

# TITANS 2017-2018 Equipment List

## Jr. Titans 10&U and 11&O

- Cap/Goggles
- Kickboard
- Long Fins (no strap-ons!)
- Mesh Bag (to hold equipment)
- Water Bottle

## Teen Titans

- Cap/Goggles
- Kickboard
- Fins
- Mesh Bag (to hold equipment)
- Snorkel
- Water Bottle

## Copper

- Goggles (and a back-up pair) adjusted to fit. Clear or lightly shaded goggles are recommended for indoor use. (Dark or mirrored goggles are better for outdoor swimming.)
- Kick board (small size)
- Fins (no shorties!)
- Water bottle filled with water before each practice
- Mesh or other ventilated equipment bag
- 2 waterproof markers (e.g., Sharpie) for marking swimmers' events/heats/lanes grid on their arms at swim meets

## Bronze

- Kick Board
- Child Snorkel
- Long Fins
- Child Pull Buoy

## Silver

- Kickboard
- Short Fins (*or I will cut the long fins they have now during practice.*)
- Pull Buoy
- Hand Paddles (*These should be put together and ready to use when we need them*)
- Front End Snorkel - Light Weight
- 2 x Tennis Balls
- 2 x Goggles and 2 x Swim Caps
- Mesh Bag (put equipment in)
- Water Bottle
- Athletic Wear / Athletic Shoes (Dry land)
- Yoga Mat (Optional- Dry land)

## Gold

- kickboard
- short fins
- pull buoy
- front end snorkel
- athletic shoes (for dryland)
- plenty of goggles and swim caps
- water bottle (treat this as equally important as goggles and cap)
- mesh bag itself

## Senior

1. Hand Paddles ([https://www.amazon.com/Strokemaker-Swimming-Hand-Paddles-Azure/dp/B0006NL618/ref=sr\\_1\\_2?s=sporting-goods&ie=UTF8&qid=1503507787&sr=1-2&keywords=strokemaker+hand+paddles](https://www.amazon.com/Strokemaker-Swimming-Hand-Paddles-Azure/dp/B0006NL618/ref=sr_1_2?s=sporting-goods&ie=UTF8&qid=1503507787&sr=1-2&keywords=strokemaker+hand+paddles))
2. Fulcrum Paddles ([https://www.amazon.com/FINIS-1-05-028-50-Forearm-Fulcrum-Sr/dp/B001GQ2CIU/ref=sr\\_1\\_1?s=sporting-goods&ie=UTF8&qid=1503507750&sr=1-1&keywords=Fulcrum+Paddles](https://www.amazon.com/FINIS-1-05-028-50-Forearm-Fulcrum-Sr/dp/B001GQ2CIU/ref=sr_1_1?s=sporting-goods&ie=UTF8&qid=1503507750&sr=1-1&keywords=Fulcrum+Paddles))
3. Short Fins ([https://www.amazon.com/Arena-Powerfin-Pro-Black-44-45/dp/B010H65SDA/ref=sr\\_1\\_1?s=sporting-goods&ie=UTF8&qid=1503507721&sr=1-1&keywords=Arena+Short+Fins](https://www.amazon.com/Arena-Powerfin-Pro-Black-44-45/dp/B010H65SDA/ref=sr_1_1?s=sporting-goods&ie=UTF8&qid=1503507721&sr=1-1&keywords=Arena+Short+Fins))
4. Snorkel (<https://www.amazon.com/yLon-a-Swimmers-Snorkel-Color-Black/dp/B01K2IW7Z0>)
5. Axis Buoy ([https://www.amazon.com/FINIS-1-05-041-05-AXIS-Buoy/dp/B014EVN5ZM/ref=sr\\_1\\_1?s=sporting-goods&ie=UTF8&qid=1503507652&sr=1-1&keywords=axis+buoy](https://www.amazon.com/FINIS-1-05-041-05-AXIS-Buoy/dp/B014EVN5ZM/ref=sr_1_1?s=sporting-goods&ie=UTF8&qid=1503507652&sr=1-1&keywords=axis+buoy))

6. Swimming Strap ([https://www.amazon.com/FINIS-1-05-052-104-Pulling-Ankle-Strap/dp/B0093H9D5E/ref=sr\\_1\\_2?s=sporting-goods&ie=UTF8&qid=1503507627&sr=1-2&keywords=ankle+strap+swimming](https://www.amazon.com/FINIS-1-05-052-104-Pulling-Ankle-Strap/dp/B0093H9D5E/ref=sr_1_2?s=sporting-goods&ie=UTF8&qid=1503507627&sr=1-2&keywords=ankle+strap+swimming))
7. \*\*\*\*\*TEMPO TRAINER\*\*\*\*\* (optional but HIGHLY HIGHLY HIGHLY encouraged) ([https://www.amazon.com/FINIS-1-05-120-Tempo-Trainer-Pro/dp/B005TVYVI2/ref=sr\\_1\\_1?s=sporting-goods&ie=UTF8&qid=1503507847&sr=1-1&keywords=finis+tempo+trainer](https://www.amazon.com/FINIS-1-05-120-Tempo-Trainer-Pro/dp/B005TVYVI2/ref=sr_1_1?s=sporting-goods&ie=UTF8&qid=1503507847&sr=1-1&keywords=finis+tempo+trainer))
8. 2 Pairs of Goggles
9. TAC Swim Cap (NO OTHER TEAMS!)
10. Mesh Bag
11. Drag Suit
12. Water Bottle – FILLED AND READY!

## TAG 3

1. Hand Paddles ([https://www.amazon.com/Strokemaker-Swimming-Hand-Paddles-Azure/dp/B0006NL618/ref=sr\\_1\\_2?s=sporting-goods&ie=UTF8&qid=1503507787&sr=1-2&keywords=strokemaker+hand+paddles](https://www.amazon.com/Strokemaker-Swimming-Hand-Paddles-Azure/dp/B0006NL618/ref=sr_1_2?s=sporting-goods&ie=UTF8&qid=1503507787&sr=1-2&keywords=strokemaker+hand+paddles))
2. Fulcrum Paddles ([https://www.amazon.com/FINIS-1-05-028-50-Forearm-Fulcrum-Sr/dp/B001GQ2CIU/ref=sr\\_1\\_1?s=sporting-goods&ie=UTF8&qid=1503507750&sr=1-1&keywords=Fulcrum+Paddles](https://www.amazon.com/FINIS-1-05-028-50-Forearm-Fulcrum-Sr/dp/B001GQ2CIU/ref=sr_1_1?s=sporting-goods&ie=UTF8&qid=1503507750&sr=1-1&keywords=Fulcrum+Paddles))
3. Short Fins – NO LONG FINS ([https://www.amazon.com/Arena-Powerfin-Pro-Black-44-45/dp/B010H65SDA/ref=sr\\_1\\_1?s=sporting-goods&ie=UTF8&qid=1503507721&sr=1-1&keywords=Arena+Short+Fins](https://www.amazon.com/Arena-Powerfin-Pro-Black-44-45/dp/B010H65SDA/ref=sr_1_1?s=sporting-goods&ie=UTF8&qid=1503507721&sr=1-1&keywords=Arena+Short+Fins))
4. Snorkel (<https://www.amazon.com/ylon-a-Swimmers-Snorkel-Color-Black/dp/B01K2IW7Z0>)
5. Pull Buoy ([https://www.amazon.com/FINIS-1-05-041-05-AXIS-Buoy/dp/B014EVN5ZM/ref=sr\\_1\\_1?s=sporting-goods&ie=UTF8&qid=1503507652&sr=1-1&keywords=axis+buoy](https://www.amazon.com/FINIS-1-05-041-05-AXIS-Buoy/dp/B014EVN5ZM/ref=sr_1_1?s=sporting-goods&ie=UTF8&qid=1503507652&sr=1-1&keywords=axis+buoy))
6. Swimming Strap ([https://www.amazon.com/FINIS-1-05-052-104-Pulling-Ankle-Strap/dp/B0093H9D5E/ref=sr\\_1\\_2?s=sporting-goods&ie=UTF8&qid=1503507627&sr=1-2&keywords=ankle+strap+swimming](https://www.amazon.com/FINIS-1-05-052-104-Pulling-Ankle-Strap/dp/B0093H9D5E/ref=sr_1_2?s=sporting-goods&ie=UTF8&qid=1503507627&sr=1-2&keywords=ankle+strap+swimming))
7. JUNIOR Kickboard
8. 2 Pairs of Goggles
9. TAC Swim Cap (NO OTHER TEAMS!)
10. Mesh Bag
11. Drag Suit
12. Water Bottle – FILLED AND READY!

## TAG 1 and 2

- Short fins

- Buoy
- Strap (optional)
- Kickboard
- Paddles
- Pull Buoy

## TAG 1.5

- Kickboard
- Short Fins
- Pull Buoy
- Strokemaker Paddles
  - Boys - Both Yellow AND Green
  - Girls - Both Green AND Red
- Front End Snorkel - Light Weight
- Athletic Shoes (Dryland/Yoga)
- Mesh Bag (put equipment in)
- Goggles and Swim Caps
- Water Bottle

## National/Sectional

- Snorkels
- Short fins – (you need your own)
- Paddles
- Buoy
- Water bottle