worsham, Natha	SR	MILLB		53.92
4	Weiss, Brooklyn	SR	WKFLD		30.51	4	Smith, Zack	SR	MILLB		21.99	4	Smith, Zack	SR	MILLB		52.10
5	Paige, Marrassa	JR	HERTG		30.70	5	Harrison, Joey	JR	WKFLD		22.77	5	Eickhoff, CJ	JR	WFRST		53.74
6	Lahlali, Nadia	SO	WKFLD		30.91	6	Day, Joshua	SR	HERTG		23.31	6	Choi, Aaron	FR	HERTG		56.57
7	Pizzola, Jayne	FR	HERTG		30.97	7	Stepanian, Nicho	SO	MILLB		23.79	7	Clayton, Thomas	SO	ROLES		59.93
8	Mountain, Erin	JR	ROLES		31.23	8	Clayton, Thomas	SO	ROLES		23.94	8	Emery, Gabriel	FR	WFRST		1:02.63
Heat 6 of 7 Finals				Heat 6 of 7 Finals				#13 Women 100 Yard Freestyle									
1	McGuinness, Iris	SO	HERTG		29.98	1						54.99 REGA 4A Region Auto					
2	Leary, Daisy	SR	MILLB		29.33	2						1:02.99 REGC 4A Region Consider					
3	Gustafsson, Vend	SR	MILLB		28.64	3											
4	Bowman, Kenne	JR	WFRST		28.36	4											
5	Ellis, Sophie	FR	HERTG		28.57	5											
6	Needham, Lila	JR	MILLB		29.14	6											
7	Ilardi, Melody	FR	WKFLD		29.93	7											
8	Anemaet, Alanna	SR	WKFLD		30.31	8											

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Heat 2 (#13 Women 100 Yard Freestyle)

1				
2	Pizzola, Jayne	FR	HERTG	1:10.33
3	Bediner, Tiffany	SR	WKFLD	1:09.82
4	Stewart, Lola	SR	WFRST	1:09.19
5	Jankowski, Ella	SR	WKFLD	1:09.51
6	Glossip, Victoria	SO	HERTG	1:09.87
7	Migliucci, Emma	SO	WFRST	1:11.51
8				

Heat 3 of 4 Finals

1	Pai, Sania	FR	WKFLD	1:06.92
2	Leary, Daisy	SR	MILLB	1:06.38
3	Golden, Madison	SO	WFRST	1:05.10
4	Wallace, Taylor	FR	WKFLD	1:02.50
5	Ellis, Sophie	FR	HERTG	1:04.32
6	Needham, Lila	JR	MILLB	1:05.10
7	McGuinness, Iris	SO	HERTG	1:06.89
8	Smith, Sofia	SR	ROLES	1:08.10

Heat 4 of 4 Finals

1	Scott, Bentley	SO	WKFLD	59.79
2	Dellasega, Caroli	SR	MILLB	59.27
3	Miller, Braelyn	FR	MILLB	57.73
4	Wrenn, Emily	SO	HERTG	56.24
5	Wainio, Skylar	FR	WKFLD	56.75
6	Manners, Ava	SO	MILLB	58.00
7	Brown, Scotia	JR	WKFLD	59.44
8	Tanner, Emily	SR	MILLB	59.97

#14 Men 100 Yard Freestyle

49.49 REGA 4A Region Auto			
55.99 REGC 4A Region Consider			
Lane Name	Yr	School	Seed Time

Heat 1 of 3 Finals

1				
2	Jorgensen, Jake	FR	HERTG	1:21.64
3	Kiernan, Tim	SO	WKFLD	1:13.86
4	Tardy, Martin	FR	HERTG	1:09.43
5	Moore, Brody	FR	ROLES	1:12.66
6	Sweeney, Max	SO	ROLES	1:15.75
7				
8				

Heat 2 of 3 Finals

1	Catalano, Gabriel	SR	HERTG	1:05.09
2	Crouse, Gavin	SO	ROLES	1:02.46
3	Brown, Gabe	SO	WKFLD	58.20
4	Kline, Jackson	SO	MILLB	56.16
5	Jones, Tyler	SO	MILLB	56.59
6	Mew, Jack	SO	MILLB	1:01.58
7	Schwier, Brady	SR	WFRST	1:04.48
8	Stuart, Mason	SR	WFRST	1:07.01

Heat 3 of 3 Finals

1	Williams, Jackson	JR	MILLB	54.70
2	Day, Joshua	SR	HERTG	53.02
3	Abebe, Yaphet	JR	WFRST	50.91
4	Harrison, Joey	JR	WKFLD	50.37
5	Stepanian, Nicho	SO	MILLB	50.86
6	Clayton, William	SR	ROLES	51.20
7	Harclerode, Cole	FR	MILLB	53.22
8	Lytle, Dave	SR	KDALE	54.81

#15 Women 500 Yard Freestyle

5:17.49 REGA 4A Region Auto			
6:30.99 REGC 4A Region Consider			
Lane Name	Yr	School	Seed Time

Heat 1 of 2 Finals

1				
2				
3	Lahlali, Nadia	SO	WKFLD	6:33.10
4	Wenger, Sara	SO	WKFLD	6:18.99
5	Kemp, Zara	SO	WFRST	6:27.35
6				
7				
8				

Heat 2 of 2 Finals

1	Lehman, Annabe	SR	HERTG	6:01.52
2	Kreel, Gwen	JR	MILLB	5:50.80
3	Stoner, Kennedy	JR	MILLB	5:46.91
4	Schmitz, Madison	FR	ROLES	5:12.95
5	Sciaudone, Gaby	JR	WKFLD	5:25.21
6	Mitchell, Lily	JR	HERTG	5:48.07
7	Dellasega, Emma	SO	MILLB	5:58.71
8				

#16 Men 500 Yard Freestyle

4:57.49 REGA 4A Region Auto			
6:30.99 REGC 4A Region Consider			
Lane Name	Yr	School	Seed Time

Heat 1 of 1 Finals

1	Sellick, Stephen	JR	WKFLD	6:31.83
2	Mozzo, Aidan	SR	HERTG	5:00.63
3	Eickhoff, C.J	JR	WFRST	4:58.13
4	Smith, Ben	SO	MILLB	4:49.40
5	Dellasega, Sam	SO	MILLB	4:56.22
6	Neudecker, Jack	JR	WFRST	4:59.54
7	Pittenger, Charle	SO	MILLB	5:42.05
8				

#17 Women 200 Yard Freestyle Relay

1:46.49 REGA 4A Region Auto			
2:59.99 REGC 4A Region Consider			
Lane Team	Relay	Seed Time	

Heat 1 of 2 Finals

1				
2				
3	ROLES	B		2:14.46
	Wright, Jane SR		Polanco, Aryana	
	Genty-Felipe, Jannet SO		Phung, Anna SO	
4	HERTG	B		2:04.99
	Chupik, Sydney SR		Glossip, Victoria SO	
	Pizzola, Jayne FR		McGuinness, Iris SO	
5	ROLES	A		2:10.94
	Mountain, Erin IR		McClaren, Lucy JR	
	Bailey, Kyra JR		Smith, Sofia SR	
6				
7				
8				

Heat 2 of 2 Finals

1	WFRST	B		2:02.34
	Skelly, Markela FR		Golden, Madison SO	
	Stewart, Lola SR		Ramos, Aliehsa JR	
2	WFRST	A		1:54.14
	Blatz, Maddie SO		Bowman, Kennedy JR	
	Kemp, Zara SO		Skelly, Marilyn JR	
3	MILLB	A		1:45.84
	Womble, Peyton SO		Cox, Maddy SO	
	Miller, Braelyn FR		Buffum, Victoria FR	
4	HERTG	A		1:43.53
	Monville, Kathravn IR		Aplin, Emma SR	
	Ray, Lauren JR		Wrenn, Emily SO	
5	WKFLD	A		1:44.72
	Cronin, Iaclyn IR		Wright, Ava SR	
	Brown, Scotia JR		Wainio, Skylar FR	
6	MILLB	B		1:50.33
	Tanner, Emily SR		Rigot, Ella FR	
	Guptill, Mira JR		Dellasega, Caroline SR	
7	WKFLD	B		2:00.65
	Wallace, Taylor FR		Russell, Caitlyn FR	
	Ilardi, Melody FR		Bediner, Tiffany SR	
8				

#18 Men 200 Yard Freestyle Relay

1:33.99 REGA 4A Region Auto			
2:35.99 REGC 4A Region Consider			
Lane Team	Relay	Seed Time	

Heat 1 of 1 Finals

1	ROLES	A		2:00.30
	Phung, Henderson IR		Moore, Brody FR	
	Hughes, Jacob SR		Crouse, Gavin SO	
2	WKFLD	A		1:41.83
	Brown, Gabe SO		Auerbach, Cole JR	
	Dawson, Drew SO		Harrison, Joey JR	
3	MILLB	A		1:34.80
	Stepanian, Nicholas SO		Jones, Tyler SO	
	Williams, Jackson JR		Cockman, Addison JR	
4	HERTG	A		1:33.80
	Mozzo, Aidan SR		Day, Joshua SR	
	Choi, Aaron FR		Bennison, James SR	
5	WFRST	A		1:34.70
	Eickhoff, C.I IR		Schermer, Brady FR	
	Caporaso, Nicholas SR		Abebe, Yaphet JR	
6	MILLB	B		1:39.33
	Waechter, Mason FR		Harclerode, Cole FR	
	Meintel, Calvin FR		Bennett, CJ SR	
7	WFRST	B		1:54.38
	Emerv, Gabriel FR		Kirby, Aden SO	
	Haines, Jameson SR		Neudecker, Jack JR	
8	HERTG	B		2:08.41
	La, David IR		Jorgensen, Jake FR	
	Tardy, Martin FR		Calvi, Giorgio JR	

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Meet Program - Meet

#19 Women 100 Yard Backstroke				#21 Women 100 Yard Breaststroke				#23 Women 400 Yard Freestyle Relay					
1:00.49 REGA 4A Region Auto				1:08.99 REGA 4A Region Auto				3:49.99 REGA 4A Region Auto					
1:11.99 REGC 4A Region Consider				1:23.99 REGC 4A Region Consider				6:15.99 REGC 4A Region Consider					
Lane	Name	Yr	School	Seed Time	Lane	Name	Yr	School	Seed Time	Lane	Team	Relay	Seed Time
Heat 1 of 3 Finals				Heat 1 of 3 Finals				Heat 1 of 2 Finals					
1	Jones, Erin	FR	WFRST	1:30.80	1					1			
2	Bailey, Kyra	JR	ROLES	1:21.68	2					2			
3	Jankowski, Ella	SR	WKFLD	1:18.19	3	Garlington, Ella I	SO	WFRST	1:49.81	3	WFRST	B	5:28.38
4	Dean, Jessie	JR	WKFLD	1:16.06	4	Elms, Nora	SR	WKFLD	1:34.47		Jones, Erin FR		Emery, Liz JR
5	Ramos, Aliehsa	JR	WFRST	1:18.19	5	Mountain, Erin	JR	ROLES	1:35.42	4	Carew, Rayleigh SO	A	Miglucci, Emma SO
6	Houston, Mallory	JR	WFRST	1:18.21	6						Houston, Malloryv IR		Bosch, Phoebe FR
7	Chapman, Taylor	JR	WKFLD	1:23.14	7						Stewart, Lola SR		Ramos, Aliehsa JR
8	Emery, Liz	JR	WFRST	1:35.36	8						ROLES	B	4:59.77
Heat 2 of 3 Finals				Heat 2 of 3 Finals				Heat 2 of 2 Finals					
1	Paige, Marrassa	JR	HERTG	1:14.62	1	Phung, Anna	SO	ROLES	1:33.53	1	HERTG	B	4:29.00
2	Wallace, Taylor	FR	WKFLD	1:14.22	2	Bediner, Tiffany	SR	WKFLD	1:27.13		McGuinness, Iris SO		Chupik, Sydney SR
3	Allen, Scarlett	JR	MILLB	1:11.37	3	Russell, Caitlyn	FR	WKFLD	1:24.44	2	WKFLD	B	4:10.00
4	Hynes, Isabelle	SO	MILLB	1:08.45	4	Aplin, Emma	SR	HERTG	1:21.47		Wenger, Sara SO		Regan, Jackie JR
5	Miller, Jessica	SO	MILLB	1:09.23	5	Kemp, Zara	SO	WFRST	1:22.25	3	MILLB	B	3:59.33
6	Blatz, Maddie	SO	WFRST	1:13.79	6	Chupik, Sydney	SR	HERTG	1:26.10		Winkle, Gracie FR		Wallace, Taylor FR
7	Bosch, Phoebe	FR	WFRST	1:14.49	7	Golden, Madison	SO	WFRST	1:27.35	4	WKFLD	A	3:52.83
8	Skelly, Markela	FR	WFRST	1:14.89	8	Kuhlemeier, Sam	JR	WKFLD	1:33.91		Buff, Isabella JR		Hynes, Isabelle SO
Heat 3 of 3 Finals				Heat 3 of 3 Finals				Heat 3 of 2 Finals					
1	Houtz, Haley	FR	MILLB	1:08.22	1	Kreel, Gwen	JR	MILLB	1:19.06	5	MILLB	A	3:54.74
2	Scott, Bentley	SO	WKFLD	1:07.04	2	Cox, Maddy	SO	MILLB	1:16.59		Brown, Scotia IR		Sciaudone, Gaby JR
3	Miller, Braelyn	FR	MILLB	1:06.42	3	Rigot, Ella	FR	MILLB	1:15.44	6	HERTG	A	4:06.09
4	Gyure, Greyson	SR	HERTG	1:04.20	4	Wright, Ava	SR	WKFLD	1:10.55		Aplin, Emma SR		Lehman, Annabelle SR
5	Buff, Isabella	JR	MILLB	1:05.75	5	Dellasega, Emma	SO	MILLB	1:14.15	7	ROLES	A	4:28.82
6	Cronin, Jaclyn	JR	WKFLD	1:06.56	6	Tanner, Emily	SR	MILLB	1:16.14		Schmitz, Madison FR		Bailey, Kyra JR
7	Stoner, Kennedy	JR	MILLB	1:07.89	7	Ray, Lauren	JR	HERTG	1:18.11	8			Smith, Sofia SR
8	Winkle, Gracie	FR	WKFLD	1:08.32	8	Gustafsson, Vend	SR	MILLB	1:19.06		Phung, Anna SO		
#20 Men 100 Yard Backstroke				#22 Men 100 Yard Breaststroke									
55.99 REGA 4A Region Auto				1:01.99 REGA 4A Region Auto									
1:07.99 REGC 4A Region Consider				1:14.99 REGC 4A Region Consider									
Lane	Name	Yr	School	Seed Time	Lane	Name	Yr	School	Seed Time				
Heat 1 of 2 Finals				Heat 1 of 2 Finals									
1					1								
2	Kirby, Aden	SO	WFRST	1:19.14	2								
3	Langheim, Henry	SO	WKFLD	1:11.43	3	Auerbach, Cole	JR	WKFLD	1:26.87				
4	Derwin, Nate	SR	HERTG	1:05.09	4	Calvi, Giorgio	JR	HERTG	1:19.89				
5	Floyd, Foster	SO	MILLB	1:09.55	5	Dawson, Drew	SO	WKFLD	1:20.13				
6	Guptill, Alex	SO	MILLB	1:13.33	6	La, David	JR	HERTG	1:27.79				
7					7								
8					8								
Heat 2 of 2 Finals				Heat 2 of 2 Finals									
1	Davis, James	SO	MILLB	1:02.27	1	Massey, Dylan	FR	MILLB	1:13.21				
2	Meintel, Calvin	FR	MILLB	59.56	2	Schermer, Brady	FR	WFRST	1:09.80				
3	White, Jack	JR	MILLB	58.46	3	Blalock, Skyler	SR	MILLB	1:07.55				
4	Bennison, James	SR	HERTG	49.46	4	Delos Santos, Jos	FR	ROLES	1:07.15				
5	Young, Greyson	JR	ROLES	57.60	5	Mozzo, Aidan	SR	HERTG	1:07.25				
6	Neudecker, Jack	JR	WFRST	58.72	6	Cockman, Addisc	JR	MILLB	1:08.69				
7	Abebe, Yaphet	JR	WFRST	59.72	7	White, Logan	FR	MILLB	1:13.20				
8	Kline, Jackson	SO	MILLB	1:04.83	8	Waechter, Mason	FR	MILLB	1:15.81				

2024 NAC Conference Championships - 1/20/2024

Meet Program - Meet

#24 Men 400 Yard Freestyle Relay

3:24.99 REGA 4A Region Auto

5:30.99 REGC 4A Region Consider

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1	ROLES	B	4:42.48
	Phung, Henderson IR	Moore, Brody FR	
	Hughes, Jacob SR	Crouse, Gavin SO	
2	WFRST	A	4:19.24
	Stuart, Mason SR	Schwier, Brady SR	
	Kirby, Aden SO	Haines, Jameson SR	
3	MILLB	B	3:43.73
	Harclerode, Cole FR	Dellasega, Sam SO	
	Williams, Jackson JR	Davis, James SO	
4	MILLB	A	3:18.53
	Smith, Ben SO	Stepanian, Nicholas SO	
	Worsham, Nathan SR	Smith, Zack SR	
5	ROLES	A	3:33.07
	Clayton, Thomas SO	Young, Greyson JR	
	Delos Santos, Joshua FR	Clayton, William SR	
6	WKFLD	A	4:17.88
	Brown, Gabe SO	Dawson, Drew SO	
	Sellick, Stephen JR	Langheim, Henry SO	
7	HERTG	A	4:32.39
	Catalano, Gabriel SR	Tardy, Martin FR	
	La, Danny JR	Derwin, Nate SR	
8			