

# **Triangle Aquatic Center COVID-19 Protocol**

**Updated 4/9/2021**

1. **A patron who tests positive for COVID-19 must do all of the following:**
  - a. Notify TAC by email to [ebowie@triangleaquatics.org](mailto:ebowie@triangleaquatics.org) so that **contact tracing** and **facility sanitation** can begin.
  - b. **Isolate**\* until **10 days have passed** since the date of the positive test **or** the date of the onset of symptoms.
  - c. Have no **symptoms** for the last **24 hours**.
  - d. Receive **written medical clearance** to return to the pool from a licensed medical professional.
2. **A patron who has any symptoms which could be attributed to COVID-19 must remain away from TAC until the patron receives written medical clearance to return to the pool from a licensed medical professional.**
3. **A patron who has close contact (less than 6 feet away for a cumulative total of 15 minutes or more over a 24 hour period) with:**
  - a. a person who has tested positive for COVID-19 **who has symptoms** (and patron's contact with that person was within the period 2 days before that person developed symptoms and through the end of that person's isolation) **or**
  - b. a person who has tested positive for COVID-19 **but who has no symptoms** (and patron's contact with that person was within the period 2 days before that person's test and through the end of that person's isolation)

**must do all of the following:**

1. Notify TAC by email to [ebowie@triangleaquatics.org](mailto:ebowie@triangleaquatics.org) so that **contact tracing** can begin.
2. Get tested for COVID-19 (no sooner than 5 days after **close contact**) and notify TAC of the result by email to [ebowie@triangleaquatics.org](mailto:ebowie@triangleaquatics.org).
3. **Quarantine**\* for **10 days after last exposure** to that person.

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\* The requirement to isolate and quarantine means that the patron has no "close contact" with friends, TAC patrons, family members, and others.

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4. A fully vaccinated patron (someone who is 14 days past their last shot) who has close contact as described above in section 3(a) or 3(b) but does not have symptoms of COVID-19 is not required to quarantine or isolate.

The patron must monitor for symptoms of COVID-19 for 14 days. If symptoms of COVID-19 develop, then the patron must do all of the following:

- a. Notify TAC by email to [ebowie@triangleaquatics.org](mailto:ebowie@triangleaquatics.org) so that contact tracing and facility sanitation can begin.
- b. Isolate from others.
- c. Be evaluated for COVID-19 by a licensed medical professional, including a COVID-19 test if indicated.
- d. Receive **written medical clearance** to return to the pool from a licensed medical professional.