

Triangle Aquatic Center is committed to raising water safety awareness in the Triangle and increasing the number of local first responders.

Our expert team of Red Cross Instructors are experienced and can certify you and your team in any Red Cross certifications you might need in your facility. TAC can either host your class in our facility, or we can send our instructors and supplies to you! Check out these course offerings and descriptions and set up a course today! Prices vary based on certification, corporate rates are available.

Don't see the course you need? We can create a course specifically tailored to your needs. Any combination of the following classes can be created:

- First Aid
- CPR - Adult, Child, and/or Infant
- AED - Adult, Child, and/or Infant

Information about Lifeguard classes can be found on our website!



Triangle Aquatic Center

275 Convention Drive

Cary, NC, 27511

www.triangleaquatics.org

info@triangleaquatics.org

(919)-459-4045



American Red Cross Certification Classes & Water Safety Offerings

Additional Offerings

Bloodborne Pathogens Training:

Time: 1 hour

This course will teach participants how to protect themselves and others from exposure to bloodborne pathogens on the job, and what to do if an exposure occurs. This course was designed to assist employers with meeting the training mandate as stipulated in the federal OSHA Bloodborne Pathogens Standard. Certifications are good for one year.

Adult and Pediatric First Aid/CPR/AED:

Time: 5.25 hours

Certifies patrons who pass written test and skills test to recognize and respond appropriately to cardiac, breathing, and first aid emergencies for adults and children. Certifications valid for two years.

Water Safety Seminar:

Time: 1 hour

This seminar was created by TAC staff and discusses the importance of water safety and awareness. Drowning is the leading cause of death for children in the Triangle Area and TAC is dedicated to educating you about water safety and the programs our community has available to them.

Adult Offerings

Adult CPR:

Time: 2.2 hours

Certifies patrons who pass the written tests and skills test to recognize and respond appropriately to cardiac emergencies for adults. Certifications valid for two years.

*Participants who pass this are not certified to use an AED

Adult AED:

Time: 1 hour

Certifies patrons who pass the written tests and skills test to use an AED on adults. Certifications valid for two years.

*Participants in AED-only courses must have current Red Cross or equivalent certification in CPR

Adult CPR/AED:

Time: 2.75 hours

Certifies patrons who pass the written tests and skills test to recognize and respond appropriately to cardiac emergencies and use an AED for adults. Certifications valid for two years.

Adult First Aid/CPR/AED:

Time: 5 hours

Certifies patrons who pass the written tests and skills test to recognize and respond appropriately to cardiac, breathing, and first aid emergencies for adults. Certifications valid for two years.

Pediatric Offerings

Pediatric CPR:

Time: 2.5 hours

Certifies patrons who pass the written tests and skills test to use an AED on children and infants. Certifications valid for two years.

*Participants in AED-only courses must have current Red Cross or equivalent certification in CPR

Pediatric CPR/AED:

Time: 3.1 hours

Certifies patrons who pass the written tests and skills test to recognize and respond appropriately to cardiac emergencies and use an AED for children and infants. Certifications valid for two years.

Pediatric First Aid/CPR/AED

Time: 5.25 hours

Certifies patrons who pass the written tests and skills test to recognize and respond appropriately to cardiac, breathing, and first aid emergencies for children and infants. Certifications valid for two years.

Infant CPR:

Time: 2.25 hours

Certifies patrons who pass the written tests and skills test to use an AED on infants. Certifications valid for two years.

*Participants in AED-only courses must have current Red Cross or equivalent certification in CPR