

2025 SWAC Conference Championships - 1/25/2025

Results

Event 1 Women 200 Yard Medley Relay

1:56.99 REGA 4A Region Auto

3:30.99 REGC 4A Region Consider

Team	Relay	Finals Time	
1 GHOPE	A	1:49.30	REGA
1) Meekins, Nola SO	2) Jeltema, Mia SR		
3) Qiu, Janice JR	4) Lu, Angelina JR		
28.42 29.38	27.03 24.47		
2 AFRND	A	1:50.76	REGA
1) Broadbent, Carson SO	2) Martin, Annabelle JR		
3) Zettel, Nicole SR	4) Mouline, Yasmin SR		
28.97 30.73	25.48 25.58		
3 GRLVL	A	1:51.39	REGA
1) Ray, Kaylin SO	2) Willis, Lily SR		
3) Talwar, Tara JR	4) Fox, Maddie FR		
30.08 29.48	26.72 25.11		
4 CARY	A	1:51.47	REGA
1) Burns, Rose SO	2) Carlson, Lauren JR		
3) Marshall, Toni SO	4) Mittendorf, Ada SO		
28.28 30.54	27.80 24.85		
5 APEX	A	1:52.03	REGA
1) Perry, Sophie SR	2) Palmer, Elizabeth SR		
3) Mueller, Tanith SR	4) Slavis, Alexandra JR		
28.74 30.37	25.91 27.01		
6 GHOPE	B	1:56.82	REGA
1) Park, Gianna SO	2) Morea, Alex FR		
3) Chia, Keira SO	4) Brewer, Lauren JR		
28.78 34.27	27.43 26.34		
7 MIDCR	A	1:57.98	REGC
1) Rendon, Kalle JR	2) Brown, Ella JR		
3) Nelson, Savannah SO	4) Morales Fernandez, Montserrat		
28.75 36.53	25.89 26.81		
8 HLSPG	A	1:58.40	REGC
1) Oman, Kennedy SO	2) Ormondroyd, Tia SR		
3) Ford, Cara FR	4) Lindberg, Sydney SO		
30.21 32.33	28.98 26.88		
9 AFRND	B	1:59.38	REGC
1) Brock, Alecia FR	2) Bartoszek, Madeline FR		
3) McNally, Michaela SR	4) Mack, Carly SR		
30.53 32.37	30.21 26.27		
10 APEX	B	2:02.41	REGC
1) Eckard, Violet FR	2) Mackey, Taegan FR		
3) Austin, Maggie SR	4) Strunk, Julia SO		
31.86 33.12	28.51 28.92		
11 GRLVL	B	2:04.58	REGC
1) Eklund, Alyssa JR	2) Swafford, Elizabeth SR		
3) Schoenagel, Lauren JR	4) Fishburn, Poppy FR		
32.98 33.60	31.92 26.08		
12 HLSPG	B	2:04.96	REGC
1) Swartzfager, Emma SO	2) Barbee, Rylee SR		
3) Luper, Addison SO	4) Leising, Lily JR		
32.78 34.15	29.25 28.78		
13 CARY	B	2:06.48	REGC
1) Hochanadel, Sarah JR	2) Snyder, Paige SO		
3) Craig, Ailey SO	4) Bohinc, Kaylee SR		
34.14	27.13		

14 PANCR	A	2:12.51	REGC
1) King, Kaitlyn SO	2) Cheng, Audrey JR		
3) Rao, Dhriti SO	4) Potter, Julia SR		
30.93 41.23	30.30 30.05		
15 MIDCR	B	2:18.11	REGC
1) Heinisch, Cora SO	2) Ressler, Olivia JR		
3) Schwadron, Summer SR	4) Stalnaker, Isabella SO		
38.08 36.56	34.20 29.27		

Event 2 Men 200 Yard Medley Relay

1:42.99 REGA 4A Region Auto

2:59.99 REGC 4A Region Consider

Team	Relay	Finals Time	
1 GRLVL	A	1:37.90	REGA
1) Palamar, Jonathan SO	2) Liu, Darren SR		
3) Liu, Kevin FR	4) O'Keefe, Leo SR		
25.40 27.72	23.61 21.17		
2 AFRND	A	1:38.10	REGA
1) Tangeman, Cole SR	2) Marrujo, Oliver FR		
3) Marrujo, Christian SR	4) Singletary, Cohen SR		
26.20 26.77	23.59 21.54		
3 APEX	A	1:40.55	REGA
1) Tharakan, Abhay SR	2) Connor, John JR		
3) Suphavadeprasit, Arman SR	4) Leisten, Kai SR		
24.08 30.23	24.78 21.46		
4 PANCR	A	1:40.86	REGA
1) Harter, Isaac JR	2) Camplin, Charles JR		
3) Gordy, Gavin SR	4) Valeriote, Benjamin JR		
25.86 26.93	25.69 22.38		
5 CARY	A	1:42.07	REGA
1) Provost, Calvin SO	2) Villalobos, Adrian SR		
3) Papp, Alex SO	4) Rakusin, Ben SR		
25.65 29.26	25.02 22.14		
6 GRLVL	B	1:42.80	REGA
1) Sun, Jason SO	2) Park, Joseph SO		
3) Locklear, Devin JR	4) Park, Justin JR		
27.73 28.48	24.17 22.42		
7 APEX	B	1:44.96	REGC
1) Bachle, Timothy JR	2) Leisten, Elijah SR		
3) Trigilio, Domenico JR	4) Ivanov, Alec SO		
26.09 29.78	24.66 24.43		
8 AFRND	B	1:46.46	REGC
1) Heinzerling, Conrad JR	2) Rothchild, Brennan SR		
3) Becker, Camden FR	4) Hinton, Jaydon SO		
28.49 27.11	26.38 24.48		
*9 HLSPG	A	1:47.27	REGC
1) Forrest, Robert JR	2) Shelby, Alex SO		
3) Zockoll, Jackson SR	4) Fairbairn, Ethan JR		
28.06 30.84	24.10 24.27		
*9 GHOPE	A	1:47.27	REGC
1) McKone, Everett FR	2) Hulbig, Marcus JR		
3) Ravenel, Jaxton JR	4) Jewett, Matthew SO		
27.38 28.75	26.98 24.16		
11 HLSPG	B	1:47.67	REGC
1) Dighe, Veer JR	2) Springfield, Adam SR		
3) Swartz, Collin SO	4) Nakhla, Luke JR		
27.62 30.47	26.45 23.13		

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(Event 2 Men 200 Yard Medley Relay)

Team	Relay	Finals Time		
12 GHOPE	B	1:47.84	REGC	
1) Ursescu, Tristan SO	2) Wen, Luke SR			
3) Dean, Chase SO	4) Wolfe, Ethan SR			
28.90	30.15	25.34	23.45	
13 MIDCR	A	1:48.01	REGC	
1) Phillips, Gavin FR	2) Elsalakawi, Seif JR			
3) Dunaway, Jake SO	4) Vining, Skyler JR			
25.65	31.59	24.40	26.37	
14 CARY	B	1:54.62	REGC	
1) Silvester, Courtney JR	2) Lychak, Cael JR			
3) Cole, Toby JR	4) Fairlee, Ryan JR			
31.69	29.82	30.33	22.78	
15 PANCR	B	2:02.50	REGC	
1) Shaha, Arham JR	2) Tang, Kevin SO			
3) Sajan, Daniel JR	4) Nemani, Pradyun SO			
33.98	29.00	31.95	27.57	
16 MIDCR	B	2:08.12	REGC	
1) Lee, Jordan SR	2) Astudillo, Morgan SO			
3) Ren, Eli FR	4) McCombs, John FR			
32.40	38.82	29.68	27.22	

Event 3 Women 200 Yard Freestyle

1:58.99 REGA 4A Region Auto

2:15.99 REGC 4A Region Consider

Name	YrSchool	Finals Time		
1 Whelehan, Mere	SR GHOPE	1:51.25	REGA	
26.51	28.11	28.35	28.28	
2 Whelehan, Sloane	SO GHOPE	1:51.83	REGA	
26.53	28.49	28.67	28.14	
3 Fox, Maddie	FR GRLVL	1:56.49	REGA	
27.46	29.49	29.79	29.75	
4 Perry, Sophie	SR APEX	1:58.68	REGA	
27.52	29.76	30.70	30.70	
5 Ford, Cara	FR HLSPG	2:00.36	REGC	
28.09	30.53	30.87	30.87	
6 Kupfrian, Paige	JR GHOPE	2:03.96	REGC	
27.95	30.50	32.47	33.04	
7 Prasanth, Lakshmi	SR AFRND	2:04.99	REGC	
28.83	31.33	32.48	32.35	
8 Valentine, Samantha	JR GHOPE	2:07.38	REGC	
28.58	31.58	33.38	33.84	
9 Morales Fernandez, Montserr	FR MIDCR	2:10.13	REGC	
29.93	33.00	33.86	33.34	
10 O'Donnell, Sedona	SO GRLVL	2:10.73	REGC	
29.84	33.60	33.82	33.47	
11 Brown, Ella	JR MIDCR	2:13.43	REGC	
30.97	33.31	34.59	34.56	
12 Nguyen, Lizzie	JR AFRND	2:13.51	REGC	
30.26	33.89	34.76	34.60	
13 Springfield, Ella	FR HLSPG	2:17.57	4	
30.47	34.72	36.32	36.06	
14 Lorion, Avary	SR HLSPG	2:19.31	3	
31.85	34.98	36.18	36.30	
15 Monge, Annabella	SR GHOPE	2:20.17	2	
30.55	34.82	36.82	37.98	

16 McCleskey, Sydney	SR HLSPG	2:29.48	1	
33.64	37.72	38.75	39.37	
17 Cakerice, Madelyn	FR GRLVL	2:34.44		
34.86	38.39	40.64	40.55	
18 Dott, Julia	SR APEX	2:36.22		
32.95	38.32	41.45	43.50	
19 Potter, Julia	SR PANCR	2:43.64		
34.94	39.73	44.48	44.49	
20 Ayers, Zia	JR APEX	2:47.59		
37.22	42.66	44.13	43.58	
21 Parekh, Deeya	SO PANCR	2:53.78		
38.66	43.74	45.74	45.64	

Event 4 Men 200 Yard Freestyle

1:48.99 REGA 4A Region Auto

2:18.99 REGC 4A Region Consider

Name	YrSchool	Finals Time		
1 Harter, Isaac	JR PANCR	1:46.13	REGA	
24.72	26.71	27.45	27.25	
2 Zockoll, Jackson	SR HLSPG	1:48.12	REGA	
25.14	27.23	27.77	27.98	
3 Tangeman, Cole	SR AFRND	1:48.75	REGA	
25.81	27.43	28.20	27.31	
4 Oman, Erik	SR HLSPG	1:50.11	REGC	
25.57	27.55	28.37	28.62	
5 Perkins, Wyatt	JR GRLVL	1:50.17	REGC	
25.66	27.53	28.40	28.58	
6 Shalhoub, Nick	JR GHOPE	1:50.45	REGC	
25.87	27.78	28.50	28.30	
7 Brumback, Noah	SO APEX	1:57.00	REGC	
26.08	29.55	31.06	30.31	
8 Li, Jerry	JR GRLVL	1:57.64	REGC	
27.09	29.58	30.38	30.59	
9 Wen, Luke	SR GHOPE	1:58.05	REGC	
27.58	30.18	30.28	30.01	
10 Kistler, Lance	SR GRLVL	1:58.38	REGC	
27.66	30.33	30.66	29.73	
11 Levesque, Jacob	SO GHOPE	1:58.91	REGC	
27.09	30.63	30.91	30.28	
12 Dong, Isaac	FR GRLVL	1:59.36	REGC	
27.21	29.97	31.38	30.80	
13 Sarath, Rishab	FR GRLVL	1:59.91	REGC	
27.38	30.76	31.50	30.27	
14 Tala, Arnav	SR APEX	2:00.38	REGC	
27.08	31.07	31.59	30.64	
15 Saini, Krish	FR AFRND	2:02.94	REGC	
28.18	31.13	32.19	31.44	
16 Mickler, Robert	FR APEX	2:05.42	REGC	
28.19	31.59	33.43	32.21	
17 Xia, Noah	JR PANCR	2:05.45	REGC	
28.73	31.70	32.35	32.67	
18 Leahy, Aidan	SR GRLVL	2:05.59	REGC	
29.52	31.93	32.35	31.79	
19 Adley, Dylan	FR AFRND	2:05.81	REGC	
28.22	32.92	33.40	31.27	
20 Komireddy, Vachan	SO GRLVL	2:07.95	REGC	
28.08	31.24	34.79	33.84	

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(Event 4 Men 200 Yard Freestyle)

Name	Yr	School	Finals Time	REGC
21 Watts, Luke	SR	GRLVL	2:09.76	REGC
			27.08 32.05 34.73 35.90	
22 Vining, Skyler	JR	MIDCR	2:15.93	REGC
			30.17 34.19 36.09 35.48	
23 Nicholson, Connel		CARY	2:18.27	REGC
			29.45 33.42 36.56 38.84	
24 Lindenberg, Gabriel	SR	APEX	2:27.07	
			33.43 36.45 39.89 37.30	

Event 5 Women 200 Yard IM

2:12.99 REGA 4A Region Auto
2:45.99 REGC 4A Region Consider

Name	Yr	School	Finals Time	REGA
1 Willis, Lily	SR	GRLVL	2:03.59	REGA
			27.56 30.73 35.72 29.58	
2 Jeltema, Mia	SR	GHOPE	2:06.58	REGA
			27.59 32.55 35.72 30.72	
3 Meekins, Nola	SO	GHOPE	2:09.22	REGA
			28.15 32.40 37.59 31.08	
4 Chia, Keira	SO	GHOPE	2:10.34	REGA
			28.64 34.88 37.07 29.75	
5 Rendon, Kalle	JR	MIDCR	2:12.32	REGA
			28.65 32.87 39.55 31.25	
6 Ormondroyd, Tia	SR	HLSPG	2:12.81	REGA
			28.23 33.84 38.65 32.09	
7 Marshall, Toni	SO	CARY	2:16.58	REGC
			29.67 35.59 38.71 32.61	
8 Stuart, Winifred	JR	APEX	2:16.61	REGC
			30.26 35.41 39.72 31.22	
9 Oman, Kennedy	SO	HLSPG	2:19.23	REGC
			29.37 35.10 40.92 33.84	
10 Brock, Alecia	FR	AFRND	2:19.57	REGC
			30.00 34.18 42.39 33.00	
11 Eklund, Alyssa	JR	GRLVL	2:21.52	REGC
			31.13 35.49 42.61 32.29	
12 Morea, Alex	FR	GHOPE	2:22.50	REGC
			32.50 37.02 40.03 32.95	
13 Hall, Mackenzie	SO	CARY	2:23.11	REGC
			30.72 36.04 42.87 33.48	
14 King, Kaitlyn	SO	PANCR	2:24.18	REGC
			31.11 37.03 43.42 32.62	
15 Valent, Hope	SR	GHOPE	2:24.21	REGC
			30.93 39.26 41.08 32.94	
16 Luper, Addison	SO	HLSPG	2:26.75	REGC
			30.83 39.40 43.54 32.98	
17 Rao, Dhriti	SO	PANCR	2:31.63	REGC
			31.56 37.95 45.73 36.39	
18 Rakusin, Lia	JR	CARY	2:34.44	REGC
			31.20 39.31 47.74 36.19	
19 McNally, Michaela	SR	AFRND	2:34.82	REGC
			31.79 38.53 48.02 36.48	
20 Swartzfager, Emma	SO	HLSPG	2:36.74	REGC
			33.65 38.90 47.05 37.14	
21 Benis, Gaia	SO	GRLVL	2:47.20	
			31.57 42.00 52.71 40.92	

Event 6 Men 200 Yard IM

2:01.99 REGA 4A Region Auto
2:32.99 REGC 4A Region Consider

Name	Yr	School	Finals Time	REGA
1 Tharakan, Abhay	SR	APEX	1:55.39	REGA
			25.32 28.33 33.30 28.44	
2 Provost, Calvin	SO	CARY	1:56.90	REGA
			25.26 29.49 33.60 28.55	
3 Liu, Kevin	FR	GRLVL	1:57.69	REGA
			25.17 29.61 34.86 28.05	
4 Peng, Alistair	FR	GHOPE	1:58.49	REGA
			25.28 30.25 35.97 26.99	
5 Sun, Jason	SO	GRLVL	1:58.75	REGA
			26.74 30.74 34.04 27.23	
6 Marrujo, Oliver	FR	AFRND	2:00.16	REGA
			26.24 31.59 33.24 29.09	
7 Coulter, Ezra	SO	GHOPE	2:00.64	REGA
			25.98 31.11 34.80 28.75	
8 Liu, Darren	SR	GRLVL	2:02.44	REGC
			26.73 31.15 34.70 29.86	
9 Park, Joseph	SO	GRLVL	2:02.67	REGC
			27.80 30.90 34.47 29.50	
10 Sahin, Ibrihim	SO	APEX	2:06.76	REGC
			26.94 32.24 37.03 30.55	
11 Gordy, Gavin	SR	PANCR	2:07.34	REGC
			27.16 33.52 36.05 30.61	
12 Forrest, Robert	JR	HLSPG	2:08.56	REGC
			28.20 32.59 37.93 29.84	
13 Ravenel, Jaxton	JR	GHOPE	2:08.99	REGC
			28.33 32.51 37.79 30.36	
14 Varabyou, Daniel	SO	APEX	2:09.72	REGC
			27.36 33.61 34.37 34.38	
15 Tang, Kevin	SO	PANCR	2:10.98	REGC
			28.26 33.63 37.45 31.64	
16 Connor, John	JR	APEX	2:13.97	REGC
			29.54 34.03 38.59 31.81	
17 Miller, Ryan	SO	GHOPE	2:14.08	REGC
			30.59 33.05 40.61 29.83	
18 Fairbairn, Ethan	JR	HLSPG	2:15.89	REGC
			26.80 34.91 40.38 33.80	
19 Hulbig, Gavin	FR	GHOPE	2:20.00	REGC
			29.49 36.44 40.19 33.88	
20 Marshall, Mehan	SO	PANCR	2:25.58	REGC
			29.12 37.71 43.18 35.57	
--- Lychak, Cael	JR	CARY	DFS	
Declared false start - Misc				

Event 7 Women 50 Yard Freestyle

25.49 REGA 4A Region Auto
27.99 REGC 4A Region Consider

Name	Yr	School	Finals Time	REGA
1 Whelehan, Sloane	SO	GHOPE	24.22	REGA
2 Lu, Angelina	JR	GHOPE	25.12	REGA
3 Mittendorf, Ada	SO	CARY	25.19	REGA
4 Carlson, Lauren	JR	CARY	25.21	REGA
5 Gilreath, Delainey	JR	AFRND	25.57	REGC
6 Helmedag, Rosemary	SR	APEX	25.81	REGC

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(Event 7 Women 50 Yard Freestyle)

Name	YrSchool	Finals Time		
7 Lindberg, Sydney	SO HLSPG	26.19	REGC	
8 McNutt, Payton	SO GRLVL	26.38	REGC	
9 Mackey, Taegan	FR APEX	26.43	REGC	
10 Barbee, Rylee	SR HLSPG	26.85	REGC	
11 Brewer, Lauren	JR GHOPE	26.97	REGC	
12 Mizell, Hailey	FR AFRND	27.17	REGC	
13 Mack, Carly	SR AFRND	27.19	REGC	
14 Swafford, Elizabeth	SR GRLVL	27.36	REGC	
15 Kim, Juliette	SO AFRND	27.78	REGC	
16 Mertens, Lucia	SR GHOPE	28.02	1	
17 Piacenti, Kara	FR APEX	28.25		
18 Zerda, Ania	CARY	28.48		
19 Chavarria, Melanie	SR APEX	28.59		
20 Leising, Lily	JR HLSPG	28.60		
21 Meador, Julia	JR CARY	28.72		
22 Borzenko, Emily	SO APEX	28.76		
23 Cheng, Audrey	JR PANCR	29.20		
24 Collins, Sidd	SR CARY	29.29		
25 Meekins, Sophie	SR GHOPE	29.37		
26 Stalnaker, Isabella	SO MIDCR	29.44		
27 Strunk, Julia	SO APEX	29.52		
28 Cologgi, Riley	FR APEX	29.58		
29 Rakusin, Lia	JR CARY	29.70		
30 Connors, Kristin	SR HLSPG	29.84		
31 He, Amber	FR HLSPG	29.90		
32 Joseph, Shruti	SR AFRND	30.01		
*33 Kudlak, Susanna	CARY	30.09		
*33 Brammer, Michaela	SO HLSPG	30.09		
35 Murray, Lindsay	FR APEX	30.21		
36 Reddy, Shriya	JR APEX	30.25		
37 Schwadron, Summer	SR MIDCR	30.43		
38 Joshi, Anya	SR AFRND	30.59		
39 Potter, Julia	SR PANCR	30.65		
40 Silvester, Helena	CARY	30.77		
41 Andrzejewski, Eden	JR AFRND	30.79		
42 Lingenfelter, Peyton	SO AFRND	31.06		
43 Felten, Evelyn	SO GRLVL	31.07		
44 Stouder, Andrea	JR PANCR	31.35		
45 West, Lara	SR APEX	31.99		
46 Heinisch, Cora	SO MIDCR	32.32		
47 Wishon, Isabella	SR CARY	32.43		
48 Barr, Tyler	SR CARY	33.27		
49 Grimes, Claire	FR APEX	33.44		
50 Rayala, Sai Roopika	SR PANCR	33.56		
51 Camplin, Katelyn	FR PANCR	33.80		
52 Welham, Elsie	FR AFRND	33.93		
53 Van Donk, Lillian	JR APEX	34.41		
54 Ingram, Georgia Kate	SO APEX	36.08		
55 Ingram, Leann	JR APEX	36.79		
56 Shah, Rajasi	FR AFRND	37.28		
--- Lauver, Lindsay	SR GHOPE	X26.57	REGC	
--- Trovero, Valentina	FR GHOPE	X27.67	REGC	
--- Green, Brooklyn	FR GHOPE	X27.75	REGC	
--- Whitson, Shayla	FR GHOPE	X27.79	REGC	
--- McKone, Reese	FR GHOPE	X27.83	REGC	
--- Dane, Caitlin	JR GHOPE	X28.62		

--- Fischer, Linda	FR GHOPE	X29.29	
--- Murali, Gauri	JR GHOPE	X29.54	
--- Li, Sophia	SO GHOPE	X30.14	
--- Caparoso, Sophia	FR GHOPE	X30.28	
--- Mayadeo, Amruta	SO GHOPE	X30.32	
--- Caldwell, Anna	SR HLSPG	X30.81	
--- Allu, Sahasra	JR GHOPE	X31.03	
--- Padaria, Malaikah	JR HLSPG	X31.19	
--- Bhadauria, Aditi	SR GHOPE	X31.24	
--- Ubinger, Nora	SR GHOPE	X31.27	
--- Dykema, Cavanna	SO HLSPG	X32.05	
--- Ayrilmaz, Damla	SR GHOPE	X33.88	
--- Bruce, Ainslee	JR HLSPG	X34.13	
--- Patel, Jaanvi	FR GRLVL	X34.43	
--- Holt, Holly	SO GRLVL	X34.60	
--- Kurmana, Jhanisha	SR GRLVL	X34.93	
--- Ferry, Peyton	FR AFRND	X34.94	
--- Padaria, Misbah	JR HLSPG	X35.06	
--- Perabattula, Rhea	FR GRLVL	X35.74	
--- Shah, Anusha	GRLVL	X35.89	
--- Palazzolo, Catalina	SR AFRND	X36.56	
--- Panasa, Tanmayi	FR GRLVL	X36.68	
--- Katti, Aaryaa	SO GHOPE	X37.12	
--- Pemmaraju, Iha	SO GRLVL	X37.92	
--- Wheeler, Winnie	FR GHOPE	X38.15	
--- Rao, Urvi	FR GHOPE	X40.89	
--- Hansen, Kendra	FR GHOPE	X46.79	
--- Saxena, Naisha	SO PANCR	DFS	
Declared false start			
--- Rohit, Aneri	JR PANCR	DFS	
Declared false start			
--- Graham, Leah	FR GHOPE	XNS	
--- Hudson, Kenleigh	FR GHOPE	XNS	
--- McGhee, Jamie	SR AFRND	XNS	
--- Odnam, Riya	SO GRLVL	XNS	
--- Lu, Elizabeth	JR GRLVL	XNS	
--- Makarenko, Katya	FR GHOPE	XNS	

Event 8 Men 50 Yard Freestyle

22.49 REGA 4A Region Auto

24.99 REGC 4A Region Consider

Name	YrSchool	Finals Time		
1 Singletary, Cohen	SR AFRND	21.55	REGA	
2 Yang, Howard	SO GHOPE	21.94	REGA	
3 Leisten, Kai	SR APEX	22.17	REGA	
4 Phillips, Gavin	FR MIDCR	22.75	REGC	
5 Rakusin, Ben	SR CARY	22.80	REGC	
6 Locklear, Devin	JR GRLVL	22.82	REGC	
7 Fairlee, Ryan	JR CARY	23.31	REGC	
*8 Trigilio, Domenico	JR APEX	23.47	REGC	
*8 Hulbig, Marcus	JR GHOPE	23.47	REGC	
10 Nakhla, Luke	JR HLSPG	23.57	REGC	
11 Sonntag, Flynn	JR APEX	23.61	REGC	
12 Leisten, Elijah	SR APEX	23.92	REGC	
13 Wolfe, Ethan	SR GHOPE	23.94	REGC	
14 Barrios, Sebastian	SO GHOPE	24.05	REGC	
15 McKone, Everett	FR GHOPE	24.11	REGC	
16 Osman, Alex	SO AFRND	24.22	REGC	

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Results

(Event 8 Men 50 Yard Freestyle)

Name	YrSchool	Finals Time		
17 Villalobos, Adrian	SR CARY	24.26	REGC	
18 Ivanov, Alec	SO APEX	24.28	REGC	
19 Phillips, Denver	SR AFRND	24.47	REGC	
20 Elsalakawi, Seif	JR MIDCR	24.55	REGC	
21 Adley, Dylan	FR AFRND	24.58	REGC	
22 Ziegler, Owen	SO AFRND	24.77	REGC	
23 Hinton, Jaydon	SO AFRND	24.79	REGC	
24 Jewett, Matthew	SO GHOPE	24.89	REGC	
25 Chedella, Pramukh	SO PANCR	25.07		
26 Babcock, Connor	SO HLSPG	25.26		
27 Swartz, Collin	SO HLSPG	25.38		
*28 McKinnon, Connor	SR AFRND	25.39		
*28 Benzing, William	JR AFRND	25.39		
30 Wegner, Ethan	SO GHOPE	25.53		
31 Licata, Adam	SR GRLVL	25.99		
32 Asher, Owen	JR AFRND	26.33		
33 Snoke, Krewson	FR APEX	26.41		
34 Bolton, Bryce	SR APEX	26.47		
35 Silvester, Courtney	JR CARY	26.55		
36 Saidapur, Ritvik	FR AFRND	26.59		
37 Ren, Eli	FR MIDCR	27.12		
38 McCombs, John	FR MIDCR	27.18		
39 Prudhomme, Everett	SO GHOPE	27.33		
40 Studer, Erik	SR APEX	27.48		
41 Bowers, Henry	FR APEX	27.71		
42 Ayers, Evan	JR APEX	27.80		
43 Murphy, Sean	JR CARY	27.97		
44 Astudillo, Morgan	SO MIDCR	28.05		
45 Shaha, Arham	JR PANCR	28.13		
46 Sajan, Daniel	JR PANCR	28.18		
47 Piontek, Joshua	FR APEX	28.25		
48 Hastings, Blake	CARY	28.99		
49 Khungar, Ansh	JR PANCR	29.78		
50 Jogi, Sohan	JR AFRND	30.10		
51 Smith, Andrew	FR PANCR	31.66		
52 Garodhara, Smit	JR PANCR	34.57		
--- Randle, Colin	FR GHOPE	X25.68		
--- Brostedt, Aubrey	SO GHOPE	X25.94		
--- Vyahalkar, Arav	SO GHOPE	X26.33		
--- Chigurupati, Nishanth	JR GRLVL	X26.78		
--- Herring, Ellis	JR GHOPE	X26.85		
--- Khan, Saad	FR GHOPE	X26.86		
--- Sanford, Cole	SO GHOPE	X26.90		
--- Sande Fernandez, Dani	SO GHOPE	X27.04		
--- Ly, Anton	FR GHOPE	X27.06		
--- Gandhi, Eshaan	SR GRLVL	X27.08		
--- Thatikonda, Rahul	SO GRLVL	X27.11		
--- Thakur, Abhinav	SR GRLVL	X27.32		
--- Muppalam, Karthik	SO GHOPE	X27.48		
--- Rath, Ishaan	SR GRLVL	X27.57		
--- Yu, Andrew	SO GRLVL	X27.76		
--- Mitchell, Adam	JR GHOPE	X27.80		
--- Pant, Yajat	FR GRLVL	X27.80		
--- Al Kofani, Omar	JR GRLVL	X28.16		
--- Rahalkar, Shreyas	SO GHOPE	X28.48		
--- Bolin, James	FR APEX	X28.57		

--- Curry, Levi	FR APEX	X28.69		
--- Williams, Brady	FR APEX	X28.97		
--- Carmona, Emilio	FR GRLVL	X29.02		
--- Damle, Anuj	JR GRLVL	X29.15		
--- Ermolaev, Igor	SO AFRND	X29.36		
--- Nagaluri, Manny	FR GRLVL	X29.39		
--- U'Ren, Aidan	SO APEX	X29.64		
--- Ziff, Oscar	FR GHOPE	X30.15		
--- Singh, Ruhaann	SO AFRND	X30.30		
--- Aly, Aly	JR AFRND	X30.35		
--- Sevim, Ekin	FR GRLVL	X31.59		
--- Deshpande, Aaroh	FR GRLVL	X32.69		
--- Bellamkonda, Aravind	FR GRLVL	X33.31		
--- Mitchell, Owen	JR AFRND	X33.82		
--- Panda, Bhaumik	FR AFRND	X33.97		
--- U'Ren, Liam	FR APEX	X34.24		
--- Zhang, Mason	SO GRLVL	X35.27		
--- Ishakh, Ihsan	FR GRLVL	X36.95		
--- Dharia, Neev	FR GRLVL	X38.26		
--- Shetty, Shiven	FR PANCR	DFS		
Declared false start				
--- Trivedi, Rohen	FR PANCR	DFS		
Declared false start				
--- Gupta, Shikhar	SR PANCR	DFS		
Declared false start				
--- Franks, Noah	FR AFRND	NS		
--- Cha, Oliver	FR AFRND	XNS		
--- Mahalingam, Nithinram	JR GRLVL	XNS		
--- Rana, Kiaan	FR GRLVL	XNS		
--- Shah, Ishaan	SO GRLVL	XNS		
--- Harpham, Cole	JR AFRND	XNS		
--- Auerbach, Nicholas	SO GHOPE	XNS		

Event 9 Women 1 mtr Diving

Name	YrSchool	Finals Score		
1 Valero Godoy, Sinead	SR HLSPG	394.60	20	
2 Yadushlivi, Alis	JR AFRND	351.00	17	
3 Ralph, Taylor	SO HLSPG	343.15	16	
4 Kim, Kaylee	JR PANCR	324.95	15	
5 Bender, Clara	FR GHOPE	232.25	14	
6 Low, Violet	SR MIDCR	217.70	13	
7 Naik, Aalisha	SR GRLVL	215.10	12	

Event 10 Men 1 mtr Diving

Name	YrSchool	Finals Score		
1 Weinhagen, Hudson	SR HLSPG	407.90	20	
2 Theede, Silas	FR MIDCR	322.10	17	
3 Eichenseer, Nate	SO GHOPE	308.30	16	
4 Joncich, Peyton	SR CARY	304.85	15	
5 Ren, Gavin	FR MIDCR	188.60	14	

Event 11 Women 100 Yard Butterfly

		59.99	REGA 4A Region Auto		
		1:11.99	REGC 4A Region Consider		
Name	YrSchool	Finals Time			
1 Zettel, Nicole	SR AFRND	56.36	REGA		
26.23		30.13			
2 Nelson, Savannah	SO MIDCR	58.12	REGA		
26.87		31.25			

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(Event 11 Women 100 Yard Butterfly)

Name	YrSchool	Finals Time		
3 Mueller, Tanith	SR APEX	58.49	REGA	
27.37	31.12			
4 Talwar, Tara	JR GRLVL	59.34	REGA	
27.70	31.64			
5 Gilreath, Delainey	JR AFRND	1:00.19	REGC	
28.07	32.12			
6 Locklear, Marissa	SO GRLVL	1:00.44	REGC	
27.92	32.52			
7 Qiu, Janice	JR GHOPE	1:00.56	REGC	
27.92	32.64			
8 Park, Gianna	SO GHOPE	1:01.45	REGC	
28.38	33.07			
9 Bartoszek, Madeline	FR AFRND	1:02.68	REGC	
28.66	34.02			
10 Byrd, Eden	SO GHOPE	1:02.98	REGC	
29.58	33.40			
11 Hall, Mackenzie	SO CARY	1:03.69	REGC	
29.91	33.78			
12 Luper, Addison	SO HLSPG	1:04.70	REGC	
30.16	34.54			
13 Slavis, Alexandra	JR APEX	1:05.18	REGC	
30.09	35.09			
14 Burdick, Lilly	SO GHOPE	1:05.75	REGC	
29.73	36.02			
15 Fishburn, Poppy	FR GRLVL	1:05.91	REGC	
30.62	35.29			
16 Rao, Dhriti	SO PANCR	1:07.25	REGC	
31.14	36.11			
17 Craig, Ailey	SO CARY	1:07.61	REGC	
31.36	36.25			
18 Trimyer, Maddie	CARY	1:10.27	REGC	
32.80	37.47			
19 Przybowski, Julia	FR HLSPG	1:10.66	REGC	
32.33	38.33			
20 Kudlak, Lizzy	JR CARY	1:10.83	REGC	
32.64	38.19			
21 Springfield, Ella	FR HLSPG	1:12.27		
33.37	38.90			
22 Schoenagel, Lauren	JR GRLVL	1:12.41		
33.08	39.33			
23 Brammer, Michaela	SO HLSPG	1:16.84		
33.78	43.06			
24 Dixon, Mati	SO GRLVL	1:17.91		
33.58	44.33			
25 Verma, Aanya	JR PANCR	1:49.25		
46.45	1:02.80			

Event 12 Men 100 Yard Butterfly

54.99 REGA 4A Region Auto
1:04.99 REGC 4A Region Consider

Name	YrSchool	Finals Time		
1 Palamar, Jonathan	SO GRLVL	52.29	REGA	
24.63	27.66			
2 Dunaway, Jake	SO MIDCR	52.38	REGA	
24.35	28.03			

3 Marrujo, Christian	SR AFRND	52.64	REGA	
24.63	28.01			
4 Liu, Kevin	FR GRLVL	52.69	REGA	
25.06	27.63			
5 Yang, Howard	SO GHOPE	52.85	REGA	
24.88	27.97			
6 Peng, Alistair	FR GHOPE	52.89	REGA	
25.01	27.88			
7 Zockoll, Jackson	SR HLSPG	54.17	REGA	
25.32	28.85			
8 Locklear, Devin	JR GRLVL	54.23	REGA	
25.52	28.71			
9 Trigilio, Domenico	JR APEX	55.46	REGC	
25.91	29.55			
10 Bachle, Timothy	JR APEX	56.23	REGC	
25.80	30.43			
11 Suphavadeprasit, Arman	SR APEX	56.69	REGC	
26.89	29.80			
12 Papp, Alex	SO CARY	57.27	REGC	
26.46	30.81			
13 Dean, Chase	SO GHOPE	57.43	REGC	
26.64	30.79			
14 Onori, Leo	SO GRLVL	58.09	REGC	
26.99	31.10			
15 Becker, Camden	FR AFRND	1:00.14	REGC	
29.58	30.56			
16 Saini, Krish	FR AFRND	1:00.38	REGC	
28.38	32.00			
17 Swartz, Collin	SO HLSPG	1:02.07	REGC	
28.91	33.16			
18 Ravenel, Jaxton	JR GHOPE	1:03.27	REGC	
29.23	34.04			
19 Marshall, Mehan	SO PANCR	1:03.28	REGC	
30.32	32.96			
20 Xia, Noah	JR PANCR	1:03.63	REGC	
29.42	34.21			
21 Babcock, Connor	SO HLSPG	1:04.07	REGC	
29.19	34.88			
22 Cole, Toby	JR CARY	1:14.42		
34.32	40.10			
--- Shelby, Alex	SO HLSPG	DQ		
False start				
27.03	32.21			

Event 13 Women 100 Yard Freestyle

55.49 REGA 4A Region Auto
1:02.99 REGC 4A Region Consider

Name	YrSchool	Finals Time		
1 Whelehan, Mere	SR GHOPE	52.67	REGA	
25.42	27.25			
2 Mittendorf, Ada	SO CARY	55.48	REGA	
26.78	28.70			
3 McNutt, Payton	SO GRLVL	57.68	REGC	
28.05	29.63			
4 Mouline, Yasmin	SR AFRND	57.87	REGC	
27.43	30.44			
5 Bohinc, Kaylee	SR CARY	58.57	REGC	
27.26	31.31			

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(Event 13 Women 100 Yard Freestyle)

Name	YrSchool	Finals Time			
6 Eckard, Violet	FR APEX	58.84	REGC	34 O'Hara, Caitlin	FR GRLVL 1:09.32
28.50 30.34				33.48 35.84	
7 Stuart, Winifred	JR APEX	58.87	REGC	35 Kelley, Adley	SO GRLVL 1:09.54
28.38 30.49				32.57 36.97	
8 Valentine, Samantha	JR GHOPE	59.22	REGC	36 He, Amber	FR HLSPG 1:09.60
28.69 30.53				33.58 36.02	
9 Morales Fernandez, Montserr	FR MIDCR	59.30	REGC	37 Dott, Julia	SR APEX 1:09.72
28.63 30.67				32.60 37.12	
10 Davidson, Macy	SO GHOPE	59.38	REGC	38 Brinn, Charlotte	FR HLSPG 1:10.01
28.03 31.35				32.79 37.22	
11 Brewer, Lauren	JR GHOPE	1:00.00	REGC	39 Little, Emma	JR HLSPG 1:10.96
28.78 31.22				40 West, Lara	SR APEX 1:11.60
12 Lindberg, Sydney	SO HLSPG	1:00.34	REGC	34.35 37.25	
28.65 31.69				41 Parikh, Ashmi	JR GRLVL 1:12.62
13 Mertens, Lucia	SR GHOPE	1:00.87	REGC	33.88 38.74	
29.06 31.81				42 Beauchesne, Abbygail	JR HLSPG 1:12.67
14 Thompson, Riley	JR GRLVL	1:01.20	REGC	34.54 38.13	
29.32 31.88				43 Wilson, Sadie	CARY 1:12.83
15 Kim, Juliette	SO AFRND	1:01.28	REGC	33.96 38.87	
29.22 32.06				44 Lincoln, Molly	SR HLSPG 1:13.27
16 Ressler, Olivia	JR MIDCR	1:02.10	REGC	34.71 38.56	
28.61 33.49				45 Wishon, Isabella	SR CARY 1:13.96
17 Burdick, Lilly	SO GHOPE	1:03.00		35.71 38.25	
29.88 33.12				46 Hill, Katie	SR CARY 1:14.96
18 Koneru, Dhriti	SR GRLVL	1:03.45		36.42 38.54	
30.01 33.44				47 Van Donk, Lillian	JR APEX 1:15.80
19 Meador, Julia	JR CARY	1:03.99		36.11 39.69	
30.16 33.83				48 Grimes, Claire	FR APEX 1:15.91
20 Plant, Elizabeth	JR GRLVL	1:04.51		35.64 40.27	
31.15 33.36				49 Parekh, Deeya	SO PANCR 1:15.99
21 Brown, Ella	JR MIDCR	1:04.69		36.88 39.11	
30.83 33.86				50 Abichandani, Ivana	FR GRLVL 1:16.32
22 Joseph, Shruti	SR AFRND	1:05.58		35.70 40.62	
31.10 34.48				51 Thakur, Anika	SO GRLVL 1:17.13
23 Chavarria, Melanie	SR APEX	1:05.80		52 Rayala, Sai Roopika	SR PANCR 1:17.41
30.48 35.32				36.51 40.90	
24 Collins, Sidd	SR CARY	1:06.23		53 Golfari, Sophia	SO AFRND 1:18.31
31.83 34.40				36.92 41.39	
25 Lanaro, Katie	FR HLSPG	1:06.37		54 Camplin, Katelyn	FR PANCR 1:19.27
31.87 34.50				35.88 43.39	
26 Snyder, Kelsey	JR CARY	1:06.39		55 Tunney, Leanna	SR CARY 1:19.43
31.37 35.02				56 Johnson, Maeli	SR AFRND 1:19.88
27 Leising, Lily	JR HLSPG	1:06.43		36.39 43.49	
31.93 34.50				57 Verma, Aanya	JR PANCR 1:35.69
28 Strunk, Julia	SO APEX	1:06.45		44.41 51.28	
31.99 34.46				--- Mack, Carly	SR AFRND DQ
29 Monge, Annabella	SR GHOPE	1:06.67		False start	
31.71 34.96				28.85 34.13	
30 Dixon, Mati	SO GRLVL	1:07.85		--- Rohit, Aneri	JR PANCR DFS
31.14 36.71				Declared false start	
31 Cheng, Audrey	JR PANCR	1:08.32		--- Benis, Gaia	SO GRLVL DFS
31.87 36.45				Declared false start	
32 Mahoney, Alyssa	SO CARY	1:08.47			
32.88 35.59					
33 Cakerice, Madelyn	FR GRLVL	1:09.10			
33.11 35.99					

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Event 14 Men 100 Yard Freestyle											
					27	Cerde, Andrew			SO	HLSPG	56.26
					26.77	29.49					
					28	Komireddy, Vachan			SO	GRLVL	56.27
					26.47	29.80					
					29	Benzing, William			JR	AFRND	56.67
					27.38	29.29					
					30	Talluri, Sathvik			FR	GRLVL	56.89
					27.51	29.38					
					31	Mickler, Robert			FR	APEX	57.29
					27.76	29.53					
					32	Chedella, Pramukh			SO	PANCR	58.30
					28.15	30.15					
					33	Nicholson, Connel				CARY	58.55
					27.81	30.74					
					34	Lee, Jordan			SR	MIDCR	58.64
					27.53	31.11					
					35	Pradhan, Rohan			FR	GRLVL	58.76
					27.67	31.09					
					36	Casey, Justin			SR	GRLVL	59.16
					27.94	31.22					
					37	Asher, Owen			JR	AFRND	59.53
					29.35	30.18					
					38	Licata, Adam			SR	GRLVL	59.89
					28.54	31.35					
					39	Nemani, Pradyun			SO	PANCR	1:00.16
					29.06	31.10					
					40	McCombs, John			FR	MIDCR	1:03.00
					29.82	33.18					
					41	Iwaniw, Jacob			JR	GRLVL	1:03.55
					29.43	34.12					
					42	Hastings, Blake				CARY	1:03.86
					30.07	33.79					
					43	Shaha, Arham			JR	PANCR	1:04.21
					30.41	33.80					
					44	Sajan, Daniel			JR	PANCR	1:04.65
					29.39	35.26					
					45	Weaver, Bradley			SO	GRLVL	1:07.66
					32.19	35.47					
					46	Khungar, Ansh			JR	PANCR	1:09.10
					33.78	35.32					
					47	Garodhara, Smit			JR	PANCR	1:20.61
					35.59	45.02					
					---	Franks, Noah			FR	AFRND	DQ
					No Show Penalty Event						
					---	Trivedi, Rohen			FR	PANCR	DFS
					Declared false start						
					---	Gupta, Shikhar			SR	PANCR	DFS
					Declared false start						
					---	Shetty, Shiven			FR	PANCR	DFS
					Declared false start						
Name	YrSchool	Finals Time									
1	Singletary, Cohen	SR AFRND	47.56	REGA							
	22.67	24.89									
2	O'Keefe, Leo	SR GRLVL	47.66	REGA							
	23.17	24.49									
3	Leisten, Kai	SR APEX	48.55	REGA							
	23.57	24.98									
4	Valeriotte, Benjamin	JR PANCR	48.95	REGA							
	23.87	25.08									
5	Varabyou, Daniel	SO APEX	50.33	REGC							
	24.19	26.14									
6	Coulter, Ezra	SO GHOPE	50.38	REGC							
	24.08	26.30									
7	Barrios, Sebastian	SO GHOPE	51.04	REGC							
	24.66	26.38									
8	Helmedag, Rigney	JR APEX	51.74	REGC							
	24.50	27.24									
9	Wen, Luke	SR GHOPE	52.67	REGC							
	25.18	27.49									
10	Wolfe, Ethan	SR GHOPE	53.12	REGC							
	25.56	27.56									
11	Ivanov, Alec	SO APEX	53.38	REGC							
	25.74	27.64									
12	Springfield, Adam	SR HLSPG	53.62	REGC							
	25.66	27.96									
13	Sarath, Rishab	FR GRLVL	53.82	REGC							
	25.93	27.89									
14	McKone, Everett	FR GHOPE	53.94	REGC							
	25.36	28.58									
15	Heinzerling, Conrad	JR AFRND	54.05	REGC							
	26.08	27.97									
16	Kistler, Lance	SR GRLVL	54.22	REGC							
	25.88	28.34									
17	Hinton, Jaydon	SO AFRND	54.31	REGC							
	26.05	28.26									
18	Watts, Luke	SR GRLVL	54.46	REGC							
	25.61	28.85									
19	Jewett, Matthew	SO GHOPE	54.49	REGC							
	26.21	28.28									
20	Dighe, Veer	JR HLSPG	54.61	REGC							
	25.80	28.81									
21	Dong, Isaac	FR GRLVL	54.68	REGC							
	26.38	28.30									
22	Onori, Leo	SO GRLVL	54.86	REGC							
	26.57	28.29									
23	Phillips, Denver	SR AFRND	55.13	REGC							
	25.95	29.18									
24	Li, Jerry	JR GRLVL	55.41	REGC							
	25.95	29.46									
25	Fairlee, Ryan	JR CARY	55.82	REGC							
	26.50	29.32									
26	Ursescu, Tristan	SO GHOPE	55.96	REGC							
	26.48	29.48									

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Event 15 Women 500 Yard Freestyle

5:22.99 REGA 4A Region Auto

6:30.99 REGC 4A Region Consider

Name	YrSchool	Finals Time		
1 Zettel, Nicole	SR AFRND	4:57.02	REGA	
27.85	29.87	30.25	30.10	
29.86	29.79	29.91	30.13	
29.99	29.27			
2 Fox, Maddie	FR GRLVL	5:05.17	REGA	
28.33	30.03	30.54	30.45	
30.33	30.55	31.22	31.33	
31.53	30.86			
3 Burns, Rose	SO CARY	5:07.01	REGA	
27.59	30.22	30.88	31.23	
31.01	31.24	31.35	31.35	
31.38	30.76			
4 Martin, Annabelle	JR AFRND	5:08.42	REGA	
28.05	30.19	30.58	31.04	
31.59	31.55	31.47	31.92	
31.19	30.84			
5 Meekins, Nola	SO GHOPE	5:09.93	REGA	
28.95	30.31	31.03	30.88	
31.17	31.47	31.73	31.69	
31.77	30.93			
6 Broadbent, Carson	SO AFRND	5:09.96	REGA	
27.44	30.53	31.28	31.51	
31.61	31.59	31.85	31.60	
31.35	31.20			
7 Chia, Keira	SO GHOPE	5:14.95	REGA	
28.78	31.46	31.70	32.10	
31.90	31.53	32.07	31.99	
32.12	31.30			
8 Mueller, Tanith	SR APEX	5:17.14	REGA	
29.18	31.94	32.39	32.69	
32.22	32.19	31.98	31.93	
31.97	30.65			
9 Ford, Cara	FR HLSPG	5:17.52	REGA	
28.74	31.40	32.25	32.17	
32.46	32.41	32.51	32.57	
32.16	30.85			
10 Snyder, Paige	SO CARY	5:26.03	REGC	
28.92	31.57	32.69	32.87	
33.12	33.48	33.44	33.43	
33.40	33.11			
11 Fishburn, Poppy	FR GRLVL	5:29.29	REGC	
30.19	32.83	33.20	33.39	
33.62	33.90	33.68	33.39	
33.16	31.93			
12 Oman, Kennedy	SO HLSPG	5:32.16	REGC	
29.79	33.04	33.53	34.07	
33.72	33.97	33.73	33.57	
33.95	32.79			
13 Kupfrian, Paige	JR GHOPE	5:32.72	REGC	
29.01	32.06	33.26	33.89	
34.20	34.02	33.94	34.43	
34.22	33.69			

14 Helmedag, Rosemary	SR APEX	5:41.13	REGC	
29.44	33.03	34.52	34.51	
34.68	34.89	35.32	34.64	
34.75	35.35			
15 King, Kaitlyn	SO PANCR	5:42.17	REGC	
29.67	32.67	34.30	35.11	
34.83	35.15	35.54	34.93	
35.29	34.68			
16 O'Donnell, Sedona	SO GRLVL	5:48.86	REGC	
30.42	33.97	35.12	35.49	
35.82	35.81	35.78	36.10	
35.65	34.70			
17 Austin, Maggie	SR APEX	6:17.02	REGC	
31.80	35.30	37.53	39.46	
38.68	39.59	39.59	39.22	
39.16	36.69			
18 Trimyer, Maddie	CARY	6:18.64	REGC	
32.83	35.96	37.43	38.38	
39.22	39.13	39.62	39.46	
39.81	36.80			

Event 16 Men 500 Yard Freestyle

4:54.99 REGA 4A Region Auto

6:30.99 REGC 4A Region Consider

Name	YrSchool	Finals Time		
1 Camplin, Charles	JR PANCR	4:41.55	REGA	
25.94	28.40	28.79	28.95	
28.41	28.22	28.71	28.42	
28.39	27.32			
2 Park, Justin	JR GRLVL	4:44.95	REGA	
26.07	28.13	28.72	29.01	
28.99	28.68	29.09	28.71	
28.89	28.66			
3 Oman, Erik	SR HLSPG	4:47.95	REGA	
26.30	28.21	28.60	29.21	
29.25	29.36	29.25	29.48	
29.32	28.97			
4 Palamar, Jonathan	SO GRLVL	4:50.94	REGA	
25.92	28.23	28.79	29.40	
29.28	29.29	29.57	30.30	
30.45	29.71			
5 Shalhoub, Nick	JR GHOPE	4:52.96	REGA	
26.88	28.73	29.40	29.79	
30.31	29.99	29.56	30.32	
29.74	28.24			
6 Provost, Calvin	SO CARY	4:53.51	REGA	
25.86	28.93	29.26	29.95	
29.90	30.28	30.32	30.68	
30.31	28.02			
7 Levesque, Jacob	SO GHOPE	4:55.21	REGC	
25.69	29.19	29.70	30.00	
30.50	30.55	30.47	30.82	
29.39	28.90			
8 Helmedag, Rigney	JR APEX	5:03.26	REGC	
26.81	29.61	30.16	30.45	
30.91	31.02	31.00	31.39	
31.37	30.54			

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(Event 16 Men 500 Yard Freestyle)

Name	Yr	School	Finals Time		
9 Sonntag, Flynn	JR	APEX	5:08.96	REGC	
25.81	29.86	31.81	31.44		
31.90	32.07	32.08	31.95		
31.55	30.49				
10 Osman, Alex	SO	AFRND	5:12.25	REGC	
27.73	30.91	31.85	32.54		
32.19	32.55	31.32	31.69		
31.01	30.46				
11 Tang, Kevin	SO	PANCR	5:19.53	REGC	
28.51	31.17	32.40	32.41		
32.75	32.32	32.59	33.44		
32.35	31.59				
12 Kumar, Arjun	JR	GRLVL	5:29.24	REGC	
29.22	32.01	33.13	33.52		
33.54	33.57	34.04	33.66		
33.44	33.11				
13 Frazee, Connor	FR	HLSPG	5:49.83	REGC	
30.04	34.25	35.70	35.32		
35.23	35.28	36.08	36.46		
36.64	34.83				
--- Sahin, Ibrihim	SO	APEX	DFS		
Declared false start					

Event 17 Women 200 Yard Freestyle Relay

1:46.99 REGA 4A Region Auto
2:59.99 REGC 4A Region Consider

Team	Relay	Finals Time		
1 GHOPE	A	1:38.59	REGA	
1) Whelehan, Mere SR	2) Lu, Angelina JR			
3) Qiu, Janice JR	4) Whelehan, Sloane SO			
24.60	25.25	25.07	23.67	
2 CARY	A	1:40.24	REGA	
1) Burns, Rose SO	2) Carlson, Lauren JR			
3) Hall, Mackenzie SO	4) Mittendorf, Ada SO			
24.76	26.08	24.40	25.00	
3 AFRND	A	1:44.74	REGA	
1) Mack, Carly SR	2) Prasanth, Lakshmi SR			
3) Bartoszek, Madeline FR	4) Gilreath, Delainey JR			
26.92	25.53	26.45	25.84	
4 GRLVL	A	1:45.37	REGA	
1) Ray, Kaylin SO	2) Schoenagel, Lauren JR			
3) Talwar, Tara JR	4) Willis, Lily SR			
26.78	28.09	25.83	24.67	
5 APEX	A	1:45.52	REGA	
1) Helmedag, Rosemary SR	2) Stuart, Winifred JR			
3) Palmer, Elizabeth SR	4) Perry, Sophie SR			
26.88	27.89	25.28	25.47	
6 MIDCR	A	1:46.30	REGA	
1) Rendon, Kalle JR	2) Nelson, Savannah SO			
3) Morales Fernandez, Montserrat	4) Brown, Ella JR			
26.11	25.07	26.71	28.41	
7 GHOPE	B	1:47.18	REGC	
1) Chia, Keira SO	2) Davidson, Macy SO			
3) Brewer, Lauren JR	4) Byrd, Eden SO			
25.86	27.29	27.19	26.84	

8 HLSPG	A	1:50.91	REGC
1) Lindberg, Sydney SO	2) Springfield, Ella FR		
3) Leising, Lily JR	4) Barbee, Rylee SR		
27.23	28.64	27.80	27.24
9 AFRND	B	1:53.14	REGC
1) Mizell, Hailey FR	2) Brock, Alecia FR		
3) Kim, Juliette SO	4) Nguyen, Lizzie JR		
28.62	27.78	27.95	28.79
10 GRLVL	B	1:53.59	REGC
1) Thompson, Riley JR	2) McNutt, Payton SO		
3) Dixon, Mati SO	4) Koneru, Dhriti SR		
28.55	26.29	29.49	29.26
11 APEX	B	1:54.25	REGC
1) Austin, Maggie SR	2) Chavarria, Melanie SR		
3) Borzenko, Emily SO	4) Slavis, Alexandra JR		
27.98	29.58	29.09	27.60
12 HLSPG	B	1:56.81	REGC
1) Swartzfager, Emma SO	2) Connors, Kristin SR		
3) Lorion, Avary SR	4) Przybowski, Julia FR		
29.04	30.03	29.65	28.09
13 MIDCR	B	1:58.84	REGC
1) Schwadron, Summer SR	2) Ressler, Olivia JR		
3) Stalnaker, Isabella SO	4) Heinisch, Cora SO		
30.60	27.25	29.00	31.99
14 CARY	B	2:02.65	REGC
1) Collins, Sidd SR	2) Wilson, Sadie		
3) Craig, Ailey SO	4) Silvester, Helena		
30.74	32.88	27.21	31.82
15 PANCR	A	2:14.83	REGC
1) Parekh, Deeya SO	2) Potter, Julia SR		
3) Rayala, Sai Roopika SR	4) Camplin, Katelyn FR		
36.09	30.71	34.05	33.98

Event 18 Men 200 Yard Freestyle Relay

1:33.99 REGA 4A Region Auto
2:35.99 REGC 4A Region Consider

Team	Relay	Finals Time		
1 GHOPE	A	1:30.73	REGA	
1) Yang, Howard SO	2) Shalhoub, Nick JR			
3) Peng, Alistair FR	4) Coulter, Ezra SO			
22.28	23.42	22.49	22.54	
2 GRLVL	A	1:31.34	REGA	
1) Liu, Kevin FR	2) Perkins, Wyatt JR			
3) Park, Justin JR	4) Locklear, Devin JR			
23.27	23.31	22.59	22.17	
3 PANCR	A	1:32.56	REGA	
1) Harter, Isaac JR	2) Gordy, Gavin SR			
3) Valeriote, Benjamin JR	4) Camplin, Charles JR			
23.11	23.65	22.78	23.02	
4 APEX	A	1:34.02	REGC	
1) Suphavadeprasis, Arman SR	2) Trigilio, Domenico JR			
3) Sonntag, Flynn JR	4) Leisten, Kai SR			
24.55	23.15	23.91	22.41	
5 GHOPE	B	1:34.18	REGC	
1) McKone, Everett FR	2) Hulbig, Marcus JR			
3) Wolfe, Ethan SR	4) Barrios, Sebastian SO			
24.20	23.15	23.29	23.54	

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(Event 18 Men 200 Yard Freestyle Relay)									
Team	Relay		Finals Time						
6 MIDCR	A		1:35.71	REGC	4 Broadbent, Carson	SO	AFRND	1:00.05	REGC
1) Dunaway, Jake SO	2) Vining, Skyler JR				29.03	31.02			
3) Elsalakawi, Seif JR	4) Phillips, Gavin FR				5 Perry, Sophie	SR	APEX	1:00.16	REGC
22.69	26.02	24.33	22.67		29.43	30.73			
7 AFRND	A		1:36.13	REGC	6 Park, Gianna	SO	GHOPE	1:01.17	REGC
1) Rothchild, Brennan SR	2) Adley, Dylan FR				29.74	31.43			
3) Osman, Alex SO	4) Hinton, Jaydon SO				7 Talwar, Tara	JR	GRLVL	1:01.20	REGC
24.18	24.17	23.54	24.24		29.99	31.21			
8 HLSPG	A		1:38.22	REGC	8 Rendon, Kalle	JR	MIDCR	1:01.72	REGC
1) Nakhla, Luke JR	2) Dighe, Veer JR				29.48	32.24			
3) Shelby, Alex SO	4) Oman, Erik SR				9 Prasanth, Lakshmi	SR	AFRND	1:03.84	REGC
23.76	24.88	25.51	24.07		31.26	32.58			
9 APEX	B		1:38.44	REGC	10 Davidson, Macy	SO	GHOPE	1:04.76	REGC
1) Bolton, Bryce SR	2) Bachle, Timothy JR				31.42	33.34			
3) Brumback, Noah SO	4) Tala, Arnav SR				11 Ray, Kaylin	SO	GRLVL	1:04.89	REGC
26.14		23.63			31.81	33.08			
10 GRLVL	B		1:38.98	REGC	12 Eklund, Alyssa	JR	GRLVL	1:05.27	REGC
1) Dong, Isaac FR	2) Kistler, Lance SR				32.00	33.27			
3) Komireddy, Vachan SO	4) Li, Jerry JR				13 Brock, Alecia	FR	AFRND	1:05.93	REGC
25.29	23.65	25.25	24.79		32.78	33.15			
11 AFRND	B		1:39.58	REGC	14 Mouline, Yasmin	SR	AFRND	1:06.15	REGC
1) Phillips, Denver SR	2) Becker, Camden FR				32.62	33.53			
3) Benzing, William JR	4) McKinnon, Connor SR				15 Eckard, Violet	FR	APEX	1:07.16	REGC
24.75	24.97	25.23	24.63		32.96	34.20			
12 CARY	A		1:39.91	REGC	16 Meekins, Sophie	SR	GHOPE	1:08.46	REGC
1) Fairlee, Ryan JR	2) Silvester, Courtney JR				33.57	34.89			
3) Papp, Alex SO	4) Lychak, Cael JR				17 Nguyen, Lizzie	JR	AFRND	1:08.67	REGC
23.97	26.96	24.01	24.97		33.78	34.89			
13 HLSPG	B		1:40.76	REGC	18 Koneru, Dhriti	SR	GRLVL	1:08.76	REGC
1) Swartz, Collin SO	2) Babcock, Connor SO				33.32	35.44			
3) Cerda, Andrew SO	4) Springfield, Adam SR				19 Swartzfager, Emma	SO	HLSPG	1:09.14	REGC
26.42	24.63	24.75	24.96		33.49	35.65			
14 CARY	B		1:51.33	REGC	20 Przybowski, Julia	FR	HLSPG	1:10.98	REGC
1) Murphy, Sean JR	2) Rhodus, Connor				34.07	36.91			
3) Nicholson, Connel	4) Cole, Toby JR				21 Thompson, Riley	JR	GRLVL	1:11.02	
28.35	29.74	25.94	27.30		34.59	36.43			
--- PANCR	B		DQ		22 Mizell, Hailey	FR	AFRND	1:11.21	
Early take-off swimmer #4					34.79	36.42			
1) Marshall, Mehan SO	2) Shaha, Arham JR				23 Lorion, Avary	SR	HLSPG	1:12.00	
3) Sajjan, Daniel JR	4) Xia, Noah JR				34.48	37.52			
25.86	27.66	27.71	25.17		24 Kudlak, Susanna		CARY	1:12.46	
--- MIDCR	B		DQ		34.51	37.95			
Early take-off swimmer #2					25 Hochanadel, Sarah	JR	CARY	1:13.06	
1) Lee, Jordan SR	2) Astudillo, Morgan SO				35.35	37.71			
3) McCombs, John FR	4) Ren, Eli FR				26 McNally, Michaela	SR	AFRND	1:13.20	
27.62	28.12	27.47	26.73		35.61	37.59			
Event 19 Women 100 Yard Backstroke					27 Zerda, Ania		CARY	1:14.68	
	59.99	REGA 4A Region Auto			35.75	38.93			
	1:10.99	REGC 4A Region Consider			28 Lanaro, Katie	FR	HLSPG	1:16.42	
					37.40	39.02			
Name	YrSchool	Finals Time			29 Schwadron, Summer	SR	MIDCR	1:18.09	
1 Nelson, Savannah	SO MIDCR	58.32	REGA		37.79	40.30			
28.41	29.91				30 Kelley, Adley	SO	GRLVL	1:20.16	
2 Lu, Angelina	JR GHOPE	59.03	REGA		38.52	41.64			
28.94	30.09				31 Mahoney, Alyssa	SO	CARY	1:20.41	
3 Burns, Rose	SO CARY	59.64	REGA		39.73	40.68			
29.24	30.40				32 Plant, Elizabeth	JR	GRLVL	1:21.28	
					39.89	41.39			

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(Event 19 Women 100 Yard Backstroke)

Name	YrSchool	Finals Time
33 Murray, Lindsay	FR APEX	1:21.46
38.92	42.54	
34 Heinisch, Cora	SO MIDCR	1:23.15
39.74	43.41	
35 Barr, Tyler	SR CARY	1:23.84
41.44	42.40	
36 Abichandani, Ivana	FR GRLVL	1:25.43
41.00	44.43	
37 Shah, Rajasi	FR AFRND	1:26.30
42.39	43.91	
38 Snyder, Kelsey	JR CARY	1:27.41
41.37	46.04	
39 Justus, Leonie	FR GRLVL	1:29.21
43.47	45.74	
--- Saxena, Naisha	SO PANCR	DFS
Declared false start		
--- Stouder, Andrea	JR PANCR	NS

Event 20 Men 100 Yard Backstroke

Name	YrSchool	Finals Time
1 Tharakan, Abhay	SR APEX	51.47 REGA
24.82	26.65	
2 O'Keefe, Leo	SR GRLVL	52.22 REGA
25.60	26.62	
3 Marrujo, Christian	SR AFRND	53.71 REGA
26.10	27.61	
4 Phillips, Gavin	FR MIDCR	53.87 REGA
26.56	27.31	
5 Harter, Isaac	JR PANCR	54.91 REGA
26.90	28.01	
6 Tangeman, Cole	SR AFRND	55.00 REGC
26.72	28.28	
7 Dunaway, Jake	SO MIDCR	55.25 REGC
27.37	27.88	
8 Sun, Jason	SO GRLVL	56.98 REGC
27.85	29.13	
9 Rothchild, Brennan	SR AFRND	57.27 REGC
28.14	29.13	
10 Tala, Arnav	SR APEX	57.41 REGC
27.22	30.19	
11 Perkins, Wyatt	JR GRLVL	57.64 REGC
28.16	29.48	
12 Heinzerling, Conrad	JR AFRND	58.46 REGC
28.86	29.60	
13 Bachle, Timothy	JR APEX	58.50 REGC
28.82	29.68	
14 Connor, John	JR APEX	58.91 REGC
28.86	30.05	
15 Forrest, Robert	JR HLSPG	59.43 REGC
28.92	30.51	
16 Ursescu, Tristan	SO GHOPE	1:00.55 REGC
29.18	31.37	
17 Dean, Chase	SO GHOPE	1:00.85 REGC
29.63	31.22	

18 Fairbairn, Ethan	JR HLSPG	1:00.96 REGC
29.27	31.69	
19 Talluri, Sathvik	FR GRLVL	1:04.03 REGC
30.95	33.08	
20 Dighe, Veer	JR HLSPG	1:04.40 REGC
29.35	35.05	
21 Frazee, Connor	FR HLSPG	1:05.17 REGC
32.08	33.09	
22 Lee, Jordan	SR MIDCR	1:08.37
32.90	35.47	
23 Nemani, Pradyun	SO PANCR	1:09.61
33.88	35.73	
24 Silvester, Courtney	JR CARY	1:12.92
35.85	37.07	
25 Bolton, Bryce	SR APEX	1:14.98
36.30	38.68	
26 Smith, Andrew	FR PANCR	1:26.94
40.66	46.28	

Event 21 Women 100 Yard Breaststroke

Name	YrSchool	Finals Time
1 Jeltema, Mia	SR GHOPE	1:04.10 REGA
30.21	33.89	
2 Willis, Lily	SR GRLVL	1:04.49 REGA
30.46	34.03	
3 Qiu, Janice	JR GHOPE	1:05.78 REGA
30.71	35.07	
4 Martin, Annabelle	JR AFRND	1:06.35 REGA
31.32	35.03	
5 Carlson, Lauren	JR CARY	1:06.65 REGA
31.26	35.39	
6 Locklear, Marissa	SO GRLVL	1:07.04 REGA
31.46	35.58	
7 Palmer, Elizabeth	SR APEX	1:07.78 REGA
31.96	35.82	
8 Ormondroyd, Tia	SR HLSPG	1:08.88 REGC
32.32	36.56	
9 Marshall, Toni	SO CARY	1:11.83 REGC
33.92	37.91	
10 Bartoszek, Madeline	FR AFRND	1:11.86 REGC
33.71	38.15	
11 Mackey, Taegan	FR APEX	1:11.95 REGC
34.16	37.79	
12 Morea, Alex	FR GHOPE	1:14.01 REGC
35.07	38.94	
13 Byrd, Eden	SO GHOPE	1:14.31 REGC
35.28	39.03	
14 Swafford, Elizabeth	SR GRLVL	1:14.91 REGC
35.24	39.67	
15 Snyder, Paige	SO CARY	1:17.80 REGC
37.12	40.68	
16 Piacenti, Kara	FR APEX	1:18.06 REGC
37.06	41.00	
17 Valent, Hope	SR GHOPE	1:18.23 REGC
36.99	41.24	

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(Event 21 Women 100 Yard Breaststroke)

Name	YrSchool	Finals Time		
18 Schoenagel, Lauren	JR GRLVL	1:19.04	REGC	
37.73	41.31			
19 Kudlak, Lizzy	JR CARY	1:19.08	REGC	
36.42	42.66			
20 Cologgi, Riley	FR APEX	1:19.50	REGC	
36.94	42.56			
21 Connors, Kristin	SR HLSPG	1:23.05	REGC	
38.76	44.29			
22 Stalnaker, Isabella	SO MIDCR	1:25.33		
39.52	45.81			
23 Andrzejewski, Eden	JR AFRND	1:25.67		
39.97	45.70			
24 Arndt, Maggie	SR CARY	1:25.91		
39.34	46.57			
25 McCleskey, Sydney	SR HLSPG	1:26.91		
39.97	46.94			
26 Lincoln, Molly	SR HLSPG	1:28.50		
42.00	46.50			
27 Lingenfelter, Peyton	SO AFRND	1:28.58		
42.27	46.31			
28 Little, Emma	JR HLSPG	1:29.28		
43.00	46.28			
29 Beauchesne, Abbygail	JR HLSPG	1:29.40		
41.09	48.31			
30 Brinn, Charlotte	FR HLSPG	1:32.16		
42.23	49.93			
31 Ayers, Zia	JR APEX	1:32.32		
43.71	48.61			
--- Ressler, Olivia	JR MIDCR	DQ		
False start				

Event 22 Men 100 Yard Breaststroke

1:01.99 REGA 4A Region Auto
1:14.99 REGC 4A Region Consider

Name	YrSchool	Finals Time		
1 Camplin, Charles	JR PANCR	58.46	REGA	
27.73	30.73			
2 Marrujo, Oliver	FR AFRND	58.67	REGA	
27.80	30.87			
3 Liu, Darren	SR GRLVL	1:00.69	REGA	
28.19	32.50			
4 Villalobos, Adrian	SR CARY	1:02.80	REGC	
29.05	33.75			
5 Rothchild, Brennan	SR AFRND	1:03.14	REGC	
29.80	33.34			
6 Park, Joseph	SO GRLVL	1:03.34	REGC	
29.78	33.56			
7 Valeriote, Benjamin	JR PANCR	1:03.64	REGC	
29.77	33.87			
8 Hulbig, Marcus	JR GHOPE	1:03.75	REGC	
29.65	34.10			
9 Gordy, Gavin	SR PANCR	1:03.83	REGC	
30.14	33.69			
10 Lychak, Cael	JR CARY	1:04.97	REGC	
30.67	34.30			

11 Ziegler, Owen	SO AFRND	1:05.06	REGC	
30.15	34.91			
12 Springfield, Adam	SR HLSPG	1:07.78	REGC	
31.64	36.14			
13 Brumback, Noah	SO APEX	1:08.68	REGC	
32.67	36.01			
14 Shelby, Alex	SO HLSPG	1:09.17	REGC	
32.50	36.67			
15 Elsalakawi, Seif	JR MIDCR	1:09.20	REGC	
32.45	36.75			
16 Hulbig, Gavin	FR GHOPE	1:09.38	REGC	
32.44	36.94			
17 Becker, Camden	FR AFRND	1:10.43	REGC	
33.22	37.21			
18 McKinnon, Connor	SR AFRND	1:11.06	REGC	
32.69	38.37			
19 Miller, Ryan	SO GHOPE	1:11.09	REGC	
33.23	37.86			
20 Lindenberg, Gabriel	SR APEX	1:14.88	REGC	
35.22	39.66			
21 Nakhla, Luke	JR HLSPG	1:15.34		
34.00	41.34			
22 Leahy, Aidan	SR GRLVL	1:16.03		
34.91	41.12			
23 Wegner, Ethan	SO GHOPE	1:16.51		
35.20	41.31			
24 Prudhomme, Everett	SO GHOPE	1:16.81		
35.38	41.43			
25 Nguyen, Michael	FR AFRND	1:17.49		
35.87	41.62			
26 Cerda, Andrew	SO HLSPG	1:19.05		
36.85	42.20			
27 Casey, Justin	SR GRLVL	1:19.55		
37.47	42.08			
28 Studer, Erik	SR APEX	1:21.22		
37.54	43.68			
29 Murphy, Sean	JR CARY	1:21.33		
37.94	43.39			
30 Jogi, Sohan	JR AFRND	1:22.38		
38.22	44.16			
31 Astudillo, Morgan	SO MIDCR	1:26.15		
39.47	46.68			
32 Rhodus, Connor	CARY	1:34.13		
42.25	51.88			
--- Leisten, Elijah	SR APEX	DQ		
Finish in wrong lane				

Event 23 Women 400 Yard Freestyle Relay

3:55.99 REGA 4A Region Auto
6:15.99 REGC 4A Region Consider

Team	Relay	Finals Time		
1 GHOPE	A	3:40.61	REGA	
1) Whelehan, Mere SR	2) Jeltema, Mia SR			
3) Meekins, Nola SO	4) Whelehan, Sloane SO			
25.56	52.96	26.89	56.52	
26.07	54.64	27.06	56.49	

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(Event 23 Women 400 Yard Freestyle Relay)

Team	Relay	Finals Time	
2 AFRND	A	3:47.98	REGA
1) Mouline, Yasmin SR	2) Prasanth, Lakshmi SR		
3) Martin, Annabelle JR	4) Zettel, Nicole SR		
28.27 59.39	27.00 56.73		
26.72 56.00	26.31 55.86		
3 HLSPG	A	3:52.43	REGA
1) Ford, Cara FR	2) Oman, Kennedy SO		
3) Luper, Addison SO	4) Ormondroyd, Tia SR		
28.72 58.76	27.79 58.20		
28.32 59.80	26.67 55.67		
4 CARY	A	3:52.93	REGA
1) Bohinc, Kaylee SR	2) Hall, Mackenzie SO		
3) Snyder, Paige SO	4) Marshall, Toni SO		
28.44 1:00.31	26.71 57.31		
28.05 58.42	27.19 56.89		
5 APEX	A	3:53.13	REGA
1) Slavis, Alexandra JR	2) Palmer, Elizabeth SR		
3) Stuart, Winifred JR	4) Helmedag, Rosemary SR		
28.81 59.59	26.49 57.16		
28.35 59.69	26.75 56.69		
6 GHOPE	B	3:53.46	REGA
1) Byrd, Eden SO	2) Park, Gianna SO		
3) Kupfrian, Paige JR	4) Davidson, Macy SO		
28.53 58.90	27.40 56.88		
27.47 57.67	27.92 1:00.01		
7 GRLVL	A	3:57.03	REGC
1) Thompson, Riley JR	2) Ray, Kaylin SO		
3) Eklund, Alyssa JR	4) Fox, Maddie FR		
29.84 1:02.06	29.21 1:01.51		
28.39 59.13	26.08 54.33		
8 AFRND	B	3:57.23	REGC
1) Kim, Juliette SO	2) Nguyen, Lizzie JR		
3) Broadbent, Carson SO	4) Gilreath, Delaineey JR		
29.92 1:01.92	30.00 1:01.72		
26.91 57.10	27.10 56.49		
9 APEX	B	4:03.72	REGC
1) Chavarria, Melanie SR	2) Mackey, Taegan FR		
3) Austin, Maggie SR	4) Eckard, Violet FR		
29.66 1:04.97	27.16 57.29		
29.32 1:01.60	28.15 59.86		
10 GRLVL	B	4:11.46	REGC
1) Plant, Elizabeth JR	2) O'Donnell, Sedona SO		
3) Dixon, Mati SO	4) Fishburn, Poppy FR		
31.18 1:05.29	29.26 1:02.35		
30.64 1:06.68	27.13 57.14		
11 HLSPG	B	4:18.63	REGC
1) Barbee, Rylee SR	2) Lanaro, Katie FR		
3) Przybowski, Julia FR	4) Springfield, Ella FR		
29.39 1:02.11	31.69 1:07.15		
31.62 1:06.13	29.04 1:03.24		
12 PANCR	A	4:28.57	REGC
1) King, Kaitlyn SO	2) Cheng, Audrey JR		
3) Rayala, Sai Roopika SR	4) Rao, Dhriti SO		
28.57 1:00.17	32.48 1:08.35		
35.26 1:17.25	29.21 1:02.80		

Event 24 Men 400 Yard Freestyle Relay

Team	Relay	Finals Time	
		3:27.99	REGA 4A Region Auto
		5:45.99	REGC 4A Region Consider
1 GRLVL	A	3:15.46	REGA
1) Park, Justin JR	2) Liu, Darren SR		
3) Palamar, Jonathan SO	4) O'Keefe, Leo SR		
23.91 49.51	23.04 48.88		
24.16 49.98	22.52 47.09		
2 AFRND	A	3:16.05	REGA
1) Singletary, Cohen SR	2) Marrujo, Oliver FR		
3) Marrujo, Christian SR	4) Tangeman, Cole SR		
23.76 49.73	23.35 49.62		
23.19 48.74	22.78 47.96		
3 GHOPE	A	3:18.77	REGA
1) Yang, Howard SO	2) Shalhoub, Nick JR		
3) Peng, Alistair FR	4) Coulter, Ezra SO		
23.07 48.47	24.23 51.20		
23.79 49.47	23.13 49.63		
4 APEX	A	3:26.64	REGA
1) Helmedag, Rigney JR	2) Varabyou, Daniel SO		
3) Suphavadeprasis, Arman SR	4) Tharakan, Abhay SR		
24.59 51.89	24.36 51.55		
25.78 54.14	23.56 49.06		
5 GRLVL	B	3:28.39	REGC
1) Dong, Isaac FR	2) Perkins, Wyatt JR		
3) Park, Joseph SO	4) Sun, Jason SO		
25.72 53.55	24.91 51.81		
25.83 53.93	23.54 49.10		
6 CARY	A	3:29.02	REGC
1) Papp, Alex SO	2) Villalobos, Adrian SR		
3) Provost, Calvin SO	4) Rakusin, Ben SR		
25.34 53.25	25.74 54.47		
23.22 47.97	25.22 53.33		
7 GHOPE	B	3:31.12	REGC
1) Wen, Luke SR	2) Barrios, Sebastian SO		
3) Dean, Chase SO	4) Jewett, Matthew SO		
25.28 52.79	24.42 50.90		
25.70 53.83	25.32 53.60		
8 AFRND	B	3:36.27	REGC
1) Osman, Alex SO	2) Adley, Dylan FR		
3) Benzing, William JR	4) Heinzerling, Conrad JR		
25.28 53.30	26.13 54.82		
25.77 54.42	25.52 53.73		
9 APEX	B	3:36.42	REGC
1) Sonntag, Flynn JR	2) Mickler, Robert FR		
3) Tala, Arnav SR	4) Connor, John JR		
25.02 52.44	26.82 56.80		
25.07 52.82	25.95 54.36		
10 HLSPG	A	3:36.80	REGC
1) Zockoll, Jackson SR	2) Oman, Erik SR		
3) Forrest, Robert JR	4) Fairbairn, Ethan JR		
24.21 50.30	26.25 56.80		
26.09 54.80	25.46 54.90		

2025 SWAC Conference Championships - 1/25/2025

Results

(Event 24 Men 400 Yard Freestyle Relay)

Team	Relay	Finals Time	
--- PANCR	A	DQ	
Early take-off swimmer #3			
1) Nemani, Pradyun SO	2) Marshall, Mehan SO		
3) Xia, Noah JR	4) Tang, Kevin SO		
29.40	1:01.76	28.47	1:01.56
27.14	58.06	26.23	56.05

Combined Team Scores

Combined Team Scores - Through Event 24

1. Green Hope High School	941
2. Green Level High School	787
3. Apex Friendship High School	713
4. Apex High School	633
5. Cary High School	430
6. Holly Springs High School	426
7. Middle Creek High School	290
8. Panther Creek High School	231

Scores - Women

Women - Team Rankings - Through Event 24

1. Green Hope High School	566
2. Apex Friendship High School	385
3. Green Level High School	330
4. Apex High School	270
5. Cary High School	256
6. Holly Springs High School	243
7. Middle Creek High School	162
8. Panther Creek High School	41

Scores - Men

Men - Team Rankings - Through Event 24

1. Green Level High School	457
2. Green Hope High School	375
3. Apex High School	363
4. Apex Friendship High School	328
5. Panther Creek High School	190
6. Holly Springs High School	183
7. Cary High School	174
8. Middle Creek High School	128