



**TRIANGLE AQUATIC CENTER
2024 SWAC
CONFERENCE CHAMPIONSHIP**



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2024 SWAC Conference Championships - 1/20/2024

Meet Program - Meet

Event 1 Women 200 Yard Medley Relay

1:54.99 REGA 4A Region Auto
3:30.99 REGC 4A Region Consider

Lane	Team	Relay	Seed Time	
Heat 1 of 2 Finals				
1	MIDCR	B	2:16.00	REGC
	1) Balsly, Mallory FR	2) Ressler, Olivia SO		
	3) Meredith, Emory SR	4) Hock De Leon, Szaffi JR		
2	AFRND	B	2:07.14	REGC
	1) Broadbent, Carson FR	2) Wright, Lio JR		
	3) Bradley, Hannah SR	4) Risner, Elise JR		
3	HLSPG	A	2:01.95	REGC
	1) Nichols, Cassandra SR	2) Ormondroyd, Tia JR		
	3) Oman, Kennedy FR	4) Barbee, Rylee JR		
4	GRLVL	B	1:56.00	REGC
	1) Thompson, Riley SO	2) Schoenagel, Lauren SO		
	3) McNutt, Payton FR	4) Harmon, Kaelyn SR		
5	PANCR	A	2:01.71	REGC
	1) King, Kaitlyn FR	2) Smith, Breanna SR		
	3) Rao, Dhriti FR	4) Katz, Emory SR		
6	CARY	B	2:02.20	REGC
	1) Grotjohn, Laine SR	2) Vanega, Claudia SR		
	3) VanderBroek, Allie SR	4) Bohinc, Kaylee JR		
7	HLSPG	B	2:08.76	REGC
	1) Rustay, Josephine SR	2) Hill, Samantha SR		
	3) Koch, Emily SR	4) Lindberg, Sydney FR		
8	PANCR	B	2:41.01	REGC
	1) Krishak, Pulak SR	2) Stouder, Andrea SO		
	3) Verma, Aanya SO	4) Rayala, Sai Roopika JR		
Heat 2 of 2 Finals				
1	GRLVL	A	1:54.57	REGA
	1) Ray, Kaylin FR	2) Willis, Lily JR		
	3) Talwar, Tara SO	4) Eklund, Alyssa SO		
2	AFRND	A	1:53.40	REGA
	1) Zettel, Nicole JR	2) Martin, Annabelle SO		
	3) Holland, Addison SO	4) Mouline, Yasmin JR		
3	APEX	B	1:50.84	REGA
	1) Perry, Sophie JR	2) Ivanov, Katya SR		
	3) Marriott, Camilla SR	4) Palmer, Jessica SR		
4	APEX	A	1:48.83	REGA
	1) Cureton, Taylor SR	2) Palmer, Elizabeth JR		
	3) Mueller, Tanith JR	4) White, Marisa SR		
5	GHOPE	A	1:49.65	REGA
	1) Lloyd, Kyley SO	2) Jeltema, Mia JR		
	3) Lu, Angelina SO	4) Quisumbing, Andie SR		
6	GHOPE	B	1:51.19	REGA
	1) Meekins, Nola FR	2) Chia, Keira FR		
	3) Qiu, Janice SO	4) Brewer, Lauren SO		
7	MIDCR	A	1:54.48	REGA
	1) Rendon, Kalle SO	2) Smith, Rachel SR		
	3) Nelson, Savannah FR	4) Rydzewski, Samantha SR		
8	CARY	A	1:55.50	REGC
	1) Burns, Rose FR	2) Carlson, Lauren SO		
	3) Marshall, Toni FR	4) Snyder, Paige FR		

Event 2 Men 200 Yard Medley Relay

1:41.99 REGA 4A Region Auto
2:59.99 REGC 4A Region Consider

Lane	Team	Relay	Seed Time	
Heat 1 of 2 Finals				
1	MIDCR	B	1:56.37	REGC
	1) Hare, Matthew SR	2) Astudillo, Dillon SR		
	3) Roman, Lucas JR	4) Vining, Skyler SO		
2	HLSPG	B	1:53.95	REGC
	1) Forrest, Robert SO	2) Stauffer, Evan SR		
	3) Shelby, Alex FR	4) Swartz, Collin FR		
3	GRLVL	B	1:50.00	REGC
	1) Palamar, Jonathan FR	2) Locklear, Devin SO		
	3) Sun, Jason FR	4) Park, Justin SO		
4	APEX	B	1:48.84	REGC
	1) Tala, Arnav JR	2) Connor, J.P. SO		
	3) Suphavadeprasit, Leo JR	4) Tsang, Teeven SR		
5	GHOPE	B	1:49.19	REGC
	1) Coulter, Ezra FR	2) Hulbig, Marcus SO		
	3) Ravenel, Jaxton SO	4) Satterfield, Walker JR		
6	CARY	B	1:52.89	REGC
	1) Silvester, Courtney SO	2) Lychak, Cael SO		
	3) Jones, Tyler SR	4) Fairlee, Ryan SO		
7	AFRND	B	1:55.41	REGC
	1) Heinzerling, Conrad SO	2) Ziegler, Owen FR		
	3) Phillips, Denver JR	4) Asher, Owen SO		
8	PANCR	B	2:04.97	REGC
	1) Bondo, Christopher JR	2) Chedella, Pramukh FR		
	3) Tang, Kevin FR	4) Walker, Davin SR		
Heat 2 of 2 Finals				
1	HLSPG	A	1:45.06	REGC
	1) Myers, Andrew JR	2) Hogan, Dane JR		
	3) Zockoll, Jackson JR	4) Kondratick, Jack JR		
2	MIDCR	A	1:41.86	REGA
	1) West, Ryan SR	2) Nye, Grayson SR		
	3) Dunaway, Jake FR	4) Clark, Tyler JR		
3	AFRND	A	1:40.83	REGA
	1) Tangeman, Brady SR	2) Marrujo, Christian JR		
	3) Diacumakos, Rowan SR	4) Tangeman, Cole JR		
4	GRLVL	A	1:38.03	REGA
	1) O'Keefe, Leo JR	2) Schoenagel, Matthew SR		
	3) Honaker, Matthew SR	4) Liu, Darren JR		
5	APEX	A	1:40.69	REGA
	1) Tharakan, Abhay JR	2) Kovtushenko, Alex SO		
	3) Trigilio, Domenico SO	4) Leisten, Kai JR		
6	GHOPE	A	1:41.24	REGA
	1) Shalhoub, Nick SO	2) Wu, Levin SR		
	3) Pant, Dhaval SO	4) Wen, Luke JR		
7	PANCR	A	1:44.47	REGC
	1) Harter, Isaac SO	2) Camplin, Charles SO		
	3) Gordy, Gavin JR	4) Nemani, Pranav SR		
8	CARY	A	1:47.37	REGC
	1) Matz, Jordan SO	2) Provost, Calvin FR		
	3) Villalobos, Adrian JR	4) Rakusin, Ben JR		

2024 SWAC Conference Championships - 1/20/2024

Meet Program - Meet

Event 3 Women 200 Yard Freestyle

1:58.49 REGA 4A Region Auto
2:20.99 REGC 4A Region Consider

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Finals

1				
2				
3	Stouder, Andrea	SO	PANCR	2:56.06
4	Mahoney, Alyssa	FR	CARY	2:34.61
5	Stalnaker, Isabella	FR	MIDCR	2:36.00
6				
7				
8				

Heat 2 of 4 Finals

1				
2	Schwadron, Summer	JR	MIDCR	2:23.54
3	Austin, Maggie	JR	APEX	2:20.06 REGC
4	Wright, Lio	JR	AFRND	2:14.95 REGC
5	Haggard, Sydney	SR	HLSFG	2:18.94 REGC
6	Meador, Julia	SO	CARY	2:21.08
7	Cheng, Audrey	SO	PANCR	2:32.17
8				

Heat 3 of 4 Finals

1	O'Donnell, Sedona	FR	GRLVL	2:14.81 REGC
2	Paroly, Sarah	SR	AFRND	2:10.56 REGC
3	McNutt, Payton	FR	GRLVL	2:10.45 REGC
4	Prasanth, Lakshmi	JR	AFRND	2:05.06 REGC
5	Brown, Ella	SO	MIDCR	2:07.61 REGC
6	Thompson, Riley	SO	GRLVL	2:10.46 REGC
7	Hill, Samantha	SR	HLSFG	2:13.67 REGC
8	Nguyen, Elizabeth	SO	APEX	2:14.87 REGC

Heat 4 of 4 Finals

1	Kupfrian, Paige	SO	GHOPE	2:04.58 REGC
2	Palmer, Jessica	SR	APEX	1:59.97 REGC
3	Whelehan, Sloane	FR	GHOPE	1:55.62 REGA
4	Holfelder, Sydney	JR	AFRND	1:52.61 REGA
5	Whelehan, Mere	JR	GHOPE	1:53.32 REGA
6	Perry, Sophie	JR	APEX	1:59.64 REGC
7	Megaly, Melina	FR	GHOPE	2:01.89 REGC
8	Slavis, Alexandra	SO	APEX	2:04.80 REGC

Event 4 Men 200 Yard Freestyle

1:49.99 REGA 4A Region Auto
2:09.99 REGC 4A Region Consider

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Finals

1				
2				
3	Vining, Skyler	SO	MIDCR	2:25.58
4	Lee, Jordan	JR	MIDCR	2:17.62
5	Conrad, Noah	SR	MIDCR	2:24.02
6				
7				
8				

Heat 2 of 4 Finals

1				
2	Watts, Luke	JR	GRLVL	2:04.20 REGC
3	Zockoll, Jackson	JR	HLSFG	2:00.81 REGC
4	Provost, Calvin	FR	CARY	2:00.51 REGC
5	Sonntag, Flynn	SO	APEX	2:00.63 REGC
6	Ivanov, Alec	FR	APEX	2:03.17 REGC
7	Reyes, Alejandro	FR	MIDCR	2:14.63
8				

Heat 3 of 4 Finals

1	Wen, Luke	JR	GHOPE	1:59.68 REGC
2	Gordy, Gavin	JR	PANCR	1:56.67 REGC
3	Helmedag, Rigs	SO	APEX	1:54.85 REGC
4	Oman, Erik	JR	HLSFG	1:52.94 REGC
5	Marrujo, Max	SR	AFRND	1:54.19 REGC
6	Sun, Jason	FR	GRLVL	1:55.95 REGC
7	Leisten, Quinn	JR	APEX	1:58.38 REGC
8	Valeriotte, Benjamin	SO	PANCR	2:00.00 REGC

Heat 4 of 4 Finals

1	Harter, Isaac	SO	PANCR	1:52.08 REGC
2	Park, Justin	SO	GRLVL	1:49.00 REGA
3	Farrell, Brian	SR	GHOPE	1:46.69 REGA
4	Lloyd, Landon	SR	GHOPE	1:42.23 REGA
5	Diacumakos, Rowan	SR	AFRND	1:45.66 REGA
6	Matz, Jordan	SO	CARY	1:48.51 REGA
7	Locklear, Devin	SO	GRLVL	1:50.92 REGC
8	Hall, Jackson	SR	CARY	1:52.21 REGC

Event 5 Women 200 Yard IM

2:13.49 REGA 4A Region Auto
2:39.99 REGC 4A Region Consider

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Finals

1				
2	Zheng, Claire	SO	PANCR	4:00.00
3	Andrzejewski, Eden	SO	AFRND	2:41.08
4	Swartzfager, Emma	FR	HLSFG	2:38.23 REGC
5	Joseph, Shruti	JR	AFRND	2:40.73
6	Andrzejewski, Stasia	SR	AFRND	2:42.28
7				
8				

Heat 2 of 4 Finals

1	Lorion, Avary	JR	HLSFG	2:35.47 REGC
2	Ko, Erae	SR	HLSFG	2:29.71 REGC
3	Snyder, Paige	FR	CARY	2:27.89 REGC
4	Schoenagel, Lauren	SO	GRLVL	2:22.00 REGC
5	Meekins, Sophie	JR	GHOPE	2:27.66 REGC
6	VanderBroek, Allie	SR	CARY	2:28.42 REGC
7	Meredith, Emory	SR	MIDCR	2:32.15 REGC
8	Wadhwa, Maya	SR	AFRND	2:36.17 REGC

2024 SWAC Conference Championships - 1/20/2024

Meet Program - Meet

Heat 3 Finals (#5 Women 200 Yard IM)

1	Stuart, Freddie	SO	APEX	2:21.15	REGC
2	Locklear, Marissa	FR	GRLVL	2:19.41	REGC
3	Marshall, Toni	FR	CARY	2:14.53	REGC
4	Smith, Breanna	SR	PANCR	2:13.85	REGC
5	Broadbent, Carson	FR	AFRND	2:13.93	REGC
6	Palmer, Elizabeth	JR	APEX	2:16.18	REGC
7	Hall, Mackenzie	FR	CARY	2:19.90	REGC
8	Oman, Kennedy	FR	HLSPG	2:21.48	REGC

Heat 4 of 4 Finals

1	Rendon, Kalle	SO	MIDCR	2:12.08	REGA
2	Ivanov, Katya	SR	APEX	2:10.72	REGA
3	Qiu, Janice	SO	GHOPE	2:07.45	REGA
4	Jeltema, Mia	JR	GHOPE	2:05.65	REGA
5	Zettel, Nicole	JR	AFRND	2:07.33	REGA
6	Willis, Lily	JR	GRLVL	2:08.39	REGA
7	Lloyd, Kyley	SO	GHOPE	2:10.84	REGA
8	Chia, Keira	FR	GHOPE	2:13.80	REGC

Event 6 Men 200 Yard IM

2:02.99 REGA 4A Region Auto

2:32.99 REGC 4A Region Consider

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Finals

1	Bondo, Christopher	JR	PANCR	2:45.00	
2	Roman, Lucas	JR	MIDCR	2:29.38	REGC
3	Kumar, Arjun	SO	GRLVL	2:25.59	REGC
4	Kovtushenko, Alex	SO	APEX	2:10.07	REGC
5	Suphavadeprasit, Leo	JR	APEX	2:12.07	REGC
6	Koppol, Shiva	SR	GRLVL	2:28.86	REGC
7	Nicholson, Connel	SO	CARY	2:29.77	REGC
8	Walker, Davin	SR	PANCR	2:45.00	

Heat 2 of 3 Finals

1	Connor, J.P.	SO	APEX	2:09.69	REGC
2	Trigilio, Domenico	SO	APEX	2:08.55	REGC
3	Rothchild, Brennan	JR	AFRND	2:06.91	REGC
4	Villalobos, Adrian	JR	CARY	2:05.26	REGC
5	Shalhoub, Nick	SO	GHOPE	2:06.45	REGC
6	Park, Joseph	JR	GRLVL	2:08.28	REGC
7	Camplin, Charles	SO	PANCR	2:09.00	REGC
8	Dunaway, Jake	FR	MIDCR	2:09.82	REGC

Heat 3 of 3 Finals

1	Hogan, Dane	JR	HLSPG	2:03.70	REGC
2	Tharakan, Abhay	JR	APEX	1:59.96	REGA
3	Peck, Connor	SR	GRLVL	1:56.85	REGA
4	Nye, Grayson	SR	MIDCR	1:51.83	REGA
5	Schoenagel, Matthew	SR	GRLVL	1:56.20	REGA
6	Marrujo, Christian	JR	AFRND	1:58.61	REGA
7	Liu, Darren	JR	GRLVL	2:01.11	REGA
8	Kondratick, Jack	JR	HLSPG	2:05.01	REGC

Event 7 Women 50 Yard Freestyle

25.49 REGA 4A Region Auto

27.99 REGC 4A Region Consider

Lane	Name	Yr	School	Seed Time
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Heat 1 of 13 Finals

1	Odnam, Riya	FR	GRLVL	X42.89
2	Poosarla, Sruti	FR	GRLVL	X36.55
3	Demarco, Camila	SO	APEX	X35.62
4	Kurmana, Jhanisha	JR	GRLVL	X34.69
5	Tunney, Leanna	JR	CARY	X34.78
6	Ingram, Leann	SO	APEX	X35.95
7	Golfari, Sophia	FR	AFRND	X38.35
8	Marube, Lyn	SR	AFRND	X44.59

Heat 2 of 13 Finals

1	Lingenfelter, Peyton	FR	AFRND	X34.30
2	Weinstein, Talia	SR	APEX	X33.43
3	Padaria, Misbah	SO	HLSPG	X32.92
4	Barr, Tyler	JR	CARY	X32.09
5	Wishon, Isabella	JR	CARY	X32.43
6	Sharma, Aadrika	SO	GRLVL	X32.97
7	Dykema, Cavanna	FR	HLSPG	X33.54
8	Dykema, Eleanor	JR	HLSPG	X34.67

Heat 3 of 13 Finals

1	Smith, Lauren	SR	HLSPG	X31.80
2	James, Sydney	SR	CARY	X31.15
3	Perez Diaz, Paula	SO	AFRND	X30.66
4	Mayadeo, Amruta	FR	GHOPE	X30.36
5	Arndt, Maggie	JR	CARY	X30.39
6	Kudlak, Penny	SR	CARY	X30.89
7	Thakur, Anika	FR	GRLVL	X31.70
8	Wen, Sydnee	JR	GRLVL	X32.00

Heat 4 of 13 Finals

1	Allu, Sahasra	SO	GHOPE	X30.18
2	Murali, Gauri	SO	GHOPE	X29.94
3	Li, Sophia	FR	GHOPE	X29.84
4	Ubinger, Nora	JR	GHOPE	X29.55
5	Horvath, Rylee	JR	AFRND	X29.57
6	Zonruiter, Lilly	FR	CARY	X29.92
7	Snyder, Kelsey	SO	CARY	X30.04
8	Padaria, Malaikah	SO	HLSPG	X30.20

Heat 5 of 13 Finals

1	Snelling, Bridget	FR	GHOPE	X28.21
2	Lauver, Lindsay	JR	GHOPE	X27.19 REGC
3	Verma, Aanya	SO	PANCR	40.96
4	Chotaliya, Maahi	SO	PANCR	37.37
5	Melpati, Meghana	SO	PANCR	40.90
6	Bharti, Suchin	FR	PANCR	45.03
7	Dane, Caitlin	SO	GHOPE	X28.13
8	Caldwell, Anna	JR	HLSPG	X29.02

2024 SWAC Conference Championships - 1/20/2024

Meet Program - Meet

Heat 6 Finals (#7 Women 50 Yard Freestyle)

1	Bhadola, Manasvi	FR	PANCR	35.61
2	Acharya, Radha	SO	PANCR	34.86
3	Atanasova, Alexandra	SO	GHOPE	34.64
4	Heinisch, Cora	FR	MIDCR	34.48
5	Ayres, Zia	SO	APEX	34.48
6	Krishak, Pulak	SR	PANCR	34.67
7	Parekh, Deeya	FR	PANCR	35.00
8	Jolly, Saran	JR	PANCR	37.25

Heat 7 of 13 Finals

1	Gounder, Diya	FR	PANCR	33.79
2	Stouder, Andrea	SO	PANCR	32.69
3	Hill, Katie	JR	CARY	32.28
4	Moore, Elizabeth	SR	GRLVL	31.83
5	Hussaini, Sameena	SR	APEX	31.84
6	West, Lara	JR	APEX	32.39
7	Plant, Elizabeth	SO	GRLVL	33.00
8	Leiva, Ellia	FR	GRLVL	34.00

Heat 8 of 13 Finals

1	Zanone, Charlotte	SR	APEX	31.64
2	Sampson, Annabel	SR	APEX	31.00
3	Dano, Malie	FR	GHOPE	30.75
4	Ressler, Olivia	SO	MIDCR	29.98
5	Hock De Leon, Szaffi	JR	MIDCR	30.00
6	Reddy, Shriya	SO	APEX	30.84
7	Joshi, Anya	JR	AFRND	31.17
8	Rayala, Sai Roopika	JR	PANCR	31.73

Heat 9 of 13 Finals

1	Saxena, Naisha	SO	PANCR	29.89
2	Parikh, Ashmi	SO	GRLVL	29.79
3	Dixon, Mati	FR	GRLVL	29.55
4	Blair, Maya	SR	AFRND	29.03
5	Meador, Julia	SO	CARY	29.26
6	Park, Juyoung	SR	GRLVL	29.71
7	Wilson, Claire	SO	CARY	29.80
8	Cheng, Audrey	SO	PANCR	29.90

Heat 10 of 13 Finals

1	Bradley, Hannah	SR	AFRND	28.77
2	McNally, Michaela	JR	AFRND	28.57
3	Paroly, Sarah	SR	AFRND	28.43
4	Harmon, Kaelyn	SR	GRLVL	28.12
5	Leising, Lily	SO	HLSPG	28.35
6	Grotjohn, Laine	SR	CARY	28.56
7	Collins, Sidd	JR	CARY	28.63
8	Swafford, Elizabeth	JR	GRLVL	29.00

Heat 11 of 13 Finals

1	Rakusin, Lia	SO	CARY	27.97	REGC
2	Mack, Carly	JR	AFRND	27.49	REGC
3	Bohinc, Kaylee	JR	CARY	27.29	REGC
4	Vestal, Chloe	SR	GHOPE	26.99	REGC
5	Risner, Elise	JR	AFRND	27.27	REGC
6	Barbee, Rylee	JR	HLSPG	27.38	REGC
7	Pazokian, Sarah	SR	GHOPE	27.60	REGC
8	Hochanadel, Sarah	SO	CARY	28.12	

Heat 12 of 13 Finals

1	Holfelder, Lyla	FR	AFRND	26.86	REGC
2	Byrd, Eden	FR	GHOPE	26.48	REGC
3	Nichols, Cassandra	SR	HLSPG	26.15	REGC
4	Ray, Kaylin	FR	GRLVL	26.00	REGC
5	Katz, Emory	SR	PANCR	26.15	REGC
6	Brewer, Lauren	SO	GHOPE	26.38	REGC
7	Mouline, Yasmin	JR	AFRND	26.48	REGC
8	Davidson, Macy	FR	GHOPE	26.99	REGC

Heat 13 of 13 Finals

1	Carlson, Lauren	SO	CARY	25.90	REGC
2	Marriott, Camilla	SR	APEX	25.73	REGC
3	Lu, Angelina	SO	GHOPE	24.92	REGA
4	Cureton, Taylor	SR	APEX	24.48	REGA
5	Quisumbing, Andie	SR	GHOPE	24.91	REGA
6	Rydzewski, Samantha	SR	MIDCR	25.26	REGA
7	Craig, Ailey	FR	CARY	25.74	REGC
8	Goli, Anushka	FR	PANCR	25.95	REGC

Event 8 Men 50 Yard Freestyle

22.49 REGA 4A Region Auto

24.99 REGC 4A Region Consider

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 14 Finals

1					
2	Garodhara, Smit	SO	PANCR		X38.85
3	Jeong, Brian	SR	PANCR		X34.43
4	Attaluri, Krish	FR	GRLVL		X32.66
5	Jin, Edward	FR	GHOPE		X33.79
6	Zhang, Mason	FR	GRLVL		X36.00
7	Kasiviswanathan, Tejas	FR	AFRND		X39.04
8					

Heat 2 of 14 Finals

1	Khungar, Ansh	SO	PANCR		X30.64
2	Chigurupati, Nishanth	SO	GRLVL		X30.08
3	Sudunagunta, Saahil	FR	GRLVL		X29.34
4	Shah, Ishaan	FR	GRLVL		X29.24
5	Hill, Max	SO	GRLVL		X29.28
6	Detmar, Kenneth	SO	GRLVL		X29.62
7	Sharma, Ishaan	SO	GRLVL		X30.14
8	Soni, Shrey	SO	PANCR		X31.28

Heat 3 of 14 Finals

1	Vyahalkar, Arav	FR	GHOPE		X29.04
2	Xu, Michael	FR	GRLVL		X29.00
3	Iwaniw, Jacob	SO	GRLVL		X28.40
4	Mitchell, Adam	SO	GHOPE		X28.14
5	Li, Jerry	SR	PANCR		X28.25
6	Rahalkar, Shreyas	FR	GHOPE		X28.64
7	Damle, Anuj	SO	GRLVL		X29.02
8	Catalano, Augusto	JR	GRLVL		X29.11

2024 SWAC Conference Championships - 1/20/2024

Meet Program - Meet

Heat 4 Finals (#8 Men 50 Yard Freestyle)

1	Gandhi, Eshaan	JR	GRLVL	X27.57
2	Baugh, Nicklaus	SR	GHOPE	X27.27
3	Sanford, Cole	FR	GHOPE	X26.67
4	Garlinghouse, Max	SO	GRLVL	X26.39
5	Thakur, Abhinav	JR	GRLVL	X26.40
6	Brostedt, Aubrey	FR	GHOPE	X26.84
7	Auerbach, Nicholas	FR	GHOPE	X27.49
8	Muppalam, Karthik	FR	GHOPE	X27.59

Heat 5 of 14 Finals

1	Komireddy, Vachan	FR	GRLVL	X26.33
2	Gupta, Shikhar	JR	PANCR	37.58
3	Mitchell, Owen	SO	AFRND	35.08
4	Khan, Aadil	JR	GHOPE	33.61
5	Lai, Trung	JR	PANCR	34.17
6	Mahalingam, Nithinram	SO	PANCR	37.00
7	Rath, Ishaan	JR	GRLVL	X26.20
8	Chen, Dylan	SO	GHOPE	X26.38

Heat 6 of 14 Finals

1	Singh, Ruhaann	FR	AFRND	32.38
2	Jogi, Sohan	SO	AFRND	30.19
3	Studer, Eric	JR	APEX	29.74
4	Casey, Justin	JR	GRLVL	29.00
5	Hooten, Mitchell	SO	PANCR	29.59
6	Sajan, Daniel	SO	PANCR	29.78
7	Prasad, Ayush	JR	PANCR	31.79
8	Brennan, Matthew	SO	HLSPG	32.46

Heat 7 of 14 Finals

1	Lee, Jordan	JR	MIDCR	28.46
2	Murphy, Sean	SO	CARY	28.36
3	Shaha, Arham	SO	PANCR	28.11
4	Silvester, Courtney	SO	CARY	27.97
5	Peterson, Brandon	JR	APEX	27.99
6	Ha, William	JR	PANCR	28.34
7	Roman, Cruz	FR	MIDCR	28.39
8	Nemani, Pradyun	FR	PANCR	28.52

Heat 8 of 14 Finals

1	Fang, Ethan	SO	PANCR	27.51
2	Tang, Kevin	FR	PANCR	26.97
3	Carlson, Ethan	SR	CARY	26.94
4	Osman, Alex	FR	AFRND	26.79
5	Lee, Alvin	SR	PANCR	26.81
6	Leahy, Aidan	JR	GRLVL	26.95
7	Cerda, Andrew	FR	HLSPG	27.42
8	Prudhomme, Everett	FR	GHOPE	27.76

Heat 9 of 14 Finals

1	Bolton, Bryce	JR	APEX	26.70
2	Farrelly, Jack	SR	CARY	26.44
3	Licata, Adam	JR	GRLVL	26.32
4	Miller, Ryan	FR	GHOPE	26.27
5	Ursescu, Tristan	FR	GHOPE	26.31
6	Scudder, Nathan	SR	AFRND	26.33
7	Evans, Jacob	SR	CARY	26.60
8	Ziegler, Owen	FR	AFRND	26.74

Heat 10 of 14 Finals

1	Xu, Brandon	JR	PANCR	26.09
2	Marshall, Mehan	FR	PANCR	26.06
3	Ravenel, Jaxton	SO	GHOPE	25.91
4	Levesque, Jacob	FR	GHOPE	25.85
5	Bollapalli, Rishi	SR	GRLVL	25.88
6	Wegner, Ethan	FR	GHOPE	25.99
7	Chedella, Pramukh	FR	PANCR	26.06
8	Delcambre, Clay	SO	CARY	26.09

Heat 11 of 14 Finals

1	Phillips, Denver	JR	AFRND	25.70
2	Henderson, Miles	SO	GRLVL	25.66
3	Harris, Davis	SR	CARY	25.38
4	Benzing, William	SO	AFRND	25.15
5	Swartz, Collin	FR	HLSPG	25.23
6	Beauchesne, Alexi	SR	HLSPG	25.47
7	Jewett, Matthew	FR	GHOPE	25.69
8	Asher, Owen	SO	AFRND	25.85

Heat 12 of 14 Finals

1	Clark, Tyler	JR	MIDCR	24.91	REGC
2	Dighe, Veer	SO	HLSPG	24.72	REGC
3	Cui, Chris	SR	GRLVL	24.65	REGC
4	Koppol, Shiva	SR	GRLVL	24.63	REGC
5	Pant, Dhaval	SO	GHOPE	24.65	REGC
6	Jones, Tyler	SR	CARY	24.65	REGC
7	Satterfield, Walker	JR	GHOPE	24.76	REGC
8	Mohammed, Suhaib	SR	GRLVL	25.00	

Heat 13 of 14 Finals

1	Mack, Leo	JR	AFRND	24.36	REGC
2	Coulter, Ezra	FR	GHOPE	24.29	REGC
3	Fairlee, Ryan	SO	CARY	23.83	REGC
4	Rakusin, Ben	JR	CARY	23.39	REGC
5	Hulbig, Marcus	SO	GHOPE	23.81	REGC
6	Cyran, Joseph	SR	GRLVL	23.92	REGC
7	Papp, Alex	FR	CARY	24.31	REGC
8	Tala, Arnav	JR	APEX	24.49	REGC

Heat 14 of 14 Finals

1	Wu, Levin	SR	GHOPE	23.36	REGC
2	Li, Jerry	SO	GRLVL	23.00	REGC
3	Leisten, Kai	JR	APEX	22.66	REGC
4	Honaker, Matthew	SR	GRLVL	21.60	REGA
5	Singletary, Cohen	JR	AFRND	22.00	REGA
6	West, Ryan	SR	MIDCR	22.92	REGC
7	Kehn, Lucas	SR	GHOPE	23.05	REGC
8	Tsang, Teeven	SR	APEX	23.37	REGC

2024 SWAC Conference Championships - 1/20/2024

Meet Program - Meet

Event 11 Women 100 Yard Butterfly

1:00.49 REGA 4A Region Auto

1:12.99 REGC 4A Region Consider

Lane	Name	Yr School	Seed Time
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Heat 1 of 4 Finals

1			
2			
3	Meredith, Emory	SR MIDCR	1:13.93
4	Austin, Maggie	JR APEX	1:09.99 REGC
5	Bradley, Hannah	SR AFRND	1:11.95 REGC
6	Balsly, Mallory	FR MIDCR	1:18.68
7			
8			

Heat 2 of 4 Finals

1	Kudlak, Lizzy	SO CARY	1:08.77 REGC
2	Rao, Dhriti	FR PANCR	1:07.69 REGC
3	Rustay, Josephine	SR HLSPG	1:07.09 REGC
4	Koch, Emily	SR HLSPG	1:05.70 REGC
5	Mertens, Lucia	JR GHOPE	1:06.49 REGC
6	VanderBroek, Allie	SR CARY	1:07.55 REGC
7	Lanut, Mia	SR GRLVL	1:08.17 REGC
8	Pelletier, Muriel	FR CARY	1:09.89 REGC

Heat 3 of 4 Finals

1	Burdick, Lilly	FR GHOPE	1:04.52 REGC
2	Helmedag, Rosemary	JR APEX	1:03.68 REGC
3	Byrd, Eden	FR GHOPE	1:03.19 REGC
4	Holland, Addison	SO AFRND	1:00.72 REGC
5	Valentine, Samantha	SO GHOPE	1:03.19 REGC
6	Hall, Mackenzie	FR CARY	1:03.42 REGC
7	Mouline, Yasmin	JR AFRND	1:04.23 REGC
8	Matheny, Natalie	FR CARY	1:05.55 REGC

Heat 4 of 4 Finals

1	Talwar, Tara	SO GRLVL	1:00.41 REGA
2	Palmer, Jessica	SR APEX	1:00.03 REGA
3	Marriott, Camilla	SR APEX	59.88 REGA
4	Quisumbing, Andie	SR GHOPE	56.50 REGA
5	White, Marisa	SR APEX	59.45 REGA
6	Lu, Angelina	SO GHOPE	59.91 REGA
7	Mueller, Tanith	JR APEX	1:00.16 REGA
8	Nelson, Savannah	FR MIDCR	1:00.43 REGA

Event 12 Men 100 Yard Butterfly

53.99 REGA 4A Region Auto

1:04.99 REGC 4A Region Consider

Lane	Name	Yr School	Seed Time
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Heat 1 of 3 Finals

1	Cole, Toby	SO CARY	1:11.40
2	Bachle, Timothy	SO APEX	1:06.66
3	Marshall, Mehan	FR PANCR	1:02.99 REGC
4	Roman, Lucas	JR MIDCR	1:00.92 REGC
5	Lychak, Cael	SO CARY	1:02.87 REGC
6	Evans, Jacob	SR CARY	1:06.47
7	Reyes, Alejandro	FR MIDCR	1:07.73
8			

Heat 2 of 3 Finals

1	Shelby, Alex	FR HLSPG	1:00.15 REGC
2	Valeriotte, Benjamin	SO PANCR	59.63 REGC
3	Tsang, Teeven	SR APEX	57.72 REGC
4	Dunaway, Jake	FR MIDCR	57.11 REGC
5	Zockoll, Jackson	JR HLSPG	57.24 REGC
6	Onori, Leo	FR GRLVL	58.90 REGC
7	Sonntag, Calvin	SR APEX	59.76 REGC
8	Papp, Alex	FR CARY	1:00.74 REGC

Heat 3 of 3 Finals

1	Myers, Andrew	JR HLSPG	55.94 REGC
2	Tangeman, Brady	SR AFRND	54.93 REGC
3	O'Keefe, Leo	JR GRLVL	53.93 REGA
4	Lloyd, Landon	SR GHOPE	51.93 REGA
5	Diacumakos, Rowan	SR AFRND	53.43 REGA
6	Palamar, Jonathan	FR GRLVL	54.65 REGC
7	Trigilio, Domenico	SO APEX	55.38 REGC
8	Suphavadeprasit, Leo	JR APEX	56.94 REGC

Event 13 Women 100 Yard Freestyle

54.99 REGA 4A Region Auto

1:02.99 REGC 4A Region Consider

Lane	Name	Yr School	Seed Time
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Heat 1 of 7 Finals

1			
2			
3	Melpati, Meghana	SO PANCR	1:36.11
4	Chotaliya, Maahi	SO PANCR	1:25.88
5	Verma, Aanya	SO PANCR	1:33.90
6	Bharti, Suchin	FR PANCR	1:50.00
7			
8			

Heat 2 of 7 Finals

1	Bhadola, Manasvi	FR PANCR	1:20.10
2	Parekh, Deeya	FR PANCR	1:19.38
3	Zanone, Charlotte	SR APEX	1:14.92
4	Rayala, Sai Roopika	JR PANCR	1:13.25
5	Gounder, Diya	FR PANCR	1:14.47
6	Atanasova, Alexandra	SO GHOPE	1:15.98
7	Leiva, Ellia	FR GRLVL	1:19.99
8	Jolly, Saran	JR PANCR	1:23.23

Heat 3 of 7 Finals

1	Hill, Katie	JR CARY	1:12.28
2	Bruce, Ainslee	SO HLSPG	1:09.63
3	Wilson, Claire	SO CARY	1:07.83
4	Sampson, Annabel	SR APEX	1:06.86
5	Dott, Julia	JR APEX	1:06.93
6	Kelley, Adley	FR GRLVL	1:08.47
7	Goli, Anushka	FR PANCR	1:11.62
8	Joshi, Anya	JR AFRND	1:12.49

2024 SWAC Conference Championships - 1/20/2024

Meet Program - Meet

Heat 4 Finals (#13 Women 100 Yard Freestyle)

1	Joseph, Shruti	JR	AFRND	1:06.53
2	Hock De Leon, Szaffi	JR	MIDCR	1:05.78
3	Collins, Sidd	JR	CARY	1:04.42
4	Saxena, Naisha	SO	PANCR	1:04.16
5	Vanega, Claudia	SR	CARY	1:04.39
6	Kim, Juliette	FR	AFRND	1:05.13
7	Reddy, Shriya	SO	APEX	1:05.84
8	Blair, Maya	SR	AFRND	1:06.85

Heat 5 of 7 Finals

1	Lehrer, Samantha	SR	HLSFG	1:03.69
2	Haggard, Sydney	SR	HLSFG	1:03.32
3	O'Donnell, Sedona	FR	GRLVL	1:02.77 REGC
4	McNally, Michaela	JR	AFRND	1:02.60 REGC
5	Lindberg, Sydney	FR	HLSFG	1:02.70 REGC
6	Koneru, Dhriti	JR	GRLVL	1:02.92 REGC
7	Hochanadel, Sarah	SO	CARY	1:03.58
8	Strunk, Julia	FR	APEX	1:03.93

Heat 6 of 7 Finals

1	Rao, Dhriti	FR	PANCR	1:01.89 REGC
2	Rakusin, Lia	SO	CARY	1:01.46 REGC
3	Holfelder, Lyla	FR	AFRND	1:00.87 REGC
4	Smith, Rachel	SR	MIDCR	59.64 REGC
5	Risner, Elise	JR	AFRND	1:00.72 REGC
6	Mack, Carly	JR	AFRND	1:00.93 REGC
7	Wright, Lio	JR	AFRND	1:01.63 REGC
8	Locklear, Marissa	FR	GRLVL	1:02.00 REGC

Heat 7 of 7 Finals

1	Craig, Ailey	FR	CARY	56.47 REGC
2	Rendon, Kalle	SO	MIDCR	55.90 REGC
3	Whelehan, Sloane	FR	GHOPE	54.06 REGA
4	Whelehan, Mere	JR	GHOPE	51.98 REGA
5	Holfelder, Sydney	JR	AFRND	53.34 REGA
6	Cureton, Taylor	SR	APEX	54.46 REGA
7	Nichols, Cassandra	SR	HLSFG	56.23 REGC
8	Katz, Emory	SR	PANCR	59.20 REGC

Event 14 Men 100 Yard Freestyle

49.49 REGA 4A Region Auto

55.99 REGC 4A Region Consider

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 7 Finals

1					
2					
3	Gupta, Shikhar	JR	PANCR	1:23.88	
4	Prasad, Ayush	JR	PANCR	1:17.59	
5	Mitchell, Owen	SO	AFRND	1:19.18	
6					
7					
8					

Heat 2 of 7 Finals

1	Brennan, Matthew	SO	HLSFG	1:14.29
2	Studer, Eric	JR	APEX	1:10.51
3	Hooten, Mitchell	SO	PANCR	1:07.24
4	Murphy, Sean	SO	CARY	1:06.01
5	Shaha, Arham	SO	PANCR	1:06.83
6	Sajan, Daniel	SO	PANCR	1:08.63
7	Ermolaev, Igor	FR	AFRND	1:13.24
8	Khan, Aadil	JR	GHOPE	1:16.17

Heat 3 of 7 Finals

1	Guffey, Caleb	SR	HLSFG	1:04.97
2	Bolton, Bryce	JR	APEX	1:02.08
3	Bollapalli, Rishi	SR	GRLVL	1:00.67
4	Walker, Davin	SR	PANCR	1:00.27
5	Asher, Owen	SO	AFRND	1:00.34
6	Harris, Davis	SR	CARY	1:01.35
7	Carlson, Ethan	SR	CARY	1:03.79
8	Peterson, Brandon	JR	APEX	1:05.45

Heat 4 of 7 Finals

1	Farrelly, Jack	SR	CARY	59.71
2	Phillips, Denver	JR	AFRND	57.78
3	Swartz, Collin	FR	HLSFG	57.60
4	Levesque, Jacob	FR	GHOPE	56.85
5	Chedella, Pramukh	FR	PANCR	57.00
6	Astudillo, Dillon	SR	MIDCR	57.74
7	Nicholson, Connel	SO	CARY	59.55
8	Roman, Cruz	FR	MIDCR	59.78

Heat 5 of 7 Finals

1	Ivanov, Alec	FR	APEX	56.80
2	Fairlee, Ryan	SO	CARY	56.23
3	Onori, Leo	FR	GRLVL	56.05
4	Ravenel, Jaxton	SO	GHOPE	55.42 REGC
5	Hare, Matthew	SR	MIDCR	55.85 REGC
6	Jones, Tyler	SR	CARY	56.19
7	Jewett, Matthew	FR	GHOPE	56.36
8	Miller, Ryan	FR	GHOPE	56.83

Heat 6 of 7 Finals

1	Benzing, William	SO	AFRND	54.91 REGC
2	Pant, Dhaval	SO	GHOPE	53.97 REGC
3	Li, Jerry	SO	GRLVL	53.55 REGC
4	Coulter, Ezra	FR	GHOPE	52.76 REGC
5	Watts, Luke	JR	GRLVL	53.38 REGC
6	Mack, Leo	JR	AFRND	53.95 REGC
7	Forrest, Robert	SO	HLSFG	54.41 REGC
8	Heinzerling, Conrad	SO	AFRND	55.10 REGC

Heat 7 of 7 Finals

1	Hall, Jackson	SR	CARY	51.91 REGC
2	Kehn, Lucas	SR	GHOPE	50.08 REGC
3	Nemani, Pranav	SR	PANCR	49.62 REGC
4	Singleary, Cohen	JR	AFRND	49.12 REGA
5	Tangeman, Cole	JR	AFRND	49.51 REGC
6	Honaker, Matthew	SR	GRLVL	49.96 REGC
7	Leisten, Kai	JR	APEX	50.09 REGC
8	Wen, Luke	JR	GHOPE	52.63 REGC

2024 SWAC Conference Championships - 1/20/2024

Meet Program - Meet

Event 15 Women 500 Yard Freestyle

5:17.49 REGA 4A Region Auto
6:30.99 REGC 4A Region Consider

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Finals

1				
2				
3	Monge, Annabella	JR	GHOPE	6:27.15 REGC
4	McNutt, Payton	FR	GRLVL	5:56.60 REGC
5	King, Kaitlyn	FR	PANCR	6:00.48 REGC
6				
7				
8				

Heat 2 of 3 Finals

1	Eklund, Alyssa	SO	GRLVL	5:55.00 REGC
2	Oman, Kennedy	FR	HLSFG	5:41.46 REGC
3	Helmedag, Rosemary	JR	APEX	5:34.48 REGC
4	Broadbent, Carson	FR	AFRND	5:27.12 REGC
5	Megaly, Melina	FR	GHOPE	5:29.62 REGC
6	Brown, Ella	SO	MIDCR	5:35.72 REGC
7	Ray, Kaylin	FR	GRLVL	5:45.00 REGC
8				

Heat 3 of 3 Finals

1	Mueller, Tanith	JR	APEX	5:27.05 REGC
2	Martin, Annabelle	SO	AFRND	5:22.23 REGC
3	Meekins, Nola	FR	GHOPE	5:13.85 REGA
4	Zettel, Nicole	JR	AFRND	5:06.70 REGA
5	White, Marisa	SR	APEX	5:10.50 REGA
6	Rydzewski, Samantha	SR	MIDCR	5:14.55 REGA
7	Ormondroyd, Tia	JR	HLSFG	5:24.72 REGC
8	Burns, Rose	FR	CARY	5:27.05 REGC

Event 16 Men 500 Yard Freestyle

4:57.49 REGA 4A Region Auto
6:30.99 REGC 4A Region Consider

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Finals

1				
2				
3	Conrad, Noah	SR	MIDCR	6:44.25
4	Lilyquist, Mikael	FR	MIDCR	6:04.03 REGC
5	Vining, Skyler	SO	MIDCR	6:20.23 REGC
6				
7				
8				

Heat 2 of 3 Finals

1	Tang, Kevin	FR	PANCR	5:37.80 REGC
2	Sonntag, Calvin	SR	APEX	5:19.68 REGC
3	Sonntag, Flynn	SO	APEX	5:15.85 REGC
4	Perkins, Wyatt	SO	GRLVL	5:03.64 REGC
5	Helmedag, Rigs	SO	APEX	5:05.04 REGC
6	Marrujo, Max	SR	AFRND	5:19.06 REGC
7	Allen, Colton	SO	AFRND	5:21.99 REGC
8				

Heat 3 of 3 Finals

1	Peck, Connor	SR	GRLVL	5:00.00 REGC
2	Oman, Erik	JR	HLSFG	4:55.78 REGA
3	Camplin, Charles	SO	PANCR	4:55.56 REGA
4	Matz, Jordan	SO	CARY	4:50.88 REGA
5	Park, Justin	SO	GRLVL	4:54.11 REGA
6	Marrujo, Christian	JR	AFRND	4:55.77 REGA
7	Shalhoub, Nick	SO	GHOPE	4:59.27 REGC
8	Provost, Calvin	FR	CARY	5:03.58 REGC

Event 17 Women 200 Yard Freestyle Relay

1:46.49 REGA 4A Region Auto
2:59.99 REGC 4A Region Consider

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Finals

1	PANCR	B	2:29.42 REGC
	1) Saxena, Naisha SO	2) Bhadola, Manasvi FR	
	3) Gounder, Diya FR	4) Krishak, Pulak SR	
2	GRLVL	B	1:59.00 REGC
	1) Harmon, Kaelyn SR	2) Koneru, Dhriti JR	
	3) O'Donnell, Sedona FR	4) Swafford, Elizabeth JR	
3	AFRND	B	1:55.48 REGC
	1) Mack, Carly JR	2) McNally, Michaela JR	
	3) Blair, Maya SR	4) Risner, Elise JR	
4	CARY	B	1:52.29 REGC
	1) Rakusin, Lia SO	2) Matheny, Natalie FR	
	3) Collins, Sidd JR	4) Hochanadel, Sarah SO	
5	APEX	B	1:52.61 REGC
	1) Strunk, Julia FR	2) Nguyen, Elizabeth SO	
	3) Stuart, Freddie SO	4) Slavis, Alexandra SO	
6	HLSFG	B	1:56.07 REGC
	1) Koch, Emily SR	2) Leising, Lily SO	
	3) Haggard, Sydney SR	4) Swartzfager, Emma FR	
7	MIDCR	A	2:14.47 REGC
	1) Brown, Ella SO	2) Heinisch, Cora FR	
	3) Stalnaker, Isabella FR	4) Schwadron, Summer JR	
8			

2024 SWAC Conference Championships - 1/20/2024

Meet Program - Meet

Heat 2 Finals (#17 Women 200 Yard Freestyle Relay)

1	HLSPG	A	1:50.63	REGC
	1) Barbee, Rylee JR		2) Ormondroyd, Tia JR	
	3) Lindberg, Sydney FR		4) Hill, Samantha SR	
2	CARY	A	1:45.35	REGA
	1) Craig, Ailey FR		2) Hall, Mackenzie FR	
	3) Marshall, Toni FR		4) Carlson, Lauren SO	
3	GHOPE	B	1:43.19	REGA
	1) Chia, Keira FR		2) Brewer, Lauren SO	
	3) Byrd, Eden FR		4) Qiu, Janice SO	
4	GHOPE	A	1:39.88	REGA
	1) Lu, Angelina SO		2) Whelehan, Sloane FR	
	3) Jeltema, Mia JR		4) Whelehan, Mere JR	
5	APEX	A	1:41.91	REGA
	1) Palmer, Jessica SR		2) Helmedag, Rosemary JR	
	3) Marriott, Camilla SR		4) Cureton, Taylor SR	
6	AFRND	A	1:43.37	REGA
	1) Holland, Addison SO		2) Mouline, Yasmin JR	
	3) Holfelder, Lyla FR		4) Holfelder, Sydney JR	
7	GRLVL	A	1:45.55	REGA
	1) Thompson, Riley SO		2) Schoenagel, Lauren SO	
	3) Locklear, Marissa FR		4) Willis, Lily JR	
8	PANCR	A	1:50.94	REGC
	1) Katz, Emory SR		2) King, Kaitlyn FR	
	3) Rao, Dhriti FR		4) Smith, Breanna SR	

Event 18 Men 200 Yard Freestyle Relay

1:33.99 REGA 4A Region Auto
2:35.99 REGC 4A Region Consider

Lane	Team	Relay	Seed Time	
Heat 1 of 2 Finals				
1	MIDCR	B	1:52.59	REGC
	1) Vining, Skyler SO		2) Conrad, Noah SR	
	3) Astudillo, Morgan FR		4) Lee, Jordan JR	
2	AFRND	B	1:43.82	REGC
	1) Benzing, William SO		2) Osman, Alex FR	
	3) Asher, Owen SO		4) Mack, Leo JR	
3	GRLVL	B	1:40.00	REGC
	1) Perkins, Wyatt SO		2) Henderson, Miles SO	
	3) Cui, Chris SR		4) Park, Joseph JR	
4	CARY	B	1:39.18	REGC
	1) Jones, Tyler SR		2) Harris, Davis SR	
	3) Joncich, Peyton JR		4) Papp, Alex FR	
5	MIDCR	A	1:39.43	REGC
	1) Astudillo, Dillon SR		2) Roman, Cruz FR	
	3) Reyes, Alejandro FR		4) Clark, Tyler JR	
6	HLSPG	A	1:41.34	REGC
	1) Dighe, Veer SO		2) Swartz, Collin FR	
	3) Stauffer, Evan SR		4) Forrest, Robert SO	
7	HLSPG	B	1:50.62	REGC
	1) Shelby, Alex FR		2) Beauchesne, Alexi SR	
	3) Guffey, Caleb SR		4) Cerda, Andrew FR	
8	PANCR	B	2:02.39	REGC
	1) Valeriote, Benjamin SO		2) Chedella, Pramukh FR	
	3) Lee, Alvin SR		4) Xu, Brandon JR	

Heat 2 of 2 Finals

1	CARY	A	1:37.29	REGC
	1) Hall, Jackson SR		2) Fairlee, Ryan SO	
	3) Villalobos, Adrian JR		4) Rakusin, Ben JR	
2	GHOPE	B	1:34.19	REGC
	1) Wu, Levin SR		2) Hulbig, Marcus SO	
	3) Coulter, Ezra FR		4) Shalhoub, Nick SO	
3	APEX	A	1:31.99	REGA
	1) Leisten, Kai JR		2) Trigilio, Domenico SO	
	3) Tsang, Teeven SR		4) Tharakan, Abhay JR	
4	GHOPE	A	1:27.19	REGA
	1) Lloyd, Landon SR		2) Wen, Luke JR	
	3) Kehn, Lucas SR		4) Farrell, Brian SR	
5	GRLVL	A	1:29.83	REGA
	1) Locklear, Devin SO		2) Peck, Connor SR	
	3) Liu, Darren JR		4) Honaker, Matthew SR	
6	AFRND	A	1:33.15	REGA
	1) Singletary, Cohen JR		2) Marrujo, Max SR	
	3) Tangeman, Brady SR		4) Marrujo, Christian JR	
7	PANCR	A	1:35.04	REGC
	1) Harter, Isaac SO		2) Camplin, Charles SO	
	3) Gordy, Gavin JR		4) Nemani, Pranav SR	
8	APEX	B	1:38.98	REGC
	1) Helmedag, Rigs SO		2) Sonntag, Calvin SR	
	3) Suphavadeprasit, Leo JR		4) Leisten, Quinn JR	

Event 19 Women 100 Yard Backstroke

1:00.49 REGA 4A Region Auto
1:11.99 REGC 4A Region Consider

Lane	Name	Yr	School	Seed Time
Heat 1 of 5 Finals				
1	Krishak, Pulak	SR	PANCR	1:25.20
2	Park, Juyoung	SR	GRLVL	1:20.00
3	Leising, Lily	SO	HLSPG	1:18.64
4	Lincoln, Molly	JR	HLSPG	1:18.33
5	Balsly, Mallory	FR	MIDCR	1:18.50
6	Kelley, Adley	FR	GRLVL	1:18.70
7	Wu, Amelia	SO	GRLVL	1:23.19
8	Heinisch, Cora	FR	MIDCR	1:36.76
Heat 2 of 5 Finals				
1	Hussaini, Sameena	SR	APEX	1:17.09
2	Schwadron, Summer	JR	MIDCR	1:17.08
3	Plant, Elizabeth	SO	GRLVL	1:15.00
4	Andrzejewski, Stasia	SR	AFRND	1:13.50
5	Mahoney, Alyssa	FR	CARY	1:14.11
6	Dixon, Mati	FR	GRLVL	1:17.02
7	Little, Emma	SO	HLSPG	1:17.09
8	Lehrer, Samantha	SR	HLSPG	1:17.91
Heat 3 of 5 Finals				
1	Meekins, Sophie	JR	GHOPE	1:10.97
2	Swartzfager, Emma	FR	HLSPG	1:10.67
3	Lorion, Avary	JR	HLSPG	1:09.96
4	Nguyen, Elizabeth	SO	APEX	1:08.67
5	Snyder, Paige	FR	CARY	1:09.89
6	Bohinc, Kaylee	JR	CARY	1:10.58
7	King, Kaitlyn	FR	PANCR	1:10.82
8	Dott, Julia	JR	APEX	1:13.29

2024 SWAC Conference Championships - 1/20/2024

Meet Program - Meet

Heat 4 Finals (#19 Women 100 Yard Backstroke)

1	Thompson, Riley	SO	GRLVL	1:07.25	REGC
2	Davidson, Macy	FR	GHOPE	1:06.74	REGC
3	Slavis, Alexandra	SO	APEX	1:05.97	REGC
4	Prasanth, Lakshmi	JR	AFRND	1:05.45	REGC
5	Grotjohn, Laine	SR	CARY	1:05.48	REGC
6	Hettich, Helena	SO	GHOPE	1:06.38	REGC
7	Rustay, Josephine	SR	HLSPG	1:07.19	REGC
8	Koneru, Dhriti	JR	GRLVL	1:07.96	REGC

Heat 5 of 5 Finals

1	Vestal, Chloe	SR	GHOPE	1:03.91	REGC
2	Talwar, Tara	SO	GRLVL	1:02.08	REGC
3	Nelson, Savannah	FR	MIDCR	1:00.22	REGA
4	Lloyd, Kyley	SO	GHOPE	59.49	REGA
5	Meekins, Nola	FR	GHOPE	59.55	REGA
6	Perry, Sophie	JR	APEX	1:01.89	REGC
7	Burns, Rose	FR	CARY	1:03.34	REGC
8	Eklund, Alyssa	SO	GRLVL	1:04.16	REGC

Event 20 Men 100 Yard Backstroke

55.99 REGA 4A Region Auto

1:07.99 REGC 4A Region Consider

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Finals

1					
2					
3	Lai, Trung	JR	PANCR	1:34.12	
4	Guffey, Caleb	SR	HLSPG	1:17.35	
5	Ermolaev, Igor	FR	AFRND	1:20.97	
6					
7					
8					

Heat 2 of 4 Finals

1					
2	Lilyquist, Mikael	FR	MIDCR	1:08.56	
3	Hare, Matthew	SR	MIDCR	1:03.51	REGC
4	Allen, Colton	SO	AFRND	1:03.30	REGC
5	Xu, Brandon	JR	PANCR	1:03.36	REGC
6	Henderson, Miles	SO	GRLVL	1:03.65	REGC
7	Silvester, Courtney	SO	CARY	1:09.38	
8					

Heat 3 of 4 Finals

1	Tala, Arnab	JR	APEX	1:00.28	REGC
2	Heinzerling, Conrad	SO	AFRND	1:00.12	REGC
3	Cyran, Joseph	SR	GRLVL	58.19	REGC
4	Harter, Isaac	SO	PANCR	57.05	REGC
5	Perkins, Wyatt	SO	GRLVL	57.76	REGC
6	Forrest, Robert	SO	HLSPG	59.80	REGC
7	Dighe, Veer	SO	HLSPG	1:00.22	REGC
8	Ursescu, Tristan	FR	GHOPE	1:01.97	REGC

Heat 4 of 4 Finals

1	Palamar, Jonathan	FR	GRLVL	55.14	REGA
2	Myers, Andrew	JR	HLSPG	54.44	REGA
3	Farrell, Brian	SR	GHOPE	53.62	REGA
4	Tharakan, Abhay	JR	APEX	53.29	REGA
5	O'Keefe, Leo	JR	GRLVL	53.57	REGA
6	Tangeman, Brady	SR	AFRND	53.94	REGA
7	West, Ryan	SR	MIDCR	54.77	REGA
8	Tangeman, Cole	JR	AFRND	55.28	REGA

Event 21 Women 100 Yard Breaststroke

1:08.99 REGA 4A Region Auto

1:23.99 REGC 4A Region Consider

Lane	Name	Yr	School	Seed Time
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Heat 1 of 5 Finals

1					
2					
3	Zheng, Claire	SO	PANCR	1:48.99	
4	Acharya, Radha	SO	PANCR	1:45.76	
5	Rajesh, Kavya	SO	GHOPE	1:46.52	
6					
7					
8					

Heat 2 of 5 Finals

1	Ayres, Zia	SO	APEX	1:37.89	
2	Dano, Malie	FR	GHOPE	1:30.63	
3	Moore, Elizabeth	SR	GRLVL	1:28.52	
4	Stalnaker, Isabella	FR	MIDCR	1:27.00	
5	Little, Emma	SO	HLSPG	1:27.10	
6	Lincoln, Molly	JR	HLSPG	1:28.66	
7	Bruce, Ainslee	SO	HLSPG	1:36.54	
8					

Heat 3 of 5 Finals

1	Andrzejewski, Eden	SO	AFRND	1:24.20	
2	Lanuti, Mia	SR	GRLVL	1:21.00	REGC
3	Vanega, Claudia	SR	CARY	1:18.97	REGC
4	Stuart, Freddie	SO	APEX	1:18.20	REGC
5	Smith, Rachel	SR	MIDCR	1:18.83	REGC
6	Kudlak, Lizzy	SO	CARY	1:19.19	REGC
7	Strunk, Julia	FR	APEX	1:22.84	REGC
8	Ressler, Olivia	SO	MIDCR	1:24.44	

Heat 4 of 5 Finals

1	Pazokian, Sarah	SR	GHOPE	1:17.54	REGC
2	Schoenagel, Lauren	SO	GRLVL	1:17.14	REGC
3	Swafford, Elizabeth	JR	GRLVL	1:14.49	REGC
4	Marshall, Toni	FR	CARY	1:10.29	REGC
5	Carlson, Lauren	SO	CARY	1:11.58	REGC
6	Valent, Hope	JR	GHOPE	1:16.47	REGC
7	Hill, Samantha	SR	HLSPG	1:17.41	REGC
8	Ko, Erae	SR	HLSPG	1:17.88	REGC

2024 SWAC Conference Championships - 1/20/2024

Meet Program - Meet

Heat 5 Finals (#21 Women 100 Yard Breaststroke)

1	Martin, Annabelle	SO	AFRND	1:09.32	REGC
2	Ivanov, Katya	SR	APEX	1:06.72	REGA
3	Willis, Lily	JR	GRLVL	1:06.03	REGA
4	Qiu, Janice	SO	GHOPE	1:05.07	REGA
5	Jeltema, Mia	JR	GHOPE	1:05.08	REGA
6	Palmer, Elizabeth	JR	APEX	1:06.09	REGA
7	Smith, Breanna	SR	PANCR	1:08.86	REGA
8	Chia, Keira	FR	GHOPE	1:09.93	REGC

Event 22 Men 100 Yard Breaststroke

1:01.99 REGA 4A Region Auto
1:14.99 REGC 4A Region Consider

Lane	Name	Yr	School	Seed Time	
Heat 1 of 5 Finals					
1	Mahalingam, Nithinram	SO	PANCR	1:43.34	
2	Ha, William	JR	PANCR	1:26.47	
3	Cerda, Andrew	FR	HLSPG	1:24.06	
4	Osman, Alex	FR	AFRND	1:23.25	
5	Bondo, Christopher	JR	PANCR	1:23.35	
6	Jogi, Sohan	SO	AFRND	1:25.08	
7	Singh, Ruhaann	FR	AFRND	1:32.06	
8					
Heat 2 of 5 Finals					
1	Nemani, Pradyun	FR	PANCR	1:20.44	
2	Beauchesne, Alexi	SR	HLSPG	1:18.44	
3	Wegner, Ethan	FR	GHOPE	1:16.96	
4	Joncich, Peyton	JR	CARY	1:16.41	
5	Prudhomme, Everett	FR	GHOPE	1:16.95	
6	Delcambre, Clay	SO	CARY	1:17.47	
7	Astudillo, Dillon	SR	MIDCR	1:20.14	
8	Scudder, Nathan	SR	AFRND	1:23.18	
Heat 3 of 5 Finals					
1	Mohammed, Suhaib	SR	GRLVL	1:14.14	REGC
2	Bachle, Timothy	SO	APEX	1:11.84	REGC
3	Leisten, Quinn	JR	APEX	1:09.60	REGC
4	Gordy, Gavin	JR	PANCR	1:07.58	REGC
5	Connor, J.P.	SO	APEX	1:09.41	REGC
6	Ziegler, Owen	FR	AFRND	1:10.01	REGC
7	Clark, Tyler	JR	MIDCR	1:13.74	REGC
8	Satterfield, Walker	JR	GHOPE	1:14.88	REGC
Heat 4 of 5 Finals					
1	Lychak, Cael	SO	CARY	1:07.40	REGC
2	Cui, Chris	SR	GRLVL	1:06.18	REGC
3	Hulbig, Marcus	SO	GHOPE	1:05.27	REGC
4	Wu, Levin	SR	GHOPE	1:04.49	REGC
5	Kondratyck, Jack	JR	HLSPG	1:04.75	REGC
6	Park, Joseph	JR	GRLVL	1:06.14	REGC
7	Kovtushenko, Alex	SO	APEX	1:06.94	REGC
8	Rakusin, Ben	JR	CARY	1:07.56	REGC

Heat 5 of 5 Finals

1	Rothchild, Brennan	JR	AFRND	1:03.85	REGC
2	Villalobos, Adrian	JR	CARY	1:01.83	REGA
3	Nemani, Pranav	SR	PANCR	1:00.34	REGA
4	Nye, Grayson	SR	MIDCR	55.55	REGA
5	Schoenagel, Matthew	SR	GRLVL	1:00.04	REGA
6	Hogan, Dane	JR	HLSPG	1:01.08	REGA
7	Liu, Darren	JR	GRLVL	1:02.32	REGC
8	Locklear, Devin	SO	GRLVL	1:04.08	REGC

Event 23 Women 400 Yard Freestyle Relay

3:49.99 REGA 4A Region Auto
6:15.99 REGC 4A Region Consider

Lane	Team	Relay	Seed Time	
Heat 1 of 2 Finals				
1	PANCR	A	4:19.36	REGC
	1) Goli, Anushka FR	2) Rayala, Sai Roopika JR		
	3) Stouder, Andrea SO	4) Cheng, Audrey SO		
2	HLSPG	B	4:13.15	REGC
	1) Koch, Emily SR	2) Ko, Erae SR		
	3) Lehrer, Samantha SR	4) Haggard, Sydney SR		
3	HLSPG	A	4:03.04	REGC
	1) Oman, Kennedy FR	2) Lindberg, Sydney FR		
	3) Barbee, Rylee JR	4) Nichols, Cassandra SR		
4	GRLVL	B	4:01.00	REGC
	1) Parikh, Ashmi SO	2) McNutt, Payton FR		
	3) O'Donnell, Sedona FR	4) Swafford, Elizabeth JR		
5	AFRND	B	4:01.21	REGC
	1) Broadbent, Carson FR	2) Mack, Carly JR		
	3) Prasanth, Lakshmi JR	4) Holfelder, Lyla FR		
6	CARY	B	4:08.99	REGC
	1) Matheny, Natalie FR	2) Meador, Julia SO		
	3) VanderBroek, Allie SR	4) Grotjohn, Laine SR		
7	MIDCR	B	4:15.37	REGC
	1) Brown, Ella SO	2) Balsly, Mallory FR		
	3) Ressler, Olivia SO	4) Hock De Leon, Szaffi JR		
8	PANCR	B	4:28.43	REGC
	1) Bhadola, Manasvi FR	2) Jolly, Saran JR		
	3) Chotaliya, Maahi SO	4) Parekh, Deeya FR		

2024 SWAC Conference Championships - 1/20/2024**Meet Program - Meet****Heat 2 Finals (#23 Women 400 Yard Freestyle Relay)**

1	GRLVL	A	3:52.59	REGC
	1) Ray, Kaylin FR		2) Locklear, Marissa FR	
	3) Eklund, Alyssa SO		4) Talwar, Tara SO	
2	APEX	A	3:46.79	REGA
	1) White, Marisa SR		2) Palmer, Elizabeth JR	
	3) Ivanov, Katya SR		4) Perry, Sophie JR	
3	GHOPE	B	3:41.19	REGA
	1) Meekins, Nola FR		2) Byrd, Eden FR	
	3) Vestal, Chloe SR		4) Megaly, Melina FR	
4	GHOPE	A	3:36.08	REGA
	1) Lloyd, Kyley SO		2) Whelehan, Mere JR	
	3) Whelehan, Sloane FR		4) Quisumbing, Andie SR	
5	AFRND	A	3:40.84	REGA
	1) Holfelder, Sydney JR		2) Holland, Addison SO	
	3) Martin, Annabelle SO		4) Zettel, Nicole JR	
6	MIDCR	A	3:45.09	REGA
	1) Rendon, Kalle SO		2) Nelson, Savannah FR	
	3) Smith, Rachel SR		4) Rydzewski, Samantha SR	
7	CARY	A	3:49.47	REGA
	1) Snyder, Paige FR		2) Bohinc, Kaylee JR	
	3) Hall, Mackenzie FR		4) Craig, Ailey FR	
8	APEX	B	3:55.39	REGC
	1) Mueller, Tanith JR		2) Stuart, Freddie SO	
	3) Helmedag, Rosemary JR		4) Slavis, Alexandra SO	

Heat 2 of 2 Finals

1	APEX	A	3:35.47	REGC
	1) Helmedag, Rigs SO		2) Connor, J.P. SO	
	3) Tala, Arnav JR		4) Leisten, Quinn JR	
2	MIDCR	A	3:31.12	REGC
	1) West, Ryan SR		2) Dunaway, Jake FR	
	3) Hare, Matthew SR		4) Nye, Grayson SR	
3	AFRND	A	3:21.63	REGA
	1) Singletary, Cohen JR		2) Tangeman, Cole JR	
	3) Marrujo, Max SR		4) Diacumakos, Rowan SR	
4	GHOPE	A	3:11.31	REGA
	1) Lloyd, Landon SR		2) Farrell, Brian SR	
	3) Kehn, Lucas SR		4) Pant, Dhaval SO	
5	GRLVL	A	3:18.00	REGA
	1) Peck, Connor SR		2) Park, Justin SO	
	3) O'Keefe, Leo JR		4) Schoenagel, Matthew SR	
6	GRLVL	B	3:25.00	REGC
	1) Li, Jerry SO		2) Mohammed, Suhaib SR	
	3) Sun, Jason FR		4) Palamar, Jonathan FR	
7	CARY	A	3:34.78	REGC
	1) Papp, Alex FR		2) Hall, Jackson SR	
	3) Provost, Calvin FR		4) Matz, Jordan SO	
8	HLSPG	A	3:36.41	REGC
	1) Myers, Andrew JR		2) Zockoll, Jackson JR	
	3) Kondratick, Jack JR		4) Hogan, Dane JR	

Event 24 Men 400 Yard Freestyle Relay

3:24.99 REGA 4A Region Auto

5:30.99 REGC 4A Region Consider

Lane	Team	Relay	Seed Time	
Heat 1 of 2 Finals				
1	CARY	B	4:08.89	REGC
	1) Farrelly, Jack SR		2) Murphy, Sean SO	
	3) Carlson, Ethan SR		4) Evans, Jacob SR	
2	PANCR	A	3:50.15	REGC
	1) Xu, Brandon JR		2) Tang, Kevin FR	
	3) Marshall, Mehan FR		4) Valeriote, Benjamin SO	
3	AFRND	B	3:42.27	REGC
	1) Mack, Leo JR		2) Benzing, William SO	
	3) Heinzerling, Conrad SO		4) Rothchild, Brennan JR	
4	APEX	B	3:40.84	REGC
	1) Kovtushenko, Alex SO		2) Ivanov, Alec FR	
	3) Sonntag, Flynn SO		4) Sonntag, Calvin SR	
5	HLSPG	B	3:41.05	REGC
	1) Dighe, Veer SO		2) Shelby, Alex FR	
	3) Oman, Erik JR		4) Stauffer, Evan SR	
6	GHOPE	B	3:44.19	REGC
	1) Ravenel, Jaxton SO		2) Jewett, Matthew FR	
	3) Miller, Ryan FR		4) Levesque, Jacob FR	
7	MIDCR	B	4:03.23	REGC
	1) Reyes, Alejandro FR		2) Roman, Cruz FR	
	3) Lilyquist, Mikael FR		4) Roman, Lucas JR	
8	PANCR	B	4:28.43	REGC
	1) Ha, William JR		2) Bondo, Christopher JR	
	3) Walker, Davin SR		4) Lee, Alvin SR	



EVENT SURVEY

Meeting the Aquatic Needs of the Triangle Community
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