

## **Triangle Aquatic Center COVID-19 Protocol**

**Updated November 4, 2020**

1. **A patron who tests positive for COVID-19 must do all of the following:**
  - a. Notify TAC by email to [ebowie@triangleaquatics.org](mailto:ebowie@triangleaquatics.org) so that **contact tracing** and **facility sanitation** can begin.
  - b. **Self-isolate and self-quarantine**<sup>1</sup> until **10 days have passed** since the date of the positive test.
  - c. Have no **symptoms** for the last **24 hours**.
  - d. Receive **medical clearance** to return to the pool from a licensed medical provider.
  
2. **A patron who believes that they have symptoms related to COVID-19 must do all of the following:**
  - a. Remain away from TAC until the patron receives **medical clearance** to return to the pool from a licensed medical provider.
  - b. Notify TAC by email to [ebowie@triangleaquatics.org](mailto:ebowie@triangleaquatics.org) so that **contact tracing** can begin.
  
3. **A patron who has close contact (less than 6 feet away for a cumulative total of 15 minutes or more over a 24 hour period) with:**
  - a. a person who has tested positive for COVID-19 **who has symptoms** (and patron's contact with that person was within the period 2 days before that person developed symptoms and through the end of that person's self-quarantine) **or**
  - b. a person who has tested positive for COVID-19 **but who has no symptoms** (and patron's contact with that person was within the period 2 days before that person's test and through the end of that person's self-quarantine)

**must do all of the following:**

  - a. **Self-isolate and self-quarantine** for 14 days after last exposure to that person.
  - b. Notify TAC by email to [ebowie@triangleaquatics.org](mailto:ebowie@triangleaquatics.org) so that **contact tracing** can begin.

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<sup>1</sup> The requirement to self-isolate and self-quarantine assumes that the person has no "close contact" with friends, TAC patrons, family members, and others.