

# June 2026



Mon	Tue	Wed	Thu
<p><i>"Beautiful young people are accidents of nature, but beautiful old people are works of art." Eleanor Roosevelt</i></p>			
1	2 Cardio Drumming 10AM EZ Aqua 11:15AM	3 Chair Yoga 9:30AM	4 Cardio Drumming 10AM Chair Zumba 11:15AM
8	9 Cardio Drumming 10AM EZ Aqua 11:15AM	10 Chair Yoga 9:30AM	11 Cardio Drumming 10AM Chair Zumba 11:15AM
15	16 Cardio Drumming 10AM EZ Aqua 11:15AM	17 Chair Yoga 9:30AM	18 Cardio Drumming 10AM Chair Zumba 11:15AM
22	23 Cardio Drumming 10AM EZ Aqua 11:15AM	24 Chair Yoga 9:30AM	25 Cardio Drumming 10AM Chair Zumba 11:15AM
29	30 Cardio Drumming 10AM EZ Aqua 11:15AM		