

01.19.26 ROLES vs CARY vs WFRST vs KDALE vs F - 1/19/2026

Results - Meet

Event 1 Women 200 Yard Medley Relay

Team	Relay	Finals Time	
1 CARY	A	1:56.30	28
1) Hall, Mackenzie JR	2) Carlson, Lauren SR		
3) Marshall, Toni JR	4) Mittendorf, Ada JR		
30.65	30.72	28.56	26.37
2 CARY	B	2:01.36	22
1) Mittendorf, Harper FR	2) Cook, Natalie FR		
3) Schneider, Kira FR	4) Craig, Ailey JR		
31.20	35.05	28.32	26.79
3 WFRST	A	2:06.03	20
1) Mandanas, Victoria 11	2) Kemp, Zara 12		
3) Norris, Scarlett 10	4) Norris, Stella 10		
32.88	35.38	30.85	26.92
4 FLTGR	A	2:07.57	18
1) Macchia, Ryan SO	2) Knab, Trinity FR		
3) Springfield, Ella SO	4) Piacenti, Kara SO		
35.66	33.73	30.72	27.46
5 WFRST	B	2:18.36	16
1) Blatz, Maddie 12	2) Mroz, Natalie 9		
3) Miglucchi, Emma 12	4) Golden, Madison 12		
36.31	40.17	32.10	29.78
6 ROLES	A	2:27.39	12
1) Phung, Anna SR	2) Leva, Alisia JR		
3) Massie, Cameron FR	4) Melton, Claire SO		
38.50	42.16	32.62	34.11
7 KDALE	A	2:35.43	8
1) Goodwin, Reagan SO	2) Lancaster, Kayden SO		
3) Pew, Skylar SR	4) Adams, Kaleigh SO		
35.60	39.08	40.11	40.64

Event 2 Men 200 Yard Medley Relay

Team	Relay	Finals Time	
1 FLTGR	A	1:48.59	28
1) Ebersole, Annan FR	2) Marrujo, Oliver SO		
3) Ebersole, Jayden FR	4) Raczkowski, Andrew FR		
28.75	27.52	25.43	26.89
2 CARY	A	1:55.42	22
1) Aber, Will JR	2) Provost, Calvin JR		
3) Papp, Alex JR	4) Fairlee, Ryan SR		
34.49	28.73	28.07	24.13
3 CARY	B	2:07.93	20
1) Rhodus, Connor SO	2) Copeland, Perry FR		
3) Cole, Toby SR	4) Devkota, Neil JR		
34.92	33.89	31.79	27.33

Event 3 Women 200 Yard Freestyle

Name	YrSchool	Finals Time	
1 Schneider, Alana	FR CARY	2:03.43	14
29.05	31.07	32.23	31.08
2 Norris, Scarlett	10 WFRST	2:09.48	11
30.04	32.81	33.20	33.43
3 Kemp, Zara	12 WFRST	2:22.09	10
32.27	35.49	36.84	37.49
4 Goodwin, Reagan	SO KDALE	2:29.93	9
34.29	37.50	39.01	39.13
5 Melton, Claire	SO ROLES	2:45.58	8
36.22	40.01	45.16	44.19

6 Pew, Skylar	SR KDALE	2:56.43	6
37.58	45.36	1:33.49	
--- Ramirez, Alanis	10 WFRST	X2:45.19	
36.27	39.89	1:29.03	

Event 4 Men 200 Yard Freestyle

Name	YrSchool	Finals Time	
1 Copeland, Perry	FR CARY	2:13.01	14
31.83	35.70	33.80	31.68
2 Kelly, Kieran	JR KDALE	2:13.76	11
28.94	33.27	35.45	36.10
3 Nicholson, Connel	SR CARY	2:16.78	10
30.52	34.38	35.74	36.14

Event 5 Women 200 Yard IM

Name	YrSchool	Finals Time	
1 Marshall, Toni	JR CARY	2:16.06	14
29.91	35.76	38.16	32.23
2 Burns, Rose	JR CARY	2:16.43	11
29.47	35.41	40.89	30.66
3 Norris, Stella	10 WFRST	2:31.87	10
32.53	40.42	43.34	35.58
4 Blatz, Maddie	12 WFRST	2:43.53	9
34.86	41.06	49.79	37.82
5 Massie, Cameron	FR ROLES	2:44.05	8
35.13	41.06	48.73	39.13
--- Wilson, Katie	FR CARY	X2:18.45	
29.96	36.46	39.79	32.24

Event 6 Men 200 Yard IM

Name	YrSchool	Finals Time	
1 Provost, Calvin	JR CARY	2:06.76	14
27.18	34.86	33.76	30.96
2 Bacon, Chance	10 WFRST	2:10.20	11
28.16	33.84	37.99	30.21
3 Eady, Alex	FR FLTGR	2:27.02	10
30.96	36.95	45.39	33.72
4 Manetti, John	FR CARY	2:33.27	9
33.93	44.86	40.87	33.61
5 Raczkowski, Andrew	FR FLTGR	2:36.80	8
31.13	39.35	49.45	36.87
6 Moore, Brody	JR ROLES	2:49.43	6
33.54	44.44	50.68	40.77

Event 7 Women 50 Yard Freestyle

Name	YrSchool	Finals Time	
1 Carlson, Lauren	SR CARY	25.76	14
2 Mittendorf, Ada	JR CARY	26.62	11
3 Mandanas, Victoria	11 WFRST	27.37	10
4 Piacenti, Kara	SO FLTGR	27.92	9
5 Barry, Olivia	FR FLTGR	28.94	8
6 Golden, Madison	12 WFRST	30.47	6
7 Goodwin, Reagan	SO KDALE	30.58	4
8 Phung, Anna	SR ROLES	32.56	3
9 Leva, Alisia	JR ROLES	34.24	2
10 Pew, Skylar	SR KDALE	35.05	1
--- Craig, Ailey	JR CARY	X26.87	
--- Mittendorf, Harper	FR CARY	X28.55	
--- Rakusin, Lia	SR CARY	X28.80	

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Results - Meet

(Event 7 Women 50 Yard Freestyle)

Name	YrSchool	Finals Time
--- Doyle, Savanna	SO CARY	X28.86
--- Hochanadel, Sarah	SR CARY	X28.89
--- Zerda, Ania	SO CARY	X29.07
--- Meador, Julia	SR CARY	X29.34
--- Mahoney, Alyssa	JR CARY	X29.44
--- Springfield, Ella	SO FLTGR	X30.21
--- Macchia, Ryan	SO FLTGR	X30.25
--- Lanaro, Katherine	SO FLTGR	X30.75
--- Miglucci, Emma	12 WFRST	X30.99
--- Dermady, Abby	FR FLTGR	X31.41
--- Ellsworth, Lauryn	9 WFRST	X33.19
--- Jones, Erin	11 WFRST	X34.17
--- Mercil, Tyne	10 WFRST	X35.89
--- LaRocca, Meryl	10 WFRST	X37.30
--- Adams, Kaleigh	SO KDALE	X40.84
--- Facchinetti, Valentina	JR ROLES	X43.69
--- Mehta, Renika	FR FLTGR	XNS
--- Silvester, Helena	SO CARY	XNS

Event 8 Men 50 Yard Freestyle

Name	YrSchool	Finals Time
1 Ebersole, Jayden	FR FLTGR	23.54 14
2 Clayton, Thomas	SR ROLES	23.56 11
3 Fairlee, Ryan	SR CARY	24.17 10
4 Emery, Gabe	11 WFRST	24.46 9
5 Ebersole, Annan	FR FLTGR	25.68 8
6 Houston, Shane	10 WFRST	25.76 6
7 Papp, Alex	JR CARY	25.78 4
8 Carless, Christian	SO ROLES	27.75 3
--- Aber, Will	JR CARY	X28.38
--- Compson, Evan	CARY	X28.65
--- Devkota, Neil	JR CARY	X28.69
--- Ramirez, Esteban	JR ROLES	X30.54
--- Brelinsky, Malachi	12 WFRST	X30.54
--- Rhodus, Connor	SO CARY	X30.62
--- Patel, Preym	FR FLTGR	X31.03
--- Devilliers, Mason	FR ROLES	X33.76
--- Brandow, Chase	CARY	XNS
--- Cole, Toby	SR CARY	XNS
--- Murphy, Sean	SR CARY	XNS
--- Silvester, Courtney	SR CARY	XNS

Event 11 Women 100 Yard Butterfly

Name	YrSchool	Finals Time
1 Hall, Mackenzie	JR CARY	1:02.47 14
28.99 33.48		
2 Schneider, Alana	FR CARY	1:03.48 11
29.97 33.51		
3 Mroz, Natalie	9 WFRST	1:15.54 10
34.47 41.07		

Event 12 Men 100 Yard Butterfly

Name	YrSchool	Finals Time
1 Marrujo, Oliver	SO FLTGR	57.60 14
26.67 30.93		
2 Gillespie-Churchill, Keegan	FR KDALE	1:00.19 11
27.75 32.44		

3 Kelly, Kieran	JR KDALE	1:08.71 10
30.61 38.10		
4 Cole, Toby	SR CARY	1:16.15 9
35.51 40.64		
--- Hastings, Blake	SO CARY	NS

Event 13 Women 100 Yard Freestyle

Name	YrSchool	Finals Time
1 Knab, Trinity	FR FLTGR	1:00.40 14
28.69 31.71		
2 Craig, Ailey	JR CARY	1:02.10 11
29.42 32.68		
3 Norris, Stella	10 WFRST	1:02.26 10
30.31 31.95		
4 Mandanas, Victoria	11 WFRST	1:04.15 9
30.77 33.38		
5 Piacenti, Kara	SO FLTGR	1:04.40 8
30.99 33.41		
6 Melton, Claire	SO ROLES	1:18.48 6
37.21 41.27		
7 Facchinetti, Valentina	JR ROLES	1:36.83 4
45.85 50.98		
--- Wilson, Katie	FR CARY	X1:00.43
29.22 31.21		
--- Cook, Natalie	FR CARY	X1:00.61
29.00 31.61		
--- Barry, Olivia	FR FLTGR	X1:05.25
30.86 34.39		
--- Doyle, Savanna	SO CARY	X1:05.99
31.32 34.67		
--- Mahoney, Alyssa	JR CARY	X1:07.09
32.29 34.80		
--- Springfield, Ella	SO FLTGR	X1:07.35
31.94 35.41		
--- Macchia, Ryan	SO FLTGR	X1:07.76
33.38 34.38		
--- Miglucci, Emma	12 WFRST	X1:10.85
33.14 37.71		
--- Ramirez, Alanis	10 WFRST	X1:15.72
35.90 39.82		
--- Mercil, Tyne	10 WFRST	X1:25.61
40.16 45.45		
--- LaRocca, Meryl	10 WFRST	X1:33.68
43.43 50.25		
--- Mittendorf, Ada	JR CARY	XNS
--- Silvester, Helena	SO CARY	XNS

Event 14 Men 100 Yard Freestyle

Name	YrSchool	Finals Time
1 Delos Santos, Joshua	JR ROLES	53.63 14
25.64 27.99		
2 Emery, Gabe	11 WFRST	56.03 11
26.86 29.17		
3 Papp, Alex	JR CARY	59.01 10
28.49 30.52		
4 Eady, Alex	FR FLTGR	59.48 9
28.87 30.61		

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Results - Meet

(Event 14 Men 100 Yard Freestyle)

Name	YrSchool	Finals Time	
5 Fairlee, Ryan	SR CARY	1:02.23	8
28.16	34.07		
6 Moore, Brody	JR ROLES	1:13.18	6
33.73	39.45		
7 Mapes, Callan	FR FLTGR	1:17.42	4
36.45	40.97		
8 Brelinsky, Malachi	12 WFRST	1:20.47	3
35.73	44.74		
--- Carless, Christian	SO ROLES	X1:03.80	
30.39	33.41		
--- Rhodus, Connor	SO CARY	X1:10.58	
33.56	37.02		
--- Ramirez, Esteban	JR ROLES	X1:12.16	
33.06	39.10		
--- Devilliers, Mason	FR ROLES	X1:21.81	
37.97	43.84		
--- Murphy, Sean	SR CARY	XNS	

Event 15 Women 500 Yard Freestyle

Name	YrSchool	Finals Time	
1 Schneider, Kira	FR CARY	5:35.78	14
30.18	33.85	34.36	33.74
33.98	34.07	34.17	34.35
34.21	32.87		
2 Norris, Scarlett	10 WFRST	5:48.78	11
3 Lancaster, Kayden	SO KDALE	6:37.00	10
34.69	38.29	39.35	40.07
41.08	40.87	41.10	41.13
40.72	39.70		

Event 16 Men 500 Yard Freestyle

Name	YrSchool	Finals Time	
1 Provost, Calvin	JR CARY	5:20.21	14
1:06.85			
2 Ebersole, Jayden	FR FLTGR	5:36.48	11
28.24	30.56	31.49	32.64
34.37	34.95	35.79	36.40
36.63	35.41		
3 Nicholson, Connel	SR CARY	6:17.54	10
30.12	32.95	35.13	37.70
38.61	40.34	40.38	41.69
41.11	39.51		

Event 17 Women 200 Yard Freestyle Relay

Team	Relay	Finals Time	
1 CARY	A	1:43.62	28
1) Carlson, Lauren SR	2) Wilson, Katie FR		
3) Hall, Mackenzie JR	4) Burns, Rose JR		
25.52	26.14	26.34	25.62
2 CARY	B	1:50.33	22
1) Schneider, Alana FR	2) Mittendorf, Ada JR		
3) Mahoney, Alyssa JR	4) Marshall, Toni JR		
27.74	26.31	28.87	27.41

3 WFRST	A	1:51.07	20
1) Mandanas, Victoria 11	2) Kemp, Zara 12		
3) Norris, Scarlett 10	4) Norris, Stella 10		
28.00	28.66	27.67	26.74
4 FLTGR	A	1:59.67	18
1) Barry, Olivia FR	2) Springfield, Ella SO		
3) Lanaro, Katherine SO	4) Piacenti, Kara SO		
29.46	30.37	29.59	30.25
5 WFRST	B	2:02.56	16
1) Mroz, Natalie 9	2) Miglucchi, Emma 12		
3) Golden, Madison 12	4) Blatz, Maddie 12		
31.67	30.52	30.56	29.81
6 KDALE	A	2:19.31	12
1) Pew, Skylar SR	2) Adams, Kaleigh SO		
3) Lancaster, Kayden SO	4) Goodwin, Reagan SO		
35.12	1:44.19		
7 ROLES	A	2:23.42	8
1) Melton, Claire SO	2) Facchinetti, Valentina JR		
3) Leva, Alisia JR	4) Phung, Anna SR		
34.21	42.50	34.71	32.00

Event 18 Men 200 Yard Freestyle Relay

Team	Relay	Finals Time	
1 FLTGR	A	1:42.36	28
1) Raczkowski, Andrew FR	2) Eady, Alex FR		
3) Ebersole, Annan FR	4) Marrujo, Oliver SO		
24.00	25.35	26.43	26.58
2 WFRST	A	1:49.85	22
1) Houston, Shane 10	2) Brelinsky, Malachi 12		
3) Emery, Gabe 11	4) Bacon, Chance 10		
24.73	25.30	34.37	25.45
3 CARY	A	1:53.75	20
1) Copeland, Perry FR	2) Hastings, Blake SO		
3) Manetti, John FR	4) Fairlee, Ryan SR		
26.59	30.93	27.47	28.76
--- ROLES	A		DQ
Other			
1) Carless, Christian SO	2) Devilliers, Mason FR		
3) Ramirez, Esteban JR	4) Moore, Brody JR		
29.16	34.35	33.92	32.77

Event 19 Women 100 Yard Backstroke

Name	YrSchool	Finals Time	
1 Schneider, Kira	FR CARY	1:06.24	14
32.70	33.54		
2 Burns, Rose	JR CARY	1:06.84	11
32.52	34.32		
3 Kemp, Zara	12 WFRST	1:12.00	10
35.24	36.76		
4 Lanaro, Katherine	SO FLTGR	1:16.08	9
37.13	38.95		
5 Blatz, Maddie	12 WFRST	1:16.86	8
37.90	38.96		
6 Phung, Anna	SR ROLES	1:27.14	6
41.65	45.49		
7 Mehta, Renika	FR FLTGR	1:29.39	4
41.66	47.73		
8 Adams, Kaleigh	SO KDALE	1:55.79	3

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Results - Meet

(Event 19 Women 100 Yard Backstroke)

Name	YrSchool	Finals Time
--- Hall, Mackenzie	JR CARY	X1:06.16
32.04	34.12	
--- Mittendorf, Harper	FR CARY	X1:09.71
33.29	36.42	
--- Zerda, Ania	SO CARY	X1:13.84
34.99	38.85	
--- Hochanadel, Sarah	SR CARY	X1:14.42
36.33	38.09	
--- Meador, Julia	SR CARY	X1:14.43
35.60	38.83	
--- Mroz, Natalie	9 WFRST	X1:17.71
38.10	39.61	
--- Rakusin, Lia	SR CARY	X1:18.79
38.11	40.68	
--- Jones, Erin	11 WFRST	X1:30.76
45.18	45.58	

Event 20 Men 100 Yard Backstroke

Name	YrSchool	Finals Time
1 Raczkowski, Andrew	FR FLTGR	1:09.89 14
33.76	36.13	
2 Houston, Shane	10 WFRST	1:11.92 11
34.44	37.48	
3 Aber, Will	JR CARY	1:22.23 10
39.45	42.78	
4 Mapes, Callan	FR FLTGR	1:25.85 9
40.70	45.15	
--- Silvester, Courtney	SR CARY	NS

Event 21 Women 100 Yard Breaststroke

Name	YrSchool	Finals Time
1 Carlson, Lauren	SR CARY	1:08.44 14
32.15	36.29	
2 Marshall, Toni	JR CARY	1:12.30 11
34.32	37.98	
3 Knab, Trinity	FR FLTGR	1:12.68 10
34.21	38.47	
4 Massie, Cameron	FR ROLES	1:27.28 9
40.77	46.51	
5 Dermady, Abby	FR FLTGR	1:28.05 8
40.63	47.42	
6 Lancaster, Kayden	SO KDALE	1:28.29 6
41.37	46.92	
7 Golden, Madison	12 WFRST	1:31.93 4
40.96	50.97	
8 Ellsworth, Lauryn	9 WFRST	1:33.19 3
43.61	49.58	
9 Leva, Alisia	JR ROLES	1:39.57 2
44.72	54.85	
--- Cook, Natalie	FR CARY	X1:17.04
36.71	40.33	

Event 22 Men 100 Yard Breaststroke

Name	YrSchool	Finals Time
1 Marrujo, Oliver	SO FLTGR	1:02.69 14
28.77	33.92	

2 Delos Santos, Joshua	JR ROLES	1:05.61 11
30.97	34.64	
3 Clayton, Thomas	SR ROLES	1:06.34 10
30.63	35.71	
4 Bacon, Chance	10 WFRST	1:08.50 9
32.10	36.40	
5 Ebersole, Annan	FR FLTGR	1:09.21 8
32.45	36.76	
6 Gillespie-Churchill, Keegan	FR KDALE	1:13.66 6
34.07	39.59	
7 Copeland, Perry	FR CARY	1:15.99 4
36.36	39.63	
8 Manetti, John	FR CARY	1:18.34 3
36.98	41.36	
--- Devkota, Neil	JR CARY	X1:22.48
36.63	45.85	
--- Patel, Preym	FR FLTGR	X1:29.16
42.14	47.02	

Event 23 Women 400 Yard Freestyle Relay

Team	Relay	Finals Time
1 CARY	A	3:57.16 28
1) Wilson, Katie FR	2) Schneider, Kira FR	
3) Schneider, Alana FR	4) Burns, Rose JR	
28.72	1:00.26	29.46
28.95	59.04	27.42
		57.28
2 CARY	B	4:31.38 22
1) Hochanadel, Sarah SR	2) Meador, Julia SR	
3) Zerda, Ania SO	4) Mittendorf, Harper FR	
32.77	1:10.38	32.08
32.05	1:06.35	30.71
		1:05.29
--- WFRST	B	DQ
Early take-off swimmer #3		
1) Ramirez, Alanis 10	2) Mercil, Tyne 10	
3) Jones, Erin 11	4) Ellsworth, Lauryn 9	
38.96	1:23.30	37.03
40.93	1:28.73	35.08
		1:18.83
		1:15.50
--- WFRST	A	NS

Event 24 Men 400 Yard Freestyle Relay

Team	Relay	Finals Time
1 CARY	A	3:56.40 28
1) Provost, Calvin JR	2) Nicholson, Connel SR	
3) Manetti, John FR	4) Papp, Alex JR	
25.67	53.42	29.11
30.42	1:02.52	27.90
		59.92
2 WFRST	A	4:20.28 22
1) Houston, Shane 10	2) Brelinsky, Malachi 12	
3) Emery, Gabe 11	4) Bacon, Chance 10	
29.30	1:03.58	27.65
38.91	1:25.82	24.85
		58.09
		52.79
3 CARY	B	4:43.31 20
1) Rhodus, Connor SO	2) Cole, Toby SR	
3) Aber, Will JR	4) Devkota, Neil JR	
33.72	1:13.01	32.43
33.38	1:11.88	30.98
		1:07.44
		1:10.98

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Results - Meet

(Event 24 Men 400 Yard Freestyle Relay)

Team	Relay	Finals Time	
4 ROLES	A	5:02.72	18
1) Carless, Christian SO	2) Devilliers, Mason FR		
3) Ramirez, Esteban JR	4) Moore, Brody JR		
32.56	1:11.94	1:30.21	
34.30	1:16.42	29.65	1:04.15

Combined Team Scores

Combined Team Scores - Through Event 24

1. Cary High School	553
2. Wake Forest High School	297
3. Felton Grove High School	285
4. Rolesville High School	147
5. Knightdale High School	97

Scores - Women

Women - Team Rankings - Through Event 24

1. Cary High School	314
2. Wake Forest High School	193
3. Felton Grove High School	106
4. Rolesville High School	68
5. Knightdale High School	59

Scores - Men

Men - Team Rankings - Through Event 24

1. Cary High School	239
2. Felton Grove High School	179
3. Wake Forest High School	104
4. Rolesville High School	79
5. Knightdale High School	38