

01.18.24 BRGTN vs GHOPE vs ATHEN vs APEX - 1/18/2024

Results - Meet

Event 1 Women 200 Yard Medley Relay

1:54.99 REGA 4A Region Auto

3:30.99 REGC 4A Region Consider

Team	Relay	Finals Time	
1 GHOPE	A	1:50.14	18
1) Whelehan, Mere JR	2) Jeltema, Mia JR		
3) Quisumbing, Andie SR	4) Whelehan, Sloane FR		
28.60	31.06	26.65	23.83
2 APEX	A	1:53.52	14
1) Perry, Sophie JR	2) Palmer, Elizabeth JR		
3) Mueller, Tanith JR	4) Ivanov, Katya SR		
28.83	31.07	27.32	26.30
3 ATHEN	A	1:57.00	12
1) Richards, Nora JR	2) Holloway, Blythe SR		
3) Ko, Andie SO	4) Grant, Lindsay JR		
31.02	30.83	28.97	26.18
4 GHOPE	B	1:57.26	10
1) Meekins, Nola FR	2) Valent, Hope JR		
3) Lu, Angelina SO	4) Byrd, Eden FR		
28.87	35.25	26.72	26.42
5 BRGTN	B	2:05.75	8
1) Lisk, Alana SR	2) Hahl, Annelise SR		
3) Bellerjeau, Schuyler JR	4) Carson, Clara JR		
35.03	35.58	28.99	26.15
6 APEX	B	2:05.83	6
1) Slavis, Alexandra SO	2) Stuart, Freddie SO		
3) Austin, Maggie JR	4) Strunk, Julia FR		
30.40	36.81	30.03	28.59
7 ATHEN	B	2:07.64	4
1) Devarajan, Diya FR	2) Ko, Alice JR		
3) Amodei, Gabrielle JR	4) Barnes, Caroline FR		
31.00	37.34	31.34	27.96
--- BRGTN	A		DQ
False start - Misc			
1) Lucas, Harper FR	2) Howell, Addison FR		
3) Wooten, Hannah SO	4) Crane, Taylor SO		
29.61		25.34	

Event 2 Men 200 Yard Medley Relay

1:41.99 REGA 4A Region Auto

2:59.99 REGC 4A Region Consider

Team	Relay	Finals Time	
1 BRGTN	A	1:40.44	18
1) March, Jackson SO	2) Tuttle, Wilson SR		
3) Swenson, Broder JR	4) Barger, Andrew SO		
25.80	27.38	24.57	22.69
2 APEX	A	1:41.01	14
1) Tharakan, Abhay JR	2) Leisten, Quinn JR		
3) Tsang, Teeven SR	4) Leisten, Kai JR		
23.92	29.82	25.45	21.82
3 GHOPE	A	1:46.70	12
1) Shalhoub, Nick SO	2) Hulbig, Marcus SO		
3) Ravenel, Jaxton SO	4) Wu, Levin SR		
27.01	29.19	27.76	22.74
4 BRGTN	B	1:47.68	10
1) Trexler, Grant SO	2) Malone, Sam SR		
3) Kempf, Mason SR	4) Jones, Griffin SR		
27.49	28.62	26.47	25.10

5 ATHEN	A	1:48.98	8
1) Barnes, Jack JR	2) Beebe, Cooper SR		
3) Johnson, Lucas JR	4) Beebe, Nolan FR		
26.68	30.30	25.70	26.30
6 APEX	B	1:53.97	6
1) Sonntag, Calvin SR	2) Bachle, Timothy SO		
3) Helmedag, Rigs SO	4) Sonntag, Flynn SO		
29.03	33.03	26.58	25.33
7 GHOPE	B	1:54.54	4
1) Ursescu, Tristan FR	2) Mitchell, Adam SO		
3) Levesque, Jacob FR	4) Satterfield, Walker JR		
29.49	34.63	26.15	24.27
8 ATHEN	B	1:59.02	2
1) Barrios, Sebastian FR	2) Haltom, Luke JR		
3) Haugh, Maxwell SR	4) McInnis, Nolan SR		
32.66	30.77	28.03	27.56

Event 3 Women 200 Yard Freestyle

1:58.49 REGA 4A Region Auto

2:20.99 REGC 4A Region Consider

Name	YrSchool	Finals Time	
1 Megaly, Melina	FR GHOPE	2:01.83	9
28.63	30.64	31.12	31.44
2 Kupfrian, Paige	SO GHOPE	2:04.50	7
28.03	31.20	32.92	32.35
3 Marriott, Camilla	SR APEX	2:05.60	6
29.02	31.49	32.56	32.53
4 Barillaro, Carly	FR BRGTN	2:05.90	5
29.63	31.92	32.52	31.83
5 Helmedag, Rosemary	JR APEX	2:06.14	4
28.99	31.55	32.71	32.89
6 Ward, Gracie	FR ATHEN	2:13.39	3
30.24	33.55	34.46	35.14
7 Lisk, Alana	SR BRGTN	2:21.37	2
31.84	35.49	36.93	37.11
--- Dane, Caitlin	SO GHOPE	X2:13.78	
30.91	34.44	34.92	33.51
--- Monge, Annabella	JR GHOPE	X2:20.47	
31.91	35.42	36.63	36.51
--- Zanone, Charlotte	SR APEX	X2:47.93	
37.24	41.73	43.93	45.03
--- Ayres, Zia	SO APEX	X3:00.39	
38.95	46.44	48.27	46.73
--- Devarajan, Diya	FR ATHEN		NS

Event 4 Men 200 Yard Freestyle

1:49.99 REGA 4A Region Auto

2:09.99 REGC 4A Region Consider

Name	YrSchool	Finals Time	
1 Tuttle, Wilson	SR BRGTN	1:43.89	9
24.70	26.78	26.17	26.24
2 Farrell, Brian	SR GHOPE	1:47.93	7
25.04	27.21	28.06	27.62
3 Beebe, Cooper	SR ATHEN	1:48.25	6
26.04	27.31	27.97	26.93
4 Kempf, Mason	SR BRGTN	1:51.81	5
25.74	28.08	29.10	28.89
5 Trigilio, Domenico	SO APEX	1:57.37	4
25.91	29.09	31.21	31.16

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Results - Meet

(Event 4 Men 200 Yard Freestyle)

Name	YrSchool	Finals Time
6 Connor, J.P.	SO APEX	1:58.70 3
		26.80 29.90 31.49 30.51
7 Levesque, Jacob	FR GHOPE	1:59.59 2
		27.18 30.26 31.20 30.95
8 Thomas, Redding	FR ATHEN	2:02.90 1
		27.47 30.97 32.35 32.11
--- Kovtushenko, Alex	SO APEX	X1:59.61
		26.29 30.23 31.50 31.59

Event 5 Women 200 Yard IM

2:13.49 REGA 4A Region Auto

2:39.99 REGC 4A Region Consider

Name	YrSchool	Finals Time
1 Crane, Taylor	SO BRGTN	2:10.15 9
		28.08 32.68 38.36 31.03
2 Meekins, Nola	FR GHOPE	2:11.39 7
		28.96 32.33 39.05 31.05
3 Ko, Andie	SO ATHEN	2:17.41 6
		29.58 35.70 40.26 31.87
4 Palmer, Jessica	SR APEX	2:17.63 5
		28.96 35.89 41.64 31.14
5 Mueller, Tanith	JR APEX	2:21.60 4
		29.24 36.91 41.62 33.83
6 Howell, Addison	FR BRGTN	2:25.45 3
		32.22 36.63 41.63 34.97
7 Valentine, Samantha	SO GHOPE	2:26.83 2
		30.19 37.21 45.11 34.32
--- Schmidt, Lorelei	FR BRGTN	X2:29.40
		31.56 39.57 43.57 34.70
--- Austin, Maggie	JR APEX	X2:40.44
		31.56 43.21 47.96 37.71
--- Byrd, Eden	FR GHOPE	XDQ
False start - Misc		
		30.15 37.31 42.32 34.28
--- Ospina, Rebeca	FR ATHEN	DQ
One hand touch - breast		
		36.27 47.02 53.63 46.64

Event 6 Men 200 Yard IM

2:02.99 REGA 4A Region Auto

2:32.99 REGC 4A Region Consider

Name	YrSchool	Finals Time
1 Swenson, Broder	JR BRGTN	2:01.60 9
		26.89 30.96 35.00 28.75
2 Shalhoub, Nick	SO GHOPE	2:06.38 7
		28.17 30.94 37.62 29.65
3 Ravenel, Jaxton	SO GHOPE	2:12.82 6
		28.79 34.24 38.48 31.31
4 Tala, Arnav	JR APEX	2:17.67 5
		28.98 34.75 41.13 32.81
5 Fendelman, David	JR BRGTN	2:21.59 4
		30.60 36.92 41.24 32.83
6 Haltom, Luke	JR ATHEN	2:33.75 3
		30.62 43.27 43.30 36.56

--- Bingham, Oliver FR APEX DQ
Shoulders past vertical toward breast - back
34.18 38.48 47.51 33.94

Event 7 Women 50 Yard Freestyle

25.49 REGA 4A Region Auto

27.99 REGC 4A Region Consider

Name	YrSchool	Finals Time
1 Whelehan, Sloane	FR GHOPE	24.26 9
2 Haggmann, Riley	FR BRGTN	25.13 7
3 Lucas, Harper	FR BRGTN	25.60 6
4 White, Marisa	SR APEX	25.69 5
5 Grant, Lindsay	JR ATHEN	26.13 4
6 Haxholdt, Jacqueline	FR ATHEN	26.83 3
7 Brewer, Lauren	SO GHOPE	27.01 2
8 Helmedag, Rosemary	JR APEX	27.29 1
--- Lauver, Lindsay	JR GHOPE	X25.84
--- Wooten, Hannah	SO BRGTN	X25.99
--- Slavis, Alexandra	SO APEX	X26.65
--- Carson, Clara	JR BRGTN	X26.77
--- Koonce, Helen	SO BRGTN	X26.97
--- Vestal, Chloe	SR GHOPE	X27.30
--- Davidson, Macy	FR GHOPE	X27.47
--- Hahl, Annelise	SR BRGTN	X27.51
--- Mertens, Lucia	JR GHOPE	X27.70
--- Stuart, Freddie	SO APEX	X28.16
--- Valent, Hope	JR GHOPE	X28.18
--- Harper, Sarah Knox	JR BRGTN	X28.34
--- Hettich, Helena	SO GHOPE	X28.34
--- Taylor, Sophia	JR BRGTN	X28.61
--- Amodei, Gabrielle	JR ATHEN	X28.82
--- Coll, Savannah	JR BRGTN	X29.02
--- Burdick, Lilly	FR GHOPE	X29.23
--- Ramey, Emma	SO BRGTN	X29.24
--- Li, Sophia	FR GHOPE	X29.41
--- O'Donovan, Allie	JR BRGTN	X29.57
--- Ko, Alice	JR ATHEN	X29.63
--- De Jong, Evelyn	JR BRGTN	X29.78
--- Haithcock, Liza	JR BRGTN	X29.94
--- Murali, Gauri	SO GHOPE	X29.97
--- Mayadeo, Amruta	FR GHOPE	X30.37
--- Allu, Sahasra	SO GHOPE	X30.45
--- Fleming, Harriet	SR BRGTN	X30.50
--- Hussaini, Sameena	SR APEX	X31.11
--- Sampson, Annabel	SR APEX	X31.11
--- Monroy, Laura	SO BRGTN	X31.91
--- West, Lara	JR APEX	X32.13
--- Ubinger, Nora	JR GHOPE	X32.59
--- Underwood, CarlyAnn	SR ATHEN	X33.25
--- Atanasova, Alexandra	SO GHOPE	X33.57
--- Weinstein, Talia	SR APEX	X33.94
--- Shelke, Anvi	FR ATHEN	X33.99
--- Ingram, Leann	SO APEX	XDQ
False start		
--- Dott, Julia	JR APEX	XNS
--- Dano, Malie	FR GHOPE	XNS
--- Reddy, Shriya	SO APEX	XNS
--- Ayrimaz, Damla	JR GHOPE	XNS

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Results - Meet

Event 8 Men 50 Yard Freestyle

22.49 REGA 4A Region Auto
24.99 REGC 4A Region Consider

Name	YrSchool	Finals Time		
1 March, Jackson	SO BRGTN	22.85	9	
2 Barger, Andrew	SO BRGTN	23.46	7	
3 Tsang, Teeven	SR APEX	23.57	6	
4 Kehn, Lucas	SR GHOPE	23.60	5	
5 Wu, Levin	SR GHOPE	23.73	4	
6 Trigilio, Domenico	SO APEX	24.06	3	
7 Johnson, Lucas	JR ATHEN	24.54	2	
8 McInnis, Nolan	SR ATHEN	25.82	1	
--- Trexler, Grant	SO BRGTN	X23.66		
--- Satterfield, Walker	JR GHOPE	X24.67		
--- Finch, Brinson	SO BRGTN	X24.91		
--- Helmedag, Rigs	SO APEX	X24.97		
--- Connor, J.P.	SO APEX	X25.09		
--- Ivanov, Alec	FR APEX	X25.37		
--- Sonntag, Flynn	SO APEX	X25.47		
--- Wiatrowski, James	SR BRGTN	X25.48		
--- Jones, Griffin	SR BRGTN	X25.59		
--- Heuer, Cole	FR BRGTN	X25.84		
--- Jewett, Matthew	FR GHOPE	X26.16		
--- Frasure, Garrett	FR ATHEN	X26.18		
--- Wegner, Ethan	FR GHOPE	X26.23		
--- Elagha, Yousif	FR BRGTN	X26.24		
--- Jones-Sclater, Jackson	SR ATHEN	X26.35		
--- Chen, Dylan	SO GHOPE	X26.39		
--- Hartmere, Ryan	FR ATHEN	X26.49		
--- Bolton, Bryce	JR APEX	X26.75		
--- Ursescu, Tristan	FR GHOPE	X27.01		
--- Swicegood, Owen	SO BRGTN	X27.08		
--- Zeren, AJ	JR BRGTN	X27.23		
--- Sanford, Cole	FR GHOPE	X27.42		
--- Muppalam, Karthik	FR GHOPE	X27.53		
--- Brostedt, Aubrey	FR GHOPE	X27.57		
--- Peterson, Brandon	JR APEX	X27.62		
--- Baugh, Nicklaus	SR GHOPE	X27.80		
--- Auerbach, Nicholas	FR GHOPE	X27.82		
--- Underwood, Bobby	FR ATHEN	X28.64		
--- Studer, Eric	JR APEX	X28.67		
--- Frasure, Will	SR ATHEN	X29.20		
--- Girardin, Eliot	SO BRGTN	X29.20		
--- Rahalkar, Shreyas	FR GHOPE	X29.35		
--- Mitchell, Adam	SO GHOPE	X29.43		
--- Prudhomme, Everett	FR GHOPE	XNS		
--- Jin, Edward	FR GHOPE	XNS		

Event 11 Women 100 Yard Butterfly

1:00.49 REGA 4A Region Auto
1:12.99 REGC 4A Region Consider

Name	YrSchool	Finals Time		
1 Cureton, Taylor	SR APEX	58.48	9	
27.07	31.41			
2 Quisumbing, Andie	SR GHOPE	1:00.68	7	
27.87	32.81			

3 Mann, Randolph	JR BRGTN	1:00.82	6	
28.34	32.48			
4 Hagmann, Riley	FR BRGTN	1:01.27	5	
28.78	32.49			
5 Jeltema, Mia	JR GHOPE	1:02.22	4	
28.96	33.26			
6 Palmer, Elizabeth	JR APEX	1:04.06	3	
29.29	34.77			
7 Ward, Gracie	FR ATHEN	1:12.78	2	
32.88	39.90			
8 Barnes, Caroline	FR ATHEN	1:13.92	1	
33.34	40.58			
--- Crane, Taylor	SO BRGTN	X1:00.43		
28.20	32.23			
--- Burdick, Lilly	FR GHOPE	X1:03.81		
29.58	34.23			
--- Byrd, Eden	FR GHOPE	X1:04.83		
30.64	34.19			
--- Bellerjeau, Schuyler	JR BRGTN	X1:05.70		
29.87	35.83			
--- Valentine, Samantha	SO GHOPE	X1:05.87		
30.43	35.44			
--- Mertens, Lucia	JR GHOPE	X1:07.81		
30.97	36.84			
--- Pazokian, Sarah	SR GHOPE	X1:13.58		
32.61	40.97			

Event 12 Men 100 Yard Butterfly

53.99 REGA 4A Region Auto
1:04.99 REGC 4A Region Consider

Name	YrSchool	Finals Time		
1 Tharakan, Abhay	JR APEX	51.87	9	
24.31	27.56			
2 Malone, Sam	SR BRGTN	55.46	7	
25.68	29.78			
3 Leisten, Kai	JR APEX	57.15	6	
26.16	30.99			
4 Hulbig, Marcus	SO GHOPE	59.69	5	
27.51	32.18			
5 Ravenel, Jaxton	SO GHOPE	1:04.18	4	
29.87	34.31			
6 Haugh, Maxwell	SR ATHEN	1:05.48	3	
28.83	36.65			
7 Thomas, Redding	FR ATHEN	1:09.41	2	
30.39	39.02			
8 Elagha, Yousif	FR BRGTN	1:14.70	1	
32.07	42.63			
--- Kovtushenko, Alex	SO APEX	X1:01.53		
27.82	33.71			
--- Bachle, Timothy	SO APEX	X1:04.66		
29.11	35.55			
--- McElhannon, Liam	SO ATHEN	X1:17.12		
33.30	43.82			

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Results - Meet

Event 13 Women 100 Yard Freestyle

54.99 REGA 4A Region Auto
1:02.99 REGC 4A Region Consider

Name	YrSchool	Finals Time		
1 Whelehan, Mere	JR GHOPE	53.15	9	
25.76		27.39		
2 Wooten, Hannah	SO BRGTN	55.42	7	
26.74		28.68		
3 Lu, Angelina	SO GHOPE	55.43	6	
26.83		28.60		
4 White, Marisa	SR APEX	55.92	5	
27.14		28.78		
5 Perry, Sophie	JR APEX	56.11	4	
27.35		28.76		
6 Lucas, Harper	FR BRGTN	57.39	3	
27.35		30.04		
7 Grant, Lindsay	JR ATHEN	58.22	2	
27.75		30.47		
8 Richards, Nora	JR ATHEN	59.63	1	
28.34		31.29		
--- Koonce, Helen	SO BRGTN	X56.85		
27.36		29.49		
--- Slavis, Alexandra	SO APEX	X57.69		
27.96		29.73		
--- Lauer, Lindsay	JR GHOPE	X58.09		
28.15		29.94		
--- Marriott, Camilla	SR APEX	X58.69		
28.22		30.47		
--- Davidson, Macy	FR GHOPE	X1:00.55		
29.00		31.55		
--- Mueller, Tanith	JR APEX	X1:00.74		
28.92		31.82		
--- Hettich, Helena	SO GHOPE	X1:00.92		
29.32		31.60		
--- Brewer, Lauren	SO GHOPE	X1:02.68		
29.40		33.28		
--- Harper, Sarah Knox	JR BRGTN	X1:03.63		
30.74		32.89		
--- Coll, Savannah	JR BRGTN	X1:03.76		
30.38		33.38		
--- Strunk, Julia	FR APEX	X1:05.30		
30.65		34.65		
--- Li, Sophia	FR GHOPE	X1:05.31		
31.08		34.23		
--- Haithcock, Liza	JR BRGTN	X1:05.54		
31.36		34.18		
--- Austin, Maggie	JR APEX	X1:05.67		
31.70		33.97		
--- Fleming, Harriet	SR BRGTN	X1:07.08		
32.35		34.73		
--- O'Donovan, Allie	JR BRGTN	X1:07.43		
31.51		35.92		
--- Murali, Gauri	SO GHOPE	X1:07.71		
31.89		35.82		
--- Brice, Harper	SO BRGTN	X1:07.89		
32.18		35.71		

--- Mayadeo, Amruta	FR GHOPE	X1:08.38		
33.29		35.09		
--- Hussaini, Sameena	SR APEX	X1:09.38		
33.41		35.97		
--- Allu, Sahasra	SO GHOPE	X1:09.46		
32.60		36.86		
--- Ubinger, Nora	JR GHOPE	X1:10.20		
34.00		36.20		
--- West, Lara	JR APEX	X1:11.50		
33.54		37.96		
--- Monroy, Laura	SO BRGTN	X1:11.96		
34.29		37.67		
--- Ospina, Rebeca	FR ATHEN	X1:12.30		
33.60		38.70		
--- Zanone, Charlotte	SR APEX	X1:14.53		
34.81		39.72		
--- Atanasova, Alexandra	SO GHOPE	X1:16.42		
36.85		39.57		
--- Weinstein, Talia	SR APEX	X1:18.26		
36.12		42.14		
--- Ayres, Zia	SO APEX	X1:24.28		
39.56		44.72		
--- Ingram, Leann	SO APEX	X1:28.46		
38.89		49.57		
--- Barillaro, Carly	FR BRGTN	XNS		
--- Reddy, Shriya	SO APEX	XNS		
--- Ayrilmaz, Damla	JR GHOPE	XNS		

Event 14 Men 100 Yard Freestyle

49.49 REGA 4A Region Auto
55.99 REGC 4A Region Consider

Name	YrSchool	Finals Time		
1 Lloyd, Landon	SR GHOPE	49.05	9	
23.45		25.60		
2 Kehn, Lucas	SR GHOPE	50.57	7	
24.12		26.45		
3 Barger, Andrew	SO BRGTN	51.19	6	
24.97		26.22		
4 Johnson, Lucas	JR ATHEN	53.73	5	
25.74		27.99		
5 Tala, Arnav	JR APEX	53.95	4	
25.94		28.01		
6 Leisten, Quinn	JR APEX	54.40	3	
25.96		28.44		
7 Heuer, Cole	FR BRGTN	55.85	2	
26.49		29.36		
8 Ashrafi, Ryan	SO ATHEN	58.48	1	
27.75		30.73		
--- Tsang, Teeven	SR APEX	X53.01		
25.33		27.68		
--- Finch, Brinson	SO BRGTN	X54.18		
26.82		27.36		
--- Sonntag, Calvin	SR APEX	X54.65		
25.99		28.66		
--- Helmedag, Rigs	SO APEX	X54.74		
26.49		28.25		
--- Sonntag, Flynn	SO APEX	X54.97		
26.55		28.42		

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Results - Meet

(Event 14 Men 100 Yard Freestyle)

Name	YrSchool	Finals Time
--- Barrios, Sebastian	FR ATHEN	X55.92
26.83 29.09		
--- Wiatrowski, James	SR BRGTN	X56.29
26.80 29.49		
--- Ivanov, Alec	FR APEX	X56.68
26.99 29.69		
--- Levesque, Jacob	FR GHOPE	X57.41
27.27 30.14		
--- Brostedt, Aubrey	FR GHOPE	X58.25
27.96 30.29		
--- Jewett, Matthew	FR GHOPE	X58.43
28.10 30.33		
--- Fendelman, David	JR BRGTN	X58.99
28.17 30.82		
--- Hartmere, Ryan	FR ATHEN	X59.47
28.05 31.42		
--- Swicegood, Owen	SO BRGTN	X59.65
28.47 31.18		
--- Ursescu, Tristan	FR GHOPE	X59.73
28.74 30.99		
--- Chen, Dylan	SO GHOPE	X1:00.33
29.84 30.49		
--- Zeren, AJ	JR BRGTN	X1:00.60
29.44 31.16		
--- Muppalam, Karthik	FR GHOPE	X1:01.30
29.38 31.92		
--- Baugh, Nicklaus	SR GHOPE	X1:01.64
29.24 32.40		
--- Rahalkar, Shreyas	FR GHOPE	X1:02.36
29.77 32.59		
--- Sanford, Cole	FR GHOPE	X1:02.46
--- Peterson, Brandon	JR APEX	X1:03.25
30.40 32.85		
--- Wheeler, Calvin	JR BRGTN	X1:04.11
29.94 34.17		
--- Auerbach, Nicholas	FR GHOPE	X1:04.72
30.44 34.28		
--- Studer, Eric	JR APEX	X1:05.82
31.33 34.49		
--- Girardin, Eliot	SO BRGTN	X1:07.20
31.60 35.60		
--- Underwood, Bobby	FR ATHEN	X1:08.06
31.48 36.58		
--- Jin, Edward	FR GHOPE	XNS
--- Satterfield, Walker	JR GHOPE	XNS

Event 15 Women 500 Yard Freestyle

5:17.49 REGA 4A Region Auto
6:30.99 REGC 4A Region Consider

Name	YrSchool	Finals Time
1 Megaly, Melina	FR GHOPE	5:25.38 9
29.85 32.28		32.93
32.90 33.26		33.77
33.57 31.69		

2 Carson, Clara	JR BRGTN	5:25.96 7
33.10 33.53 33.51		33.09
30.55		
3 Schmidt, Lorelei	FR BRGTN	5:44.95 6
31.01 34.59 35.01 35.07		
35.29 34.96 35.15 35.53		
34.54 33.80		
4 Dane, Caitlin	SO GHOPE	5:50.09 5
31.50 34.91 35.89 35.89		
35.99 36.12 36.40 35.28		
34.41 33.70		
5 Sampson, Annabel	SR APEX	6:47.63 4
33.69 38.80 40.34 41.48		
41.93 42.64 42.44 42.36		
42.54 41.41		
--- Dott, Julia	JR APEX	NS

Event 16 Men 500 Yard Freestyle

4:57.49 REGA 4A Region Auto
6:30.99 REGC 4A Region Consider

Name	YrSchool	Finals Time
1 Swenson, Broder	JR BRGTN	4:58.37 9
26.71 29.04 29.57 30.03		
30.37 30.42 30.95 30.77		
30.54 29.97		
2 Kempf, Mason	SR BRGTN	5:15.31 7
28.12 30.72 31.74 32.18		
31.74 31.83 32.65 32.55		
32.20 31.58		
3 Beebe, Nolan	FR ATHEN	5:30.11 6
29.98 32.52 32.71 33.33		
33.72 33.84 34.08 33.74		
33.57 32.62		
4 Smith, Markus	SO ATHEN	6:52.92 5
34.37 38.62 40.23 40.93		
41.54 42.45 43.58 43.60		
44.55 43.05		
--- Bingham, Oliver	FR APEX	DQ
False start		
31.07 37.05 38.84 39.49		
39.26 40.11 39.77 39.24		
39.32 38.70		

Event 17 Women 200 Yard Freestyle Relay

1:46.49 REGA 4A Region Auto
2:59.99 REGC 4A Region Consider

Team	Relay	Finals Time
1 GHOPE	A	1:39.84 18
1) Whelehan, Sloane FR	2) Lu, Angelina SO	
3) Whelehan, Mere JR	4) Quisumbing, Andie SR	
24.15 25.17	24.56 25.96	
2 BRGTN	A	1:41.84 14
1) Hagmann, Riley FR	2) Wooten, Hannah SO	
3) Lucas, Harper FR	4) Crane, Taylor SO	
25.26 25.38	26.00 25.20	

01.18.24 BRGTN vs GHOPE vs ATHEN vs APEX - 1/18/2024

Results - Meet

(Event 17 Women 200 Yard Freestyle Relay)

Team	Relay	Finals Time		
3 APEX	A	1:42.83	12	
1) Palmer, Jessica SR	2) Marriott, Camilla SR			
3) White, Marisa SR	4) Cureton, Taylor SR			
26.03 26.37	26.33 24.10			
4 APEX	B	1:47.49	10	
1) Helmedag, Rosemary JR	2) Slavis, Alexandra SO			
3) Ivanov, Katya SR	4) Perry, Sophie JR			
27.10 26.85	27.95 25.59			
5 ATHEN	A	1:47.59	8	
1) Richards, Nora JR	2) Ko, Andie SO			
3) Holloway, Blythe SR	4) Grant, Lindsay JR			
27.84 27.42	25.89 26.44			
6 GHOPE	B	1:48.01	6	
1) Brewer, Lauren SO	2) Byrd, Eden FR			
3) Megaly, Melina FR	4) Vestal, Chloe SR			
27.88 27.15	25.90 27.08			
7 BRGTN	B	1:50.71	4	
1) Koonce, Helen SO	2) Harper, Sarah Knox JR			
3) Hahl, Annelise SR	4) Mann, Randolph JR			
27.23 28.92	27.66 26.90			
--- ATHEN	B		DQ	
Early take-off swimmer #2				
1) Ko, Alice JR	2) Ospina, Rebeca FR			
3) Shelke, Anvi FR	4) Underwood, CarlyAnn SR			
30.11 33.63	34.77 31.59			

Event 18 Men 200 Yard Freestyle Relay

1:33.99 REGA 4A Region Auto
2:35.99 REGC 4A Region Consider

Team	Relay	Finals Time		
1 GHOPE	A	1:30.94	18	
1) Lloyd, Landon SR	2) Kehn, Lucas SR			
3) Wu, Levin SR	4) Farrell, Brian SR			
22.70 23.16	23.00 22.08			
2 APEX	A	1:33.06	14	
1) Leisten, Kai JR	2) Tsang, Teeven SR			
3) Leisten, Quinn JR	4) Tharakan, Abhay JR			
23.14 23.36	24.24 22.32			
3 BRGTN	A	1:33.52	12	
1) Malone, Sam SR	2) Wiatrowski, James SR			
3) Barger, Andrew SO	4) Tuttle, Wilson SR			
23.37 25.35	23.17 21.63			
4 APEX	B	1:37.67	10	
1) Tala, Arnav JR	2) Connor, J.P. SO			
3) Kovtushenko, Alex SO	4) Trigilio, Domenico SO			
24.28 24.80	24.38 24.21			
5 GHOPE	B	1:40.38	8	
1) Satterfield, Walker JR	2) Hulbig, Marcus SO			
3) Jewett, Matthew FR	4) Levesque, Jacob FR			
25.02 23.19	26.51 25.66			
6 BRGTN	B	1:44.54	6	
1) Heuer, Cole FR	2) Binkley, Dean FR			
3) Swicegood, Owen SO	4) Finch, Brinson SO			
26.11 26.81	26.71 24.91			

7 ATHEN	B	1:49.65	4	
1) McInnis, Nolan SR	2) Hartmere, Ryan FR			
3) Haugh, Maxwell SR	4) Ashrafi, Ryan SO			
28.75 28.05	26.33 26.52			

Event 19 Women 100 Yard Backstroke

1:00.49 REGA 4A Region Auto
1:11.99 REGC 4A Region Consider

Name	YrSchool	Finals Time		
1 Meekins, Nola	FR GHOPE	1:00.07	9	
29.51 30.56				
2 Cureton, Taylor	SR APEX	1:02.31	7	
29.54 32.77				
3 Jeltema, Mia	JR GHOPE	1:03.01	6	
30.58 32.43				
4 Palmer, Jessica	SR APEX	1:05.07	5	
31.65 33.42				
5 Haxholdt, Jacqueline	FR ATHEN	1:05.14	4	
31.77 33.37				
6 Mann, Randolph	JR BRGTN	1:05.22	3	
31.12 34.10				
7 Richards, Nora	JR ATHEN	1:06.69	2	
32.64 34.05				
8 Bellerjeau, Schuyler	JR BRGTN	1:06.71	1	
32.34 34.37				
--- Vestal, Chloe	SR GHOPE	X1:05.30		
31.64 33.66				
--- Lisk, Alana	SR BRGTN	X1:11.64		
35.16 36.48				
--- De Jong, Evelyn	JR BRGTN	X1:11.68		
34.92 36.76				
--- Monge, Annabella	JR GHOPE	X1:14.90		
37.31 37.59				
--- Strunk, Julia	FR APEX	X1:17.87		
37.62 40.25				
--- Taylor, Sophia	JR BRGTN	X1:20.02		
37.04 42.98				
--- Underwood, CarlyAnn	SR ATHEN	X1:22.21		
39.55 42.66				
--- Devarajan, Diya	FR ATHEN	XNS		

Event 20 Men 100 Yard Backstroke

55.99 REGA 4A Region Auto
1:07.99 REGC 4A Region Consider

Name	YrSchool	Finals Time		
1 Farrell, Brian	SR GHOPE	54.44	9	
26.74 27.70				
2 March, Jackson	SO BRGTN	54.47	7	
26.57 27.90				
3 Barnes, Jack	JR ATHEN	55.28	6	
27.68 27.60				
4 Shalhoub, Nick	SO GHOPE	55.94	5	
27.73 28.21				
5 Trexler, Grant	SO BRGTN	59.18	4	
28.72 30.46				
6 Sonntag, Calvin	SR APEX	1:02.86	3	
30.44 32.42				

01.18.24 BRGTN vs GHOPE vs ATHEN vs APEX - 1/18/2024

Results - Meet

(Event 20 Men 100 Yard Backstroke)

Name	YrSchool	Finals Time
7 Barrios, Sebastian	FR ATHEN	1:06.33 2
32.04 34.29		
8 Bolton, Bryce	JR APEX	1:12.45 1
34.36 38.09		
--- Jones, Griffin	SR BRGTN	X1:01.66
29.71 31.95		
--- Beebe, Nolan	FR ATHEN	X1:03.54
31.12 32.42		
--- Binkley, Dean	FR BRGTN	X1:06.87
32.90 33.97		
--- Wheeler, Calvin	JR BRGTN	X1:16.08
36.64 39.44		
--- McElhannon, Liam	SO ATHEN	X1:20.92
39.09 41.83		
--- McInnis, Nolan	SR ATHEN	X1:24.75
--- Frasure, Will	SR ATHEN	XDQ

Shoulders past vertical toward breast

Event 21 Women 100 Yard Breaststroke

1:08.99 REGA 4A Region Auto
1:23.99 REGC 4A Region Consider

Name	YrSchool	Finals Time
1 Holloway, Blythe	SR ATHEN	1:07.00 9
31.60 35.40		
2 Palmer, Elizabeth	JR APEX	1:07.97 7
32.03 35.94		
3 Kupfrian, Paige	SO GHOPE	1:15.45 6
35.53 39.92		
4 Ko, Andie	SO ATHEN	1:15.56 5
36.34 39.22		
5 Howell, Addison	FR BRGTN	1:16.23 4
35.34 40.89		
6 Valent, Hope	JR GHOPE	1:17.77 3
36.25 41.52		
7 Stuart, Freddie	SO APEX	1:18.84 2
36.69 42.15		
8 Hahl, Annelise	SR BRGTN	1:18.85 1
36.90 41.95		
--- Brice, Harper	SO BRGTN	X1:21.71
38.24 43.47		
--- Ko, Alice	JR ATHEN	X1:26.91
40.08 46.83		
--- Dano, Malie	FR GHOPE	X1:27.71
41.44 46.27		
--- Pazokian, Sarah	SR GHOPE	X1:28.01
41.26 46.75		
--- Shelke, Anvi	FR ATHEN	XDQ
One hand touch		
45.25 54.44		

Event 22 Men 100 Yard Breaststroke

1:01.99 REGA 4A Region Auto
1:14.99 REGC 4A Region Consider

Name	YrSchool	Finals Time
1 Tharakan, Abhay	JR APEX	1:00.13 9
28.65 31.48		

2 Tuttle, Wilson	SR BRGTN	1:01.69 7
29.06 32.63		
3 Malone, Sam	SR BRGTN	1:05.10 6
30.81 34.29		
4 Hulbig, Marcus	SO GHOPE	1:05.21 5
30.29 34.92		
5 Wu, Levin	SR GHOPE	1:06.45 4
30.43 36.02		
6 Beebe, Cooper	SR ATHEN	1:06.90 3
30.77 36.13		
7 Haltom, Luke	JR ATHEN	1:12.58 2
33.04 39.54		
8 Bachle, Timothy	SO APEX	1:14.47 1
35.39 39.08		
--- Binkley, Dean	FR BRGTN	X1:09.96
33.35 36.61		
--- Ashrafi, Ryan	SO ATHEN	X1:16.25
35.32 40.93		
--- Wegner, Ethan	FR GHOPE	X1:16.67
35.42 41.25		
--- Jones-Sclater, Jackson	SR ATHEN	X1:16.90
35.70 41.20		
--- Mitchell, Adam	SO GHOPE	X1:17.62
36.87 40.75		
--- Frasure, Garrett	FR ATHEN	XDQ
Butterfly kick		
42.38 51.90		
--- Prudhomme, Everett	FR GHOPE	XNS

Event 23 Women 400 Yard Freestyle Relay

3:49.99 REGA 4A Region Auto
6:15.99 REGC 4A Region Consider

Team	Relay	Finals Time
1 GHOPE	A	3:41.64 18
1) Lu, Angelina SO	2) Quisumbing, Andie SR	
3) Meekins, Nola FR	4) Jeltema, Mia JR	
26.80 55.63	26.90 56.27	
26.72 55.51	25.97 54.23	
2 APEX	A	3:41.78 14
1) Perry, Sophie JR	2) White, Marisa SR	
3) Palmer, Jessica SR	4) Cureton, Taylor SR	
27.51 56.22	27.29 56.52	
27.21 55.99	25.09 53.05	
3 BRGTN	A	3:57.15 12
1) Koonce, Helen SO	2) Howell, Addison FR	
3) Mann, Randolph JR	4) Hagmann, Riley FR	
27.78 57.93	28.72	
	26.12 55.82	
4 APEX	B	3:58.14 10
1) Helmedag, Rosemary JR	2) Mueller, Tanith JR	
3) Marriott, Camilla SR	4) Palmer, Elizabeth JR	
28.42 1:00.08	28.54 1:01.04	
28.79 1:00.30	26.62 56.72	
5 GHOPE	B	4:03.10 8
1) Vestal, Chloe SR	2) Dane, Caitlin SO	
3) Brewer, Lauren SO	4) Kupfrian, Paige SO	
29.48 1:02.49	29.24 1:01.80	
29.15 1:02.13	27.34 56.68	

01.18.24 BRGTN vs GHOPE vs ATHEN vs APEX - 1/18/2024

Results - Meet

(Event 23 Women 400 Yard Freestyle Relay)

Team	Relay	Finals Time
6 BRGTN	B	4:03.79 6
1) Barillaro, Carly FR	2) Bellerjeau, Schuyler JR	
3) Coll, Savannah JR	4) Carson, Clara JR	
29.51 1:01.10	28.63 1:00.46	
29.55 1:03.90	27.37 58.33	
--- ATHEN	A	DQ
Early take-off swimmer #2		
1) Ospina, Rebeca FR	2) Ward, Gracie FR	
3) Devarajan, Diya FR	4) Haxholdt, Jacqueline FR	
33.88		
30.17 1:03.06	35.74 1:24.36	

Event 24 Men 400 Yard Freestyle Relay

3:24.99 REGA 4A Region Auto

5:30.99 REGC 4A Region Consider

Team	Relay	Finals Time
1 GHOPE	A	3:21.75 18
1) Lloyd, Landon SR	2) Shalhoub, Nick SO	
3) Kehn, Lucas SR	4) Farrell, Brian SR	
24.20 50.20	24.82 51.84	
24.22 50.78	22.95 48.93	
2 BRGTN	A	3:24.94 14
1) Swenson, Broder JR	2) Trexler, Grant SO	
3) Kempf, Mason SR	4) March, Jackson SO	
24.61 50.82	24.75 50.43	
3 APEX	A	3:31.91 12
1) Trigilio, Domenico SO	2) Tala, Arnav JR	
3) Leisten, Quinn JR	4) Leisten, Kai JR	
25.35 53.65	25.40 53.50	
25.68 54.88	23.53 49.88	
4 APEX	B	3:42.49 10
1) Sonntag, Flynn SO	2) Kovtushenko, Alex SO	
3) Connor, J.P. SO	4) Helmedag, Rigs SO	
27.01 57.59	26.07 55.10	
25.94 54.20	26.02 55.60	
5 BRGTN	B	3:47.26 8
1) Heuer, Cole FR	2) Wiatrowski, James SR	
3) Fendelman, David JR	4) Finch, Brinson SO	
26.92 56.18	27.93 57.60	
26.89 56.86	26.97 56.62	
6 ATHEN	A	3:49.23 6
1) Haltom, Luke JR	2) Beebe, Nolan FR	
3) Thomas, Redding FR	4) Ashrafi, Ryan SO	
28.21 59.43	25.75 55.72	
28.11 59.61	25.84 54.47	
7 GHOPE	B	3:53.49 4
1) Ravenel, Jaxton SO	2) Jewett, Matthew FR	
3) Miller, Ryan FR	4) Brostedt, Aubrey FR	
26.76 56.03	28.40 59.55	
27.85 58.93	28.04 58.98	
8 ATHEN	B	4:10.47 2
1) Haugh, Maxwell SR	2) Hartmere, Ryan FR	
3) Barrios, Sebastian FR	4) Smith, Markus SO	
28.80 1:01.07	31.25 1:10.53	
28.23 58.97	29.51 59.90	

Combined Team Scores**Combined Team Scores - Through Event 24**

1. Green Hope High School	321
2. Needham Broughton High School	286
3. Apex Cougars	260
4. Athens Drive High School	136

Scores - Women**Women - Team Rankings - Through Event 24**

1. Green Hope High School	178
2. Apex Cougars	137
3. Needham Broughton High School	119
4. Athens Drive High School	66

Scores - Men**Men - Team Rankings - Through Event 24**

1. Needham Broughton High School	167
2. Green Hope High School	143
3. Apex Cougars	123
4. Athens Drive High School	70