

# May 2026



Mon	Tue	Wed	Thu
4	5 Cardio Drumming 10:00AM EZ Aqua 11:15AM IP	6 Chair Yoga 9:30AM	7 Cardio Drumming 10:00AM Chair Zumba 11:15AM
11	12 Cardio Drumming 10:00AM EZ Aqua 11:15AM IP	13 Chair Yoga 9:30AM	14 Cardio Drumming 10:00AM Chair Zumba 11:15AM
18	19 Cardio Drumming 10:00AM EZ Aqua 11:15AM IP	20 Chair Yoga 9:30AM	21 Cardio Drumming 10:00AM Chair Zumba 11:15AM
25	26 Cardio Drumming 10:00AM EZ Aqua 11:15AM IP	27 Chair Yoga 9:30AM	28 Cardio Drumming 10:00AM Chair Zumba 11:15AM