

April 2026



Monday

6

Cardio Fit—9:30AM

Aqua Fit—10:30AM PP

13

NO CLASSES

20

Cardio Fit—9:30AM

Aqua Fit—10:30AM PP

27

NO CLASSES

Tuesday

7

Cardio Drumming—10:00AM

EZ Aqua—11:15AM IP

14

Cardio Drumming—10:00AM

EZ Aqua—11:15AM IP

21

Cardio Drumming—10:00AM

EZ Aqua—11:15AM IP

28

Cardio Drumming—10:00AM

EZ Aqua—11:15AM IP

Tuesday

1

Chair Yoga—9:30AM

Aqua Fit—10:30AM PP

8

Chair Yoga—9:30AM

Aqua Fit—10:30AM PP

15

Chair Yoga—9:30AM

Aqua Fit—10:30AM PP

22

Chair Yoga—9:30AM

Aqua Fit—10:30AM PP

29

Chair Yoga—9:30AM

NO AQUA FIT

Wednesday

2

Cardio Drumming—10:00AM

9

Cardio Drumming—10:00AM

16

Cardio Drumming—10:00AM

23

Cardio Drumming—10:00AM

Chair Zumba—11:15AM

30

Cardio Drumming—10:00AM

Chair Zumba—11:15AM

Thursday